



FREE

JUNE 2025

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HONOURING VOLUNTEERS IN VOLUNTEER WEEK 19-25TH MAY



COMPETITION INSIDE!!

Hidden Picture Prize - Hive Planetarium Family Pass \$32

Crozzle Prize - Nest on Risby Voucher \$30

Entry Details - See page 8

A New Look at Volunteering

By David Robinson

May included Volunteer Week, and this edition celebrates the many people in our community who give their time and energy to support local organisations. Thank you to every one of you—you help make our region stronger, kinder, and more connected.

Lately, I've been hearing a lot about the need to rethink how we do volunteering. For many, especially parents and people with busy lives, the idea of joining a committee feels like too big a commitment. But there's another way. Project-based volunteering is gaining momentum, bringing people together for a clear goal, with a start and finish. No long-term pressure, no ongoing meetings—just a shared effort to achieve something for the community.

It's something we're thinking about here at The Coastal Voice, too. We want to keep growing what we offer the community, but in ways that make it easier for people to help without changing their whole schedule. So you'll likely see us inviting you to join small, purposeful projects—help when you can, and then carry on with your life.

And a special volunteering week thank you to our volunteering team, Jilly, Jenny, and Karl. A happy team with a strong community focus.

Together, we keep the community talking—and our shared history recording.

A Volunteer reflects

By Jenny Rowden

GOODWILL abounds in Tassie, every day, in so many ways! Approximately 297,000 Taswegians, aged over 15, contribute to the island's diverse social fabric according to DPAC and the collective impact of volunteerism is huge. Minister Jaensch recently said, "The estimated \$4 billion annual value of volunteer hours underscores the profound dedication of these individuals".

Imagine if we could acknowledge EVERY single gift of time, expertise, and commitment by individuals or groups, in our paper!

Imagine if we could document every person that has been on the receiving end and has been helped, befriended, supported, encouraged, inspired, mentored, or tutored by a caring volunteer!

Currently, the Tasmanian government's welcome initiative to remove Working With Vulnerable People (WWVP) registration fees for volunteers in a two-year pilot program is a step forward. This practical support demonstrates an understanding of the invaluable contribution volunteers make.

Volunteering is good for our soul – finding that fulfilling role that matches who we are and what we have to offer, enriches our life immeasurably.

"No one can do everything, but everyone can do something."
(Helen Keller)

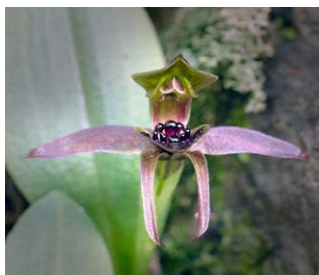
Jilly's Desk - Layout Editor

In this edition, we're celebrating the awesome volunteers who make our community so much better.

We dive into the fascinating Loongana Karst and check out the beautiful native Orchids in the Dial Range. Plus, we've got some cool stuff from Student Insiders, where young folks are getting their work published.

And don't miss the U3A Travel program that mixes travel with music presentations.

Keep supporting us and enjoy the read!



EOFY Reflections

By Karl Barhoum

As we roll into June, many of us across the North West are pulling out the spreadsheets and taking stock—it's end of financial year again. Whether you're a small business owner, part of a local club, or just sorting your own affairs, it's the season for receipts, reconciliations, and a few too many coffees!

For me, working as a financial bookkeeper while studying has been both rewarding and eye-opening. There's real value in applying theory to practical, community-based work. Helping local groups stay financially organised isn't just about numbers—it's about supporting the stories and efforts behind them.

EOFY can be overwhelming, but it's also a great time to review, plan, and even celebrate how far you've come. If you need a hand or just a nudge in the right direction, feel free to reach out.

Karl Barhoum | 0409 671 632

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We acknowledge the Palawa/Pakana peoples of Lutruwita upon whose lands we are on.

TRIBUTES TO VOLUNTEERS



Volunteer Week 19-25th May

'Be an encourager; the world has enough critics already'.

ELECTION VOLUNTEERS

Thank you to the many people who spent time at polling booths handing out information to voters about their preferred party. Their time and effort are all part of the wonderful democratic process that Aussies enjoy, to ensure all political voices are heard.

Well done!



PENGUIN LIONS

Where there is a need there is Penguin Lions to serve. There are many challenges in today's world and we have a combined dedicated team of 60 members and volunteers. Roles vary from assisting community members in need with 'in kind donations' and monetary donations, to helping with contributions; for example students to attend sporting events, cultural activities, welfare checks, Op shop, picking up, sorting and transporting of goods for the community in need, assisting with major community events such as Christmas Parade, transporting and many other roles. Penguin Lions Club value and appreciate every volunteer the Club has as we have the same community goals in mind. At Elections our hard working Lions, Rene and Alan, with volunteer Dean staffed the recent election day democracy sausage sizzle.

By Kath Townsend, Penguin Lions Club

PENGUIN COMMUNITY OP SHOP

THANK YOU to our 42 volunteers! These wonderful people offer their time to ensure things run smoothly and without them we could not exist! There is lots of laughter, life stories told, and friendships made within our group. Volunteers cover shifts in the Rookery (food arm), cook food at the Rock Church, set up food hub, decant food, help with handyman jobs for those in need, cover shifts in the op shop organising and selling stock, connect and coordinate people's furniture donations etc.

Our volunteer Executive meets monthly to make decisions on how money that is raised, is spent, following set guidelines. All money goes into the local community. We are a caring, compassionate group of people and I am proud to be one of them. -President, Lennice Wilson

Kath Townsend's family – who recently put together some lovely gifts for the Penguin Op Shop to give out for all our mums that visit the Rookery on Wednesdays. Such a thoughtful gesture!

TASMANIA LIBRARIES

Libraries across the North West coast extend their heartfelt thanks to our volunteers for their invaluable support to deliver our programs and services. Our volunteers help people get online, deliver books to homes, assist with reading, writing, and numeracy, license support, and providing behind-the-scenes assistance.

Thank you! Fillipa Vickery

ECOFEST

Heartfelt thank you to coastal volunteers supporting Ecofest. Volunteers were again the heart and soul of ecofest. Volunteers came in many forms, all with the common goal of supporting community connectively and commitment to the environment. From our dedicated committee, to the teams from community groups, to the Camp Clayton site team, to the individuals who put their hand up to assist, together we managed to achieve great things. Tasks ranged from set up and pack up, managing logistics of the Waste Not Hub, directing the vehicles on site, running the ticket booth, booking the presenters and performers, managing the volunteers, posting on socials, photography, graphic design, events management, and too many other tasks to list...

A big Thank you shout out for the dedication and hard work displayed by all our volunteers.

If you would like to be part of this exciting project, please contact orangisers.on our website

www.ecofesttas.com.au/volunteer

PENGUIN HISTORY GROUP

The Penguin History Group is a small group of enthusiastic members devoted to caring for and promoting the heritage of our local district. We have operated for almost 30 years and currently have an active core group of approximately 15 volunteers who meet on a weekly basis at our base in the former Railway Station.

We thank them for their commitment. Craig Dunham

CENTRAL COAST COUNCIL

This community spins on volunteers- Ulverstone is even the anagram of Volunteer – so we never had any choice ! And through Council's commitment to the Community Directory, we can help connect you to anything you might be interested in - a sport, a club, art, science, music, companionship and caring for our environment. This week we acknowledge all the volunteers in Central Coast. Your impact is profound, and it does not go unnoticed. Let's continue to recognise the power of connection, building up those connecting bridges, lifting each other up, and creating communities where everyone can thrive —together.

Mayor Cheryl Fuller

NEW MORNINGS

"For New Mornings Ministries Inc., it is a great blessing to receive the support of our team of volunteers, whose wonderful and hard work makes it possible for us to provide valuable support to our community. We honour their work and thank them for always going the extra mile in their roles." Kelly Dernehl, CEO, New Mornings Ministries Inc.

What's in store for Small Business Post Election?

By Craig Heppell, President



I would genuinely love to say that the re-election of our federal government is a godsend for small

business here on the Northwest coast, Tasmania as a whole and the rest of the nation. To put it bluntly, it's not. To my knowledge, there were no initiatives or policies discussed that were designed to give small business a leg up or make things a little easier.

Business owners don't want to, and can't survive on handouts, they just need policies that encourage consumers to consume – and when they don't consume because of financial pressures brought about by profligate government spending and the introduction of onerous taxes, the economic engine room of our community, small business,

can struggle.

However, there is some blue sky...

Fuel prices are dropping; retail prices per litre on some parts of the coast are around \$1.60.

Interest rates are dropping and should drop further. This is providing a bit more confidence for consumers. All in all, we should be proud that our local businesses are resilient and well supported by this wonderful community – keep it local and we all benefit.

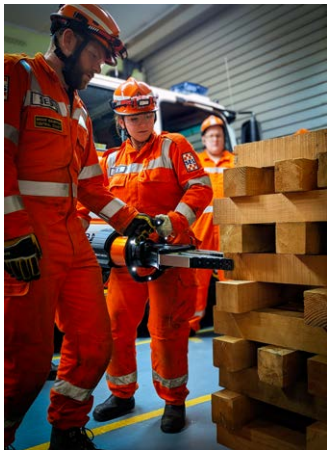
The next Chamber meeting is 7pm Wednesday 4/6/25 at Gollan St (Apex House).

End of Financial Year get-together on Friday the 27/6/25 at Herb's Pizza around 6pm

Please contact Simone at admin@centralcoastcci.com for details.

It's not about the spotlight. It's about showing up!

By Brodie Emmerton, SES Volunteer



Some individuals are drawn to the excitement and challenges that come with emergency response work, valuing the dynamic nature of the role. This could include: Flood & Storm Damage, Search and Rescue and Road Crash rescue. Currently we have 23 SES active members ranging from 18 to 60 years of age.

Being an SES volunteer isn't always easy, but it is one of the most rewarding things you'll ever do. You Make a Real Difference. Every storm, flood,

search or road crash rescue is a chance to help someone in need. Your actions directly save lives, protect homes, and support people during their most vulnerable moments.

When you put on the orange uniform, you become part of something bigger, a team that's there when it matters most.

SES volunteers change outcomes. They turn chaos into coordination, fear into safety, and isolation into solidarity. For individuals, it can be the difference between devastation and recovery. For communities, it means coming back faster and stronger after a crisis.

What makes me most proud of our SES team isn't just what

they do, it's who they are.

After an extremely difficult and emotional past few years, the crew has stuck together and remained reliable and committed. Dropping everything at a moment's notice, whether it's 3 p.m. or 3 a.m., to respond to a call for help. No hesitation. No complaints. Just action.

And I'm especially proud of the compassion they show. It's not just the tasks they complete, it's the way they listen, support, and stand beside people in their most difficult moments.

The orange uniform comes with so much responsibility and expectation with little to no reward and I know that what you do isn't easy, to take time off work and time away from your families, energy after long days, and the courage to face difficult situations. Yet you continue to step up without seeking recognition, and often without thanks.

Thank you for your service, your sacrifice, and your unwavering support for each other and those we serve. The community wouldn't be the same without the sacrifices you all make.



HIDDEN PICTURE

Find this HIDDEN picture of the South Riana Memorial Hall located in the pages of the paper somewhere.

Email or message us the page number when you find it, along with your name and phone number to be in the draw for a generous prize of:

Hidden Picture Prize - Hive Family Pass \$32

Crozzle Prize - Nest on Risby Voucher \$30

Enter Before 21st of month, one entry per person.

The two winner's name will be published in the July issue.

Get the kids to help you find it!



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Next Council Meeting

June 23rd

Find out more www.centralcoast.tas.gov.au

CENTRAL COAST



CENTRAL COAST COUNCIL

Mayor's Message – June 2025

By Mayor Cheryl Fuller

The colder weather has well and truly arrived. And while we love our firefighters, we'd prefer not to see too much of them—so please take a moment to check your smoke alarms and keep heaters clear of anything flammable!

National Reconciliation Week runs from 27 May to 3 June. Councillors and staff will mark the week by acknowledging and reflecting on the cultures, histories and contributions of First Nations people with a walk through the parklands near the mouth of the Leven (Kokonnengar) River.

Men's Health Week takes place from 9 to 15 June. We'll be teaming up with Men Care Too, the Men's Shed—and hopefully a footballer or two—for a community evening at the Gnomon Pavilion on Wednesday 11 June. Everyone is welcome from 6.30pm, including the girls!

Monday 9 June is THE BIG FREEZE, our very own MND fundraiser organised by the Ulverstone Football Club and Harcourts Real Estate, with support from Council.

Join me from 11am on Beach Road to cheer on more than 25 brave sliders taking the plunge into a pool of ice—including Councillors Sophie Lehmann and Kate Wyllie! This growing event raises vital funds and awareness for a cruel disease that continues to affect so many in our community.

June is also budget season. The State Budget will include funding for local projects, and Council's own budget—focused on balancing affordability with the services and improvements our growing community expects—will also be handed down this month.

And don't forget our next Community Conversation, this time in beautiful Sprent on June 19th, hosted by Councillor Smith.

There's no shortage of reasons to get out and about this June.

Until next time.

YOU'RE INVITED TO A

COMMUNITY CONVERSATION

Join Central Coast Council councillors and staff to discuss what's happening in Nietta, Castra, Sprent, Spalford and Abbotsham.



19 June 2025 | 10:00am



Sprent Community Centre
1296 Castra Road, Sprent Tasmania 7315



CENTRAL COAST COUNCIL



Find out More:

www.centralcoast.tas.gov.au



www.centralcoast.tas.gov.au



admin@centralcoast.tas.gov.au



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CENTRAL COAST COUNCIL

COMMUNITY

Turner's Beach Community Garden Connects and Cultivates

By Lyn Norton-Smith

Our Community Garden has been in existence since 2016 and it was established by local volunteers to bring the community together. It is situated in front of the Community Hall and is an inclusive place to inspire our community to grow healthy, sustainable food and to share our harvest.

Over the years the garden has progressed to become the centre of our "community hub", with the community hall next door becoming more accessible to the community, a local book library, local native plants, bench seating and an outdoor table. Additionally, the garden has become the heart of several community events.

The Turners Beach Community Garden has become an important and integral part of our close-knit community. Led by a team of local volunteers, we work hard to be self-sufficient, raising funds to grow and maintain our community space.



COMMUNITY
GARDENS
AUSTRALIA

The general "vibe" of the

Garden is welcoming and inclusive. We promote a safe and relaxing environment that provokes community spirit. The harvest is shared with the Turners Beach community, and everyone is encouraged to be involved in working bees and community events, share our fresh produce and simply enjoy the space.

The garden is resting at the moment as some of our volunteers are away, but soon we are hoping to add more paths and garden boxes to ensure safe, easy access for everyone. Volunteers are very welcome and we gather most Saturday mornings for a general tidy up and cuppa.



Knitting Takes Over Ulverstone for World Wide Knit in Public Day

Ulverstone, Tasmania — Get ready for a warm-hearted celebration of yarn and community as Ulverstone hosts Knit in Public Day: Stitch & Share on Friday 13th and Saturday 14th June, 2025, from 10:00 AM to 3:00 PM each day on the lawns of Ulverstone Anglican Church, 6–10 Kings Parade.

Hosted by the Hug in a Rug Craft Group at Ulverstone Anglican Church, this free community event is part of the global World Wide Knit in Public Day movement, designed to bring knitters and crocheters out of their lounges and into the public square — literally.

Event highlights include:

Join the Stitch-Up: Help assemble over 4,500 small donated squares into blanket lengths for those in need
Share your own knitting or crochet project in community Shop from the Highly Strung Crochet mobile yarn shop
Grab a coffee from the onsite Love in a Cup coffee van

"We're creating something beautiful — not just with yarn, but with conversation, connection, and care," says Naomi Skeat, event organiser. "Everyone's welcome — whether you're a seasoned knitter or just want to see what the buzz is about."

There is no bookings required. Just come along bring a project or join in the stitch-filled fun,

For more information:

Contact: Naomi Skeat

Phone: 0417 681 022

Facebook: Hug in A Rug



YOU'D LIKE ME TO WHAT???? A LRA reflection

By Joy Watson

As with most community groups, it's the stayers, the dependables, the like-minded thinkers who form the core of volunteer groups. Our organisation, Leven Regional Arts, comprise not so much "volunteers" as participants. Notwithstanding members who prefer to participate on a more casual basis and may visit occasionally but whose company and contributions are no less enjoyed and appreciated. Groups of artists, artisans and crafters come together five days a week in Studio 2 to create, craft, seek ideas and generally indulge in productive and rewarding pastimes.

However, it takes a few essential personnel to generally organise and promote the smooth running of such an organisation.

Hence - The Committee. Based on volunteer principles (and an inherent willingness) our committee is formed on the usual basis of nomination and election at the Annual General Meeting. There is also a need for PODS (Person on Duty) to be available on a rostered basis to open Studio 2 each day and be on hand to greet visitors and oversee the daily running of the Studio.

Of course the members of the Committee and the PODS are all volunteers but more importantly, are all members of Leven Regional Arts who happily fall into these positions and provide the ongoing stability for the group as a whole.

Leven Regional Arts have an egalitarian philosophy, so whether member, creator, participant, artist, artisan or crafter all contribute equally to its ongoing success.

'The night sky in June'

By Dr Martin George, Principal Astronomer, Hive

For us in the southern hemisphere, the month of June includes the shortest days and the longest nights of the year. The longest of all will be the night of the winter solstice: 21 June, when the Sun will set as seen from Ulverstone at 4:53 pm and will rise the next morning at 7:41 am. Twilight is not completely over until shortly after 6:30 pm around that date, but for all of June, there is plenty of time to enjoy a dark evening sky and gaze at the wonders as winter begins.

It is from early winter to early spring that we are the envy of our friends in the northern hemisphere, because of the wonderful view we have of the Milky Way in the evenings—that is, when the Moon is not bright, and from locations well away from the lights of towns and cities. The Moon will be full on the 11th of the month, and from a few days after that it will be the best period for June stargazing.

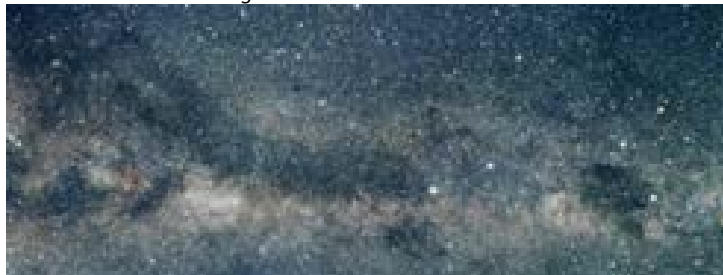
If you take a look at the night sky from the Tasmanian countryside one evening in late June, you will be rewarded with a superb view! The Milky Way, composed of countless faint stars, is the fuzzy line of light extending from low in the southeast to and through The Southern Cross, which will be high in the early evening sky with the 'pointer' stars to its left.

You will be gazing at a nearly edge-on view of our spiral-shaped galaxy—which we call the Milky Way Galaxy—from inside the galaxy. Its spiral shape is not directly apparent, but astronomers have deduced its shape from the special observations they can make, especially using radio telescopes to map the distribution of the galaxy's hydrogen.

You will notice that the Milky Way is at its brightest in the southeast. This is the direction of the centre of our galaxy, where there is a central 'bulge' of stars of the kind that you will see in photographs of other galaxies. We don't see all of the bulge—we see 'our side' of the southern part of it—but it is impressive, nevertheless. We have a better view toward the galactic centre from the southern hemisphere because of the orientation of Earth's axis in relation to our galaxy.

A spectacular feature of our galaxy, and others, is the dark interstellar dust that forms bands along the Milky Way. Running from the tail of the constellation of Scorpius in the southeast to a point next to the Cross is a shape known as the Emu, with its long neck terminating at the Coal Sack, a very dark section tucked right up against the Cross, marking the Emu's head. This was a sight well known to the First Australians, who were expert skywatchers.

The Milky Way from Scorpius to The Southern Cross, showing the dark band of dust forming the shape of an emu's neck and head. Many more stars are visible in the photograph than can be seen with the unaided eye.
PHOTO: Dr Martin George



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Alan and Kim McDermott

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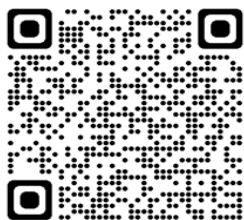
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CROZZLE - JUNE

Agents	June	N	R	U	T	E	R	L	A	N	R	U	O	J	B
Annual	Ledger	J	U	N	E	A	O	L	A	U	N	N	A	D	I
Asset	Liabilities	G	R	O	S	S	X	I	N	C	O	M	E	T	L
Balance	Loss	I	E	R	S	E	I	T	I	L	I	B	A	I	L
Bank	Money	F	S	T	A	T	E	M	E	N	T	S	T	B	A
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File	Safe														
Fine	Sale														
Finance	Savings														
Forms	Statements														
Gift	Tax														
Gross	Thirty														
Income	Total														
Information	VAT														
Journal															

June Solution in next Edition

May Crozzle Solution - Election

Congratulations to May Hidden Picture Winner - Joy Ball

Solve the Crozzle or
Find the Hidden Forth Pub Picture or BOTH!
to be in the draw for

Hidden Picture Prize - Hive Planatarium
Family Pass \$32

Crozzle Prize - Nest on Risby Voucher \$30

Email us with your name, and phone number
with your solutions, or send a pic
editor@thecoastalvoice.au
Enter before the 21st to be in the draw. One entry per
person,
winner to be announced in next issue.



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Science and Engineering Challenge

By Dylan and Nitro - PDS

Penguin District School attended the Science and Engineering Challenge, where our fellow students used communication, collaboration and continuity. Nate Randall and I, "Dylan Wills" competed in Job Juggling. We had coloured tiles which were to be placed in certain rows and columns. The number of colours that had to be in each row was given at the start of each job task. The hardest rule being that no same colour could be on the same row or column. Nate and I struggled and with little understanding on what to do left us lowly ranked for that activity. We also attempted making wind



Dylan Wills, Nitro Dowling

turbines in the afternoon, with success due to appropriate physics comprehension. The goal was to make fast fans for the turbine. We did this by making similar structured fans and putting them on an angle to collect wind and speed. We placed 4th for the afternoon Wind Turbines event.

Daniel, Alfie, Kobe and I, "Nitro Dowling" participated in the bridge event. Teams were challenged with a small supply of inventory to make a bridge to hold weights over ten times itself. Our bridge was 60 grams, and exceptional, to get us holding up to 4kg. There were many great bridges however Leighland Christian School's was the best.

In the end Burnie came out victorious in the overall voting. It was a great day of fun. Big thanks to Marist Regional College for hosting the event, as well as the University of Newcastle and Rotary Hobart for making this possible. Shout out to the awesome members who went with us!

Students: Dylan Wills and Nitro Dowling

Did you know?

By Brittany Trubody

In a world undergoing constant adjustments, there might be a few news stories you have missed:

Pets

A vaccine developed by Dr. Toru Miyazaki is in its final stage of global testing to prevent and reverse kidney disease in cats. This breakthrough has the potential to significantly extend the average lifespan of a cat to around 30 years.

Environment

The Democratic Republic of the Congo is creating a state forest reserve, that is equal in size to France.

Energy

In 2024, Europe produced more energy from solar power than from coal. Also in 2024, over 92% of all new power capacity worldwide came from renewable sources.

Infrastructure

Planned to be operational by 2040, a new high-speed rail network called "Starline" will connect 39 major European cities with a single ticket.

History

UK researchers have uncovered a will dating from 1516, written by Margaret Chapel, which mentions bequeathing a "chain" that belonged to her husband—and, before him, Edward V. This is significant, as Edward V and his younger brother Richard, Duke of York, disappeared at the ages of 12 and 9 and are known to history as the Princes in the Tower.

Science

Scientists have successfully repaired one of Voyager 1's antennas and are once again receiving data from the spacecraft. They also managed to revive one of its thrusters, which had been inoperable for more than 20 years. Voyager 1 was launched in 1977 and is currently 15 billion miles from Earth.

Brittany Trubody,

Astrophysicist, Oxford Historian, Founder of TastroFest - Tasmania's Astronomy Festival. 2022 Tasmanian STEM Communicator of the Year.



Dylan Wills, Nate Randall (Year 9 students), Miss Darcy Schake (Maths and Science Teacher).



Ulverstone Planetarium

By Jessie Pangas

To the lucky winner of our Mystery Picture Prize

Hive will donate

One Family Pass to the Planetarium (VALUED AT \$32)

This pass covers 2 adults and 2 children, or 1 adult and 3 children and includes entry to a planetarium show as well as general Hive admission.

You can find our planetarium schedule, show descriptions, and ticket details here: [Planetarium | Hive Tasmania](#)

Planetarium Show Times during School Holidays July 2025

Tues – Fri: 2pm

Saturday: 11am & 2pm

School Holidays (Mon – Sat): 11am & 2pm (with all-ages shows at 11am)

SPORT, SCIENCE

Call for Volunteers – Join the Penguin Football Club Team!

By James King

The Penguin Football Club is calling on our incredible community to lend a hand and be part of something bigger. We're seeking volunteers to assist at our home games this season - and we'd love to have you on board!

Volunteering with the PFC isn't just about helping out on game day - it's about community, connection, and club pride. Whether it's working the gate, helping in the canteen, setting up the ground, or assisting with logistics, your contribution helps keep our club strong and our game days running smoothly.

Why Volunteer?

Be part of the team: Make new friends and be involved in the heart of your community.

Support local sport: Help create a positive environment for players, supporters, and families.

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A rising star. Ash – an athlete on the run to achieve his best!



Congratulations to Ash Palmer who claimed 1st place in the 400m and 3rd in the 800m at the Tasmanian Little Athletics State Championships earlier this year.

He then went on to compete in the Australian Little Athletics Championships in Adelaide, and put in a fabulous effort, finishing 8th fastest in the U13 400m final!

The Central Coast Council supported him with a \$500 Individual Development Grant. Well done!

ROAD SHOW TO VIEW WINNING FILMS



By Sandra Rowden-Rich, Weindorfer Association

The Weindorfer Festival of Short Films 2025 delighted the judging panel of experts from Tasmania and Melbourne. "Excellent entries made it hard to select the best," said Launceston judge, film maker Simon Baker.

Sheffield Mayor Kate Haberle was awarded the prizes at Weindorfer Day, the big community event held recently in Wilmot, NW Tasmania.

The winning entries were as follows:

Paul Pritchard won the OPEN section with his film about overcoming adversity in the wilderness entitled, "Larapinta End to End"

Lisa Leanne Dittman won second prize for "A Forest Manifesto"

Jack Hinz won the under 19 section with his film "Foundation".

Jasmin Ventura won second prize with "Big Boy."

The winners receive cash of \$1000, an engraved trophy, a luxury accommodation package of two nights with dinners for two people at Discovery Parks at Cradle Mountain.

Special screening in SHEFFIELD
on Sunday 8 June at the Uniting Church Hall, 2:00-3:00pm

CRADLE MOUNTAIN WILDERNESS GALLERY MOVIE ROOM on
MONDAY 9 JUNE at 9:00am,
10:00am, 11:00am, 12:00. 1:00pm,
2:00pm 3:00pm, 4:00pm.

Launceston and Hobart venues will soon be on Facebook and Instagram Weindorfer Film Festival.



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By Craig Dunham

Examiner (Launceston, Tas. : 1900 - 1954),
Saturday 24 June 1911, page 8

PENGUIN. At the Penguin celebration the crowds of people that thronged the town were representative of all parts of the district.

The townspeople had risen to the occasion by erecting flag staffs, nearly every house or business premises having a display of bunting in honour of the occasion, while the municipal flagstaff was a blaze of colour. Mr. Will Anthon attended to this detail, as well as making a good display at his own home. The band rotunda was tastefully draped in coronation colours, and overhead was suspended large floral letters GC and M., with a large floral crown between. This was the work of Mr. G. Hardy, Mrs. G. Hales and daughter, and Vera King, and was greatly appreciated. Shortly after the appointed hour the united divine service was held at the rotunda, in the presence of a large concourse of people. Revs. F. Taylor (Anglican), J. C. Freeman (Methodist), and Pastor Clarke (Baptist) taking part. The Penguin Brass Band, under Mr. A. Hales, led the singing and the National Anthem, the people joining heartily in the service.

A basket 'picnic on the beach was held, and at 1 o'clock those taking part in the procession began to take up their allotted places. By 1.40 Marshal J. Reynolds had everything in order, and gave the command to march, the following taking part:- Marshal J. Reynolds (mounted on a fine black mare), standard-bearer (Mr. J. J. Brown), Light Horse (under Lieut. Duff), Penguin Brass Band, Warden and councillors, Druids in regalia, Rechabites (adult and juvenile), Oddfellows, Working Men's Club, Boy Scouts, Penguin State School Band and scholars, Sulphur Creek and other state schools, and citizens, there being over 600 in the procession, which marched through all the chief streets of the town.

Penguin's 50th Celebration, not 150!

Three hundred medals were distributed among the children. Warden Pullen gave a patriotic address. Rev. Freeman and Easter Clark gave short addresses. Cheers were given for the King, the Queen, the Flag, and the Empire, as well as some for the Warden. The crowd then joined in singing "God Save the King."

The Warden delighted the youngsters with a liberal distribution of lollies, the tree-planting was begun by the Warden and Mrs. Pullen each planting fine English oak trees. -Some of the oldest residents of the district completed the tree planting along the Esplanade, pride of place being unanimously accorded to "Grannie" Lancaster, an esteemed old resident of over 50 years, and who is now nearly 90, and still lively and bright, hearty applause being recorded her as she wished the tree "long life and sturdy growth." Sirs. O. Allen, a resident of 50 years; Mrs. J. Barker, 35 years; Mr. J. Johnson, 45 years; Mr. G. Hardy, 25 years; Mr. J. C. Plapp, 27 years; Mr. F. Ockerby, 30 years; Mr. D. Good, sen., 50 years; Mr. T. Badger, 25 years; Mr. J. Lade, 18 years; Mr. J. Barker, 45 years; Mrs. J. J. Brown, 20 years, also planted trees.

Some bicycle races next attracted attention, a boys' race being won by Roy Ryan, who just squeezed home from R. Storey. The six miles race was a splendid one, the brothers Whittle (3) and W. Kidd finishing in a heap. H. Whittle won from O. Whittle, by half a wheel, W. Whittle one wheel away, third, and W. Kidd, whose chance was marred by a stray dog, fourth

After tea the big bonfire, which was splendidly built under the supervision of Mr. J. Reynolds, was lighted at 7 o'clock, and was greatly cheered and welcomed. For an hour or more fireworks were in great evidence, the band, which had done a good service all day, giving a programme of lively music from the rotunda. The Rechabite Hall and the Methodist schoolroom were thrown open to the public for the day and night, a convenience greatly appreciated and fully availed of.

'Captain Burt of Leith and the Leven'

By Dr Jaydeyn Thomas, Hive

The Kokonnengar (Leven) and Forth Rivers, as well as Penguin, Lillico, and Turners Beach, have seen many forms of watercraft and their crews. Captain Charles George Burt had a thoroughly interesting life. Born in Dorset, England around 1835, Charles fought and was wounded in the Crimean War (1853-1856). He was awarded four medals for his actions as a Bosun's Mate in the Royal Navy.

Emigrating in 1871, Charles lived in Victoria and married Elizabeth Pleas of Ulverstone. They moved to Leith and he acted as Mate until being promoted to Master of the Trader, a 45-tonne trading schooner. He also owned and was Master of the Isabel. He took great interest in upgrades to the Leven River wharf and sailed between the Central Coast, Melbourne, and Sydney.

Captain Burt was also involved in the infamous Leven whale

incident of 1874. He assisted Captain Reed and Mr Fogg in organising the townspeople in the butchering and rendering of the very valuable oil from the whale's carcass.

The Burts retired from the sea and moved to a farm on Gravel Hill. It was reported on page one of the Launceston Examiner on 9 October 1886 that 'being tired of the sea... he now intends to tickle the turf with the same energy that he ruffled the surf'. Charles Burt passed away in 1908 and Elizabeth died from cancer in 1921.

The story of Captain Burt is one of the many stories currently featured in the exhibition 'A Town is a Tapestry... and every person's story is a stitch' now showing in the Ulverstone Museum at Hive until Sunday 3rd August at 4pm.

The Ulverstone Wharf, c. 1886. History Collection.



What's On Pages

What's On pages can be found on our website.
THECOASTALVOICE.AU

Printed copies available from Ulverstone and Penguin
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Live at the Ulverstone Planetarium

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15 June - Slime Moulds and Mountain Harp

Seeing is believing

20 July - Golden Sunbird

Cosmic psych rock from outer space

17 August - Flitch

Fiddle and flights of Celtic fantasy



WWVP Fees Removed For 2 Years

By Mel Blake - Volunteering Tas

Over the weekend, the Tasmanian Liberal government announced that they will remove Working with Vulnerable People registration fees for volunteers in a two-year pilot.

We are thrilled with this decision! As many of you would be aware, this has been something Volunteering Tasmania has been lobbying for over a number of budget cycles, including recent joint advocacy with Clubs Tasmania. We thank them, our members, stakeholders and other peaks who have supported our call for change.

We hear regularly from our members and the wider volunteering industry that the cost-of-living crisis has impacted volunteer participation in recent years, with the cost of Working with Vulnerable People registration becoming a barrier for many to take up volunteering.

It is truly heartening to witness the recognition and prioritisation of the 332,100 Tasmanians who volunteer and the organisations who rely on them. This is a vital step towards addressing our declining formal volunteer rates and supporting an inclusive, thriving and celebrated culture of community participation in Tasmania. We need this benefit to last longer than the two-year pilot, and we will be working on initiatives to ensure more Tasmanians choose to volunteer and take up this opportunity.

Devonport Mental Health Hub



By Roger Jaensch, Minister for Mental Health and Wellbeing

The preferred location for the new, purpose-built mental health hub in Devonport has been announced ahead of the upcoming 2025-26 Budget. Minister for Mental Health and Wellbeing, Roger Jaensch, said the Government intends for the \$7.6 million facility to be built at 6-10 Steele Street Devonport.

"The planned facility will include a number of new mental health services for the North West community, including a Safe Haven, Recovery College, and Integration Hub, modelled on the services successfully delivered at the Peacock Centre in the South," Minister Jaensch said.

"The Devonport Mental Health Hub provides a welcome boost to community mental health resources in the region, providing different levels of support, from crisis services through to recovery and education, for people experiencing mental ill health and their families and friends." The new facility is part of \$190 million in capital investment for mental health facilities over four years.

This is in addition to an almost \$44 million in increased spending for mental health services over the next four years, which will be laid out in this year's Budget. "The Hub delivers on a key part of our 2030 Strong Plan for Tasmania's Future, which is building a better Tasmania: now, and for the future," Minister Jaensch said.

"Our Government acknowledges mental ill-health can affect anyone, at any age, and the demand for access to mental health services has grown. "Increasing access to services and broadening focus to find long-term solutions is a priority for the Government, as we focus on the things that matter to Tasmanians."

Planning for the new Hub is well underway. Specialist mental health staff are working with Fairbrother's health planners and architects to develop models of care, a

functional design brief and concept designs.

The development agreement and agreement for lease are subject to further processes and all parties are working in good faith with the development expected to begin in the second half of 2025, with the plan to open the Hub in late 2027. This site has recently been sold by Devonport City Council to Fairbrother and is being developed by Fairbrother.



Free Resources for CC Teachers with Clean Up Australia Kits!

By Bayley Michell

Teachers in Central Coast can download free online educational resources about the circular economy and littering on Cool.org, an online platform which provides lesson plans that bring the real-world into the classroom. Unilever Australia, maker of household staples including Omo, Rexona, TRESemmé, Lynx and Dove, has again teamed up with Clean Up Australia and Coles to fund educational materials and provide free Clean Up Kits to schools in the Central Coast community.

Unilever Australia and New Zealand CEO, Nick Bangs said, "Australia has some of the most beautiful landscapes in the world and that's why keeping rubbish out of the environment is so vital. "Our long-standing partnership with Coles and Clean Up Australia is one of the important actions that we're taking across our organisation to help reduce plastic waste and create a more circular economy for packaging.

Education is essential to build the right behaviours, which is where Cool.org's free online resources play an important role in teaching children about sustainability practices." Since the formation of the partnership in 2020 and with the help of shoppers in Central Coast, Unilever has been able to donate a total of \$574,000 to Clean Up Australia, which has helped supply more than 7,000 free Clean Up Kits.

Clean Up Australia CEO, Jenny Geddes added, "When added together, individual actions make a big difference, and it's wonderful to see how many Australians don some

gloves and get involved in Clean Ups to help improve our environment. In addition, the involvement from Unilever, Coles and Cool.org is critical in driving awareness about our work and helps to empower us all with the required knowledge and resources to help prevent litter from entering the environment in the first place."

Between 7 May and 3 June 2025, when Central Coast residents buy one of Unilever's participating products at their local Coles or online, 10 cents from each purchase will go towards Unilever's donation this year of \$150,000.



Invitation to Visit Reid Street Reserve

A small natural treasure in midst of West Ulverstone

By Ann Rushton, President

This is a 2.6 ha fragment of Black Peppermint Coastal Forest and provides a very important habitat and refuge for numerous native plants, animals, birds and fungi.

The Reserve is cared for by a small, dedicated group of volunteers, The Friends of Reid Street, under the auspices of the Central Coast Council.

The Council has recently completed a refurbishment of the Lookout and Stairway in the Reserve, and it is a wonderful place to visit to enjoy a peaceful walk, just moments from the centre of Ulverstone.

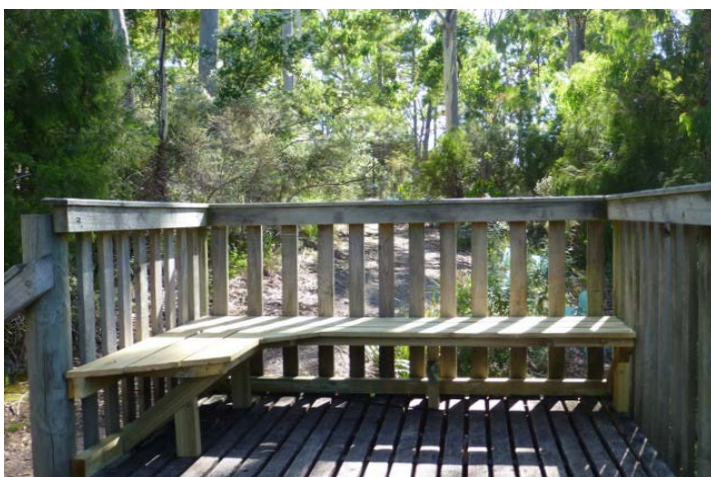
This tranquil forest is home to pademelons, bandicoots, reptiles, frogs and countless other invertebrates, as well as endemic and migratory bird species.

The Friends of Reid Street, with the help and support of the Central Coast Council, are undertaking a small, citizen science project within the Reserve to investigate how best to care for and regenerate the forest and understorey and future proof the area as weather patterns change.

The Reserve is very unusual and vulnerable as it relies solely on rainfall.

In coming weeks, you may notice small fenced off areas that are the trial and comparison sites for observation on vegetation regeneration, including the influence of animal browsing and the presence of invasive species, both plant and animal.

Please don't disturb these areas but come and visit; enjoy a forest walk, bird song, being in nature and see what a special place it is.



Constellations

Reviewed by Jillie Ball

Adam Dear - An experienced drama educator, was taught at Identity Acting School in London and currently coordinates drama at Geneva Christian College while leading workshops at Find Your Way Drama Academy, Devonport Tasmania.

As Senior Adjudicator for Tasmania's PAGE to STAGE playwriting competition and a professional adjudicator for the Theatre Council of Tasmania, he showcases his dedication to inspiring creativity and advancing theatre. He has chosen the post modern play, Constellations by Nick Payne for his latest production.

Nick Payne (born 1984) is a British playwright and screenwriter. Known for his work on the West End and Broadway stage as well as for his film and television work, he has received nominations for a Laurence Olivier Award and a Tony Award.

Constellations was produced by Reindeer Productions and directed by Adam Dear.

Performance Review - Exploring Love Across the Multiverse

A Story of Marianne and Roland

Marianne, a reserved physicist captivated by quantum theories, and Roland, a grounded beekeeper, meet at a BBQ in an encounter that sparks a journey through infinite possibilities. Their relationship evolves across a multiverse, sometimes joyful, sometimes strained, reflecting the interplay of their opposing worlds.

The Collision of Worlds

Marianne's cosmic pursuits contrast sharply with Roland's nature-rooted passion for beekeeping, yet their bond deepens through shared experiences, from light-hearted outings to the challenges of cohabitation and commitment. In their multiverse journey, they confront moments of tension and affection, each reality presenting a unique thread in their tapestry of love.

Multiverse Stagecraft

Innovative stagecraft underscores the story's exploration of infinite realities. Through simple transitions and minimalistic design, each scene seamlessly unfolds, showcasing the raw emotions of the characters without distractions.

A Reflection on Connection

Marianne and Roland's journey highlights the complexities of love and life's unpredictability. Their story—a dance between quantum theories and human emotions—reminds

us to embrace chance, cherish connections, and find beauty in the unknown.

In the end, their tale celebrates the endless dimensions of existence, inviting us to ponder life's mysteries and the profound impact of the seemingly ordinary.



L-R: Adam Dear, Seth Crane, Elizabeth Jolly, Ross Hay

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Old farm implements. Pick up Penguin.

Phone 0457 835 048

What happens when First Home Buyers and Investors Compete?

By Craig Heppell, Principal, Ulverstone Real Estate.

As the election ended, I predicted two things:

- Potential sellers had dived under their doonas, then waited until the electoral smoke had cleared (no, not the papal election), so they could swing into action and list their homes for sale. This is happening.

- Buyers would emerge from under their rock and come back to the market with a renewed confidence. They have.

Recently straight after the election we launched a property priced in the low to mid \$400's –

Within two days we had over a dozen genuine enquiries. Seven groups attend the open home on Saturday, with two making offers on the spot and a third coming in from interstate, sight unseen, so to speak (an investor). All offers were submitted to the owners and a young first home buyer was successful paying handsomely above the guide price. A fantastic result, and the intelligence we gathered is so

important in reading what the market may have in store.

Here are the take aways:

Almost every buyer said that they had missed another similarly priced home in the previous 5-7 days - demand is outstripping supply in the budget end of the market \$400,000 - \$500,000.

The dominant market segments that are competing are First Home Buyers and Interstate Investors. When FHB's and Investors compete – BANG, it can be like throwing a match on petrol-soaked wood.

The market may start pushing upwards so mid-range priced homes, and beyond, should benefit.

The RBA is almost certain to drop rates again, so this should feed into the confidence of potential buyers.

Price your property to attract genuine buyers, then let them do the rest – compete with each other and see who is willing to pay a premium price.

Welcome to the 21st Century!

By Geoffrey Curtis

Having asked many folks about a fractious society in our world, many of you agree. Why is this so, and what have we done to deserve it? After all, we want to get on with our lives. No matter what age group, gender, place, or country, we seem to be experiencing similar phenomena.

Here are some examples. You have to use a call centre because there is no other avenue to pay a bill or find information, so you wait and wait and... well, you know the rest. Having gone into a shop, a commercial company, or a local council several times, you are told there is an undue hold-up due to delays. After months of obtaining the item or plans approved, you give up.

Your doctor has decided to retire, and why not after all they have been your family doctor not only to you but to your parents. To upset you, your doctor explains that the whole medical business is closing, and no health professionals are on the horizon. A real story from East Devonport, amongst others across the nation.

Your daughter gives you a 'headache' and will not listen to your sound judgment that being bullied on 'TikTok' is not only addictive and damaging but also foolish to continue using the social media platform.

As a senior citizen, you have repeatedly explained to your retired husband he must do something like a hobby or belong to a club, otherwise, their strained relationship will deteriorate further.

Oh yes, there is more! Have you noticed your favourite snacks and household items are getting smaller? And your bill at the checkout is getting more expensive? This is called 'shrinkflation' and it is not only the supermarkets but includes banks, energy providers, and airlines, among others.

Welcome to the 21st century! So, what are the causes, and who is to blame?

Here are some reasons and that came from the 'Financier Worldwide Magazine' 2024. Ukraine and Gaza wars, COVID-19, Corporations not willing to take global risks, cyber-attacks, Climate Crises, and, of course, the cost of living, among others.

'Future Learn' published in 2021, suggested some of the

causes in society. Misinformation and tribal behaviours on what they call the 'splinternet' (nice choice). And tensions over environmental and political debates that 'wedge' countries. Also, concerns over new technologies such as AI, activism by various social groups that give rise to tensions, and warnings over new diseases and pandemics.

Are we not all caught up in the moment? No one forces us to use the internet, to get bullied, or to say nasty things. Don't become addicted. If it is costing you more to drive your car, then share it with others in your family or those who live and work nearby. Lastly, take a deep breath and smile, you are alive!



Tammy TYRRELL

Independent Senator for Tasmania



**I don't answer to a party.
I answer to you!**

Authorised by Senator Tammy Tyrrell,
Shop 2, 111-113 St John St, Launceston TAS 7249



*The collage (Above)
Busy Bees at Mt Gnomon Farm - Jan Harvey
Flights of Fancy (Moths) - Fay Warren
There's Always One - Elspeth Liberty*

Don't waste your time, let's get you sorted

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Insects Invade Studio 2

By Pene Day, Leven Regional Arts

LRA have installed an amazing exhibition of mixed media art works in the theme of INSECTS. Many artists, 40 in fact, have been busy working towards this exhibition for several months. Bring you family and friends to view this display and enjoy the atmosphere of our special art space.

Open Monday - Saturday 10am - 3pm. Our weekly programme is available to members new and old. Ask out POD - person on duty - for information about joining LRA and answering any of your arty questions. Visit us on the Ground Floor at Hive.

Insects have long fascinated artists, serving as powerful symbols in various art forms. From ancient civilizations to modern times, these small creatures have represented everything from rebirth to industriousness, reflecting human experiences and cultural beliefs.



Left: Hidden - Alison Luck - Textile/Felting/Stitching

Right: Come a Little Closer - Textile - Janice Stanfield

Left: Buzzy Life - Acrylic - Loretta Hingston

If you look closely, you will see a tiny ant on the bottom right of Loretta's painting. This is how the early masters used to demonstrate their expertise by including a tiny insect somewhere on the painting which the viewer would think was a real fly or insect landing on the painting.

Ecofest wrap-up

Ecofest was again well-supported with attendees enjoying a range of activities. Despite the weather on Sunday, ticket sales were strong. Children had a great time with the ekokids activities, and the upcycled fashion parade was a

Volunteers, were drawn by the festival atmosphere, visited by Cheryl Fuller (Mayor) assisted by helpers of all ages.

hit. The event was packed with sustainable living initiatives, from paddock to plate offerings to innovative energy systems. It was truly inspiring to see so many ideas aimed at reducing our environmental footprint.



Leonie
Hiscutt MLC
Liberal Member for Montgomery



Legislative
Council
OF TASMANIA

Thank you for your support!

The North West is an incredible place, full of so many wonderful people - it has been an honour to serve as your local Member of the Legislative Council.

Authorised by C. McQuestin 185 Invermay Road Launceston.



🏠: 36 King Edward St, Ulverstone 📞: 6425 8300 ✉: leonie.hiscutt@parliament.tas.gov.au

WHAT'S ON IN THE ULVERSTONE AREA

To add to, delete or modify these activities please contact editor@thecoastalvoice.au.

ARTS AND CRAFT - ULVERSTONE ART ADVENTURES

Fridays 9.30am - 12 pm, Amy Unit, Ulverstone Neighbourhood House, W.Ulv, Ph 6425 4186

EMBROIDERY GUILD OF TAS

Central Coast, Mondays 10am to 1.30pm. Presbyterian Hall, Main Street Ulv.
Ph 0408 257 541

HANDWEAVERS, SPINNERS & DYERS GUILD

2nd Saturday of the month at 10am, Anglican Church, Ulverstone
Ph 6425 2131

LACE GUILD

Aust. Lace Guild, Tas. Branch Inc. Northwest Group
Meet 10 am 1st Saturday, Feb - Dec Ulverstone Secondary College Corner Leven & Walker Streets Ulverstone. Free lessons provided.
Michele 0418 307 576 or Janet 0447254161

NW WOODCRAFT GUILD WORKSHOP

Tuesdays, Wednesdays, and Saturdays 10am - 4pm
Ph, 0487 654 711

CLUB MEETINGS - ULVERSTONE

CAMERA CLUB - ULVERSTONE

7.30pm, Paul 0434 080 670
Meeting Every 2nd Wednesday

CENTRAL COAST PROBUS CLUB

Celebrating 40 years in Probus. We meet on the 3rd Wednesday of the month at 10.00 a.m. At the Rotary "SHED" 2 Flora St. W. Ulverstone Showground. Aileen, Ph.0448 004 784

LADIES PROBUS CLUB

1st Monday of month at 10am, Ulverstone Bowls Club, Fulton St
Kerrie 0400 080 344
Barbara 0400 869 538

NW TAS AMATEUR RADIO CLUB

Bi-Monthly Feb, Apr, Jun, Aug, Oct, Dec, 1st Saturday at 1.30pm, Scout Hall, 73 Alexandra Road
Ph David 0438014308

ROTARY CLUB OF ULVERSTONE

West, Tuesday 6 for 6.30pm, Ulverstone Bowls & Community Club

TAS FLORAL ART SOCIETY NW

First Wednesday at 10.30am, call Anne 0448 990 837 for details

ULVERSTONE PROBUS CLUB

1st Monday of each month 10 am \$30 pa + \$10 each meeting
Phone Jan: 0437 560 136

CHURCH GROUPS - ULVERSTONE

ANGLICAN CHURCH - ULVERSTONE

Kings Pde. Next to Maccas
Sunday 9.30am with kids program
Wednesday Service, 1:30pm
Church office, Tel. 6425 1003

BAPTIST CHURCH - ULVERSTONE

Page 18

60 Alexandra Road, Ulverstone
Sunday Service 10.00am
www.ub.church Phone 6425 6306

CHRISTIAN REFORMED CHURCH OF ULVERSTONE

36 John Street, Ulverstone
Sunday Service 9.30am

CHURCH OF CHRIST - ULVERSTONE

(non-denominational)
26 Leven Street.
Worship and Lord's Supper
Sunday at 10.30am.
Call Josh Marks 0400 199 164

GOSPEL CHAPEL - ULVERSTONE

1a Amherst St, W Ulverstone.
Worship & Communion Sunday 10.30am.
Ladies Coffee 2nd Thurs of the month 10.00am Call 6425 1809

PRESBYTERIAN - ULVERSTONE

59 Main St, Ulverstone.
Family Sunday Service 10am.

PRESBYTERIAN OF EASTERN AUSTRALIA - ULVERSTONE

13 Leven Street, Ulverstone,
Sunday 10:30 AM
www.ulvpcea.org

REVIVAL CENTRES CHURCH ULVERSTONE

Montgomery Room
Sunday 10.30am
Ph: 0439 105 194

SALVATION ARMY ULVERSTONE

23 Victoria Street, Ulverstone
Sunday Worship 10.30am

SEVENTH DAY ADVENTIST

94 South Rd, West Ulverstone.
Sat, 10am Sabbath School and 11:15am Family Service.
Pastor Afi Tuaoi 0418 220 799

UNITING CHURCH - ULVERSTONE

Reibey Street, Ulverstone
Worship service at 10 am Sunday

DANCING - ULVERSTONE

BOOTS COOTIN' DEVILS LINE DANCING CLASSES

Tuesdays 6.30pm - 8.30pm and Thursdays 9.30am - 11.30am, Ulverstone Rowing Club,
Ph Deb 0447 313 006

DANCING - A SCOTTISH FLAVOUR

Fridays 9.30am-11am,
Ph Trina 6425 2630

ENVIRONMENT - ULVERSTONE

ULVERSTONE COASTCARE

2nd Wednesday of the month at Buttons Creek,
Ph 0418 142 790

GARDENING - ULVERSTONE

CENTRAL COAST GARDEN CLUB

1st Thursday of month at 1pm, East Ulverstone Football Clubrooms
Ph Carol on 0439 368 144

ULVERSTONE COMMUNITY GARDEN

Mondays & Thursdays, 9.30-12.30
Third Saturday monthly, 9.30-12.30

2 Westshore Road, West Ulverstone
ulverstonegarden@gmail.com

ULVERSTONE GARDEN FRIENDS

First Thursday of month at 12.30pm, Uniting Church Hall, Reibey St, Ulverstone, Ph. Betty 6425 2222.

KIDS ACTIVITIES - ULVERSTONE

LEGO CLUB (9 YRS+)

Tuesdays 3.30pm - 4.30pm, Ulverstone Library

MINIATURE RAILWAY - ULVERSTONE

1st and 3rd Sunday of the month
Maskells Rd Reserve, 10.30 am - 4.00pm
Ph 0438 255 119

LEVEN REGIONAL ARTS

FOR MORE INFO RE LRA ACTIVITIES:

PENE #0407 135 689

JOY #0400 105 943

LRA membership \$30 pa

ACRYLIC PAINTING WITH LORETTA

LRA - Thursdays 1pm Studio 2 HIVE
Ph 0400 105 943. \$5 per week. All skill levels welcome.

ALCOHOLIC INK ART - LRA

Tuesdays 10am, HIVE Studio 2
Devone Jones #0402 794 444

FANTASY WEAVERS - LRA

Thursdays 10am - 3pm Studio 2, HIVE.

Ph Margaret 0427 359 834 or

Ph Jenefer 0417 301 161

FELTING, FIBRE AND FABRICS - LRA

Thursdays 10am, Studio 2, HIVE

Ph 0400 105 943. Visit and discuss.

FREE TIME-GUEST FACILITATORS

Tuesdays 1pm, Leven Regional Arts, Studio 2, HIVE

Ph 0400 105 943

LEATHER WORK WITH MAX - LRA

Tuesdays 1pm Studio 2, HIVE
Ph 0407 135 689

MAHJONG - LRA

Wednesdays 10.00am-12.00pm, Studio 2 HIVE
Ph 0400 105 943

MOSAICS MOSAIC REVIVAL - LRA

Tuesday 10am, Studio 2, HIVE
Ph 0400 105 943. All skill levels.

PASTEL DRAWING GROUP - LRA

Wednesdays 10am, Studio 2, HIVE
Ph 0400 105 943

PRINT MAKING - LRA Fridays 10am- 3 pm, Studio 2 HIVE. Visit & discuss.

Ph 0400 105 943

PASTEL DRAWING GROUP - LRA

Wednesdays 10am, Studio 2, HIVE
Ph 0400 105 943

SCALE MODEL ASSEMBLY - LRA

Wednesdays 10am-All day, Studio 2, HIVE
Geoffrey Ph 0400 105 943

TEXTILES WITH JANICE - LRA

Mondays 10am-12pm Studio 2, HIVE
Basic sewing, knitting, crochet, macrame etc. BYO materials.
Ph 0400 105 943

WHAT'S ON IN THE ULVERSTONE AREA

ZOODLING - LRA

Mondays 1pm, based on Zen tangling.
Studio 2, HIVE Ph 0400 105 943

LIBRARY - ULVERSTONE

Mon to Thurs -5:00pm, Frid 9-6 pm,
Sat 9.30-12.30 pm.
15 King Edward Street #6464 3120.

MUSIC - ULVERSTONE

CHOIR

Ulv. Senior Citizens Club, King Edward St, Mondays 1.30pm

LIVE @ THE WHARF

Fridays 5.30pm - 7.30pm

MAINLY MUSIC (0-5YO)

Tuesdays 9.30am - 11.30am School Terms, Ulverstone Anglican Church

PLAYGROUPS - ULVERSTONE

ROCK & RHYME

Fridays 10:30am-11am, at Library

SETUP FOR SUCCESS

Little Joeys Playgroup Birth- 5 yrs,
Mondays 9 - 10:30am, Sacred Heart Catholic School.
Ph 6425 2680

STORYTIME FOR AGES 2-5 YRS

Tuesdays 10am-10.30am,
Ulverstone Library

SOCIAL ACTIVITIES - ULVERSTONE

BINGO MONDAYS 6-10

West Ulv Football Club, Amy Street
Eyes down 7.30. Contact Di McCulloch
0400822371

BOOK CHAT - Ulverstone library
Wednesdays 2-3pm

BOXER DOG PLAY DATE

1st Sun, Monthly at Ulv Dog Park 9 -
9.45 am. No cost. All welcome.

CARDS

Ulv. Senior Citizens Club, King Edward St, Wednesdays and Fridays 1.00pm

CENTRAL COAST FILM SOCIETY

Film nights on Wed mostly
Leven Theatre, Ulverstone
\$20 for 3 films
Phone Patricia #0416 833 080

CONNECT CAFÉ

Tuesdays 10.00am - 12.00pm, Gnomon Room, Wharf Precinct
Ph. 6429 8900

HATTERS TO GO

Join the Red Hat Sisterhood
Varied locations
\$20 pa
Phone Merveen #0429 946 692

LADIES COFFEE MORNING

2nd Thursday each month.
10AM at the Ulverstone Gospel Hall.
Amherst St, West Ulverstone.

MEN CARE TOO - COFFEE CLUB

Mondays 10am, McCarthy's Bread Lounge, Greg 0400 604 231

NEW MORNINGS - LOUNGE

Mondays 1.30 - 4.30pm, Fridays 10am-1pm, Presbyterian Church Community Hall, 59 Main St, Ulv.,
Ph 6411 6212

PRIDE COFFEE

Monthly catch-up for the LGBTIAQ+ community, friends and allies.
4th Friday at Hey Buddy 10:30am.
RSVP to garry@workingitout.org.au

THE MAN WALK

Saturdays 9.00am - All men welcome

McCarthy's Bread Lounge

Ph Greg 0400 604 231

ULV. SENIOR CITIZENS CLUB

King Edward St, Tuesdays, Thursdays, and Saturdays at 12.45 for 1pm

ULVERSTONE SENIORS FORUM

Ulv. Senior Citizens Club
Tuesdays 9.45am-12 noon

SPORT AND PHYSICAL ACTIVITIES

COMMUNITY YOGA

Tuesdays 4.30pm , Ulv. Neighbourhood House, 8 Lugana Cres, earthlywonder-swllness@gmail.com

COMPLETE CIRCUIT TRAINING

Fridays 9.30am, Athlete 42 (Ulverstone Showgrounds)
Ph 0418 144 237

COUNTER TEAS - BOWLS

Fridays 5.30pm-7pm, Ulverstone Bowls & Community Club, All welcome

DANCE FIT - Ulv Uniting Church, Thurs 9.15 am #0420 703 701, \$10/class, 45 minutes

JUDO CLUB

Junior Boys & Girls Tuesdays 5pm-6pm,
Senior Boys & Girls Tuesday 6pm-7pm,
Sports Centre, Flora St
Ph 0419 002 026

JUDO CLUB

(Adults) Wednesdays and Thursdays 6.30pm-8pm,
Sports Centre, Flora St,
Ph 0419 002 026

LADIES SQUASH TRAINING

Fridays 1pm, Ulverstone Squash Club
Beginners Welcome,
Ph Pam 0428 493 232

LEARN TO PLAY BOWLS

Ulverstone Bowls & Community Club,
Wednesdays 9.30am-11.30am

MUMS & BUBS YOGA

Tuesdays 1pm, Reformed Church Hall, 36 John St, Ulverstone,
earthlywonderswellness@gmail.com

PICKLEBALL

Saturdays 1pm - 3pm, Ulverstone Sports Centre, 2 Flora St, West Ulverstone
Ph: 0414 064 958

PICKLEBALL

For all ages - day and evening
Varies venue including Ulverstone
Equipment provided
hello@pickleballtasmania.org or
Visit website

SEATED TAI CHI

Mondays 2.45pm - 3.45pm, Ulverstone Rowing Club, Kings Parade,
Ph 6425 5275

SHIM JANG TAEKWONDO

Ulverstone, Tuesdays and Thursdays 6:30pm to 7:30pm Ulverstone East Primary School,
Ph 0407 562 898

SLIPSTREAM CIRCUS

Mon-Fri 4pm-8pm, Sat 9am-2pm during school terms, hours may vary during school holidays. Classes for ages 2+ to Adults. Ulverstone Sports Centre, 2 Flora St, West Ulverstone. Visit www.slipstreamcircus.org.au

TAI CHI

Mondays 1.30pm, Ulverstone Rowing Club, Kings Parade,
Ph Barbara 6425 5275 \$8 per class

YIN YOGA & MEDITATION

Tuesdays 9.30am, Masonic Hall, 10 Patrick St, Ulverstone,
earthlywonderswellness@gmail.com

ZUMBA

Mondays, Wednesday, and Saturday 9.30am, Thursdays 6.30pm,
10 Patrick Street, Ulverstone,
Ph Shannon 0417 257 158

SUPPORT GROUPS - ULVERSTONE

CARE BEYOND CURE

Health & Wellbeing Free Fortnightly Program, Fortnightly on Mondays at 10am-2.30pm, 3 Gollan St Ulverstone

CARE FOR THE CARER

(Dementia Support), Mondays 10am-12.30pm, Montgomery Room, Carpark Lane, Ulv.,
Ph. 6235 4688

CRUISIN' THE COAST - TriBikes'

Tuesdays 11-12 Gnomon Pavilion
Chris #0455 522 297

CUP OF KINDNESS HOT MEALS

Tuesdays 5pm-6pm, Ulverstone Anglican Church, 6-10 Kings Parade Ulverstone,

Ph: 6425 1003

PARKINSONS TAS NORTHWEST

North West Support Group
2pm Gnomon Pavilion
Ph 0407 314 933
Dates 13th Nov 4th Dec will be the Christmas Lunch
Learn more about living with the condition. Open to Families.

FORTH VALLEY

LIONS CLUB OF FORTH VALLEY

1st & 4th Wed monthly
Forth Community Hall
\$50 pa Call Di #0422 876 562

SPRENT COMMUNITY CHURCH

Castra Rd. Sprent.
Sunday worship service 10:00am

TURNERS BEACH SPORT AND PHYSICAL ACTIVITIES

VINYASA FLOW

Wednesdays 6pm, Turners Beach Football Club, Henry St
earthlywonderswellness@gmail.com

Dance Fit - Scout Hall, Wednesdays, 9.15 am, \$10/class #0420 703 701

PENGUIN

Stitching Together Comfort: The Penguin Village Stitchers & Quilters

By Jenny Rowden

For 23 years, a dedicated group of craft enthusiasts has been quietly weaving threads of community and care in Penguin. The Penguin Village Stitchers & Quilters meet every Tuesday from 10 am to 2 pm in the Uniting Church Hall.

Recently, some members have focussed on a particularly heartwarming project: creating quilts for the maternity ward of the Burnie hospital. Recognizing the importance of a welcoming and less sterile environment for new parents and their newborns, the group have been diligently crafting four large bed quilts destined for the maternity ward, birthing room, and nursery. These comforting quilts will undoubtedly add a touch of homeliness to a space often associated with clinical settings.

Six special baby wrap quilts are intended for babies who require a longer stay in the hospital, and in a beautiful gesture of care, these wraps will go home with the babies once they are discharged, providing a lasting memento.

The Penguin Village Stitchers & Quilters is a space for friendship and connection

New members are welcomed with open arms, regardless of their experience level. Whether a complete beginner eager to learn the basics or a



seasoned quilter looking for companionship and inspiration, everyone finds their place here. Experienced members are happy to share their knowledge and skills.

Over a cuppa and shared laughter, friendships blossom and connections

deepen. If you have a passion for fabric and stitching, a desire to connect with others, or simply wish to contribute to a meaningful cause, consider joining this friendly group.

For more information, contact Carol on 0400 422 487



Penguin Op Shop Partners with Pedal Power!

By Jenny Rowden

We are thrilled to announce the supportive partnership established between the Penguin Community Op Shop and Cruisin' the Coast! The shop's generous financial support will directly fund the TrioBike experience for those in our community who are no longer able to cycle, ensuring these special rides can continue successfully at least for the next three years. This funding will be a huge help with the ongoing maintenance of our popular TrioBikes.

The CtC team are also grateful for the generous petty cash float that's been donated – every little bit helps keep the wheels turning!

Lennice Wilson, President of the Penguin Community Op Shop, shared their volunteers' passion for supporting groups like Cycling Without Age, highlighting the importance of connecting participants with the beautiful outdoors. Lenny appreciates how this simple, joyful experience can be meaningful for people who can no longer cycle independently.

Captain, Chris Fletcher, expressed his heartfelt gratitude for this amazing partnership, emphasizing the importance of the social connection created during these coastal park rides between passengers and the pilots, scouts and community passers by.

One group of volunteers supporting another group of volunteers, all helping others is the epitome of community!



Lennice Wilson and pilot
Chris Fletcher

Community Defibrillator Recipients

The Tasmanian Liberal Government is delivering another 90 life-saving defibrillators for community groups and businesses to host on their premises.

The following are the Central Coast recipients

BIG4 Tassie Getaway Park Ulverstone
Bootscooters, Turners Beach
Dobson Electrical, Ulverstone
South Riana Memorial Hall
Ulverstone Baptist Church

Penguin residents request Council meeting re The Old Footy Ground

By Save Our Community Spaces (SOCS)

A public meeting has been requested with Central Coast Councillors and Council to address the proposed use of the old footy ground.

Homes Tasmania have acquired this site from Council, and are bypassing Council regulations to squeeze as many blocks into this area as possible, completely destroying the unique physical character of the surrounding area which consists of many heritage and period homes.

Most residents were appalled and a snap survey gained over 1,300 signatures concerning this development.

Homes Tasmania are planning to go ahead with the development despite overwhelming opposition during its consultation process with residents.

We now want Councillors and Council to step in and fulfil their obligations, enforcing the collective will of the people. Specifically we want Councillors and Council to instruct Homes Tasmania that Council will oppose the development, on both the State and Local level. We want Council to implement its discretionary building rules to enforce the unique character of the area, rules such as front and back yards, single story dwellings, adequate parking, etc etc. and finally that Council provide mechanisms for any future repurposing of Council land only be approved with the expressed will of the majority of residents.

We have many concerns about this development such as: Homes Tasmania's assertion that it is providing affordable housing to low income earners. It currently has 159 unsold blocks in Tasmania. If they are so affordable, why haven't they sold out like hot potatoes?

Why did Council not advise the community that the land would be returned to the State if not used for recreational purposes?

There are no rules in place to blend the home designs with the character of surrounding homes.

The 2 story co-joined multiple flats area is unprecedented for Penguin and vigorously opposed.

Penguin has less public green spaces (including the foreshore) than any other town of a comparable size.



Artists impression -Homes Tasmania website



The lack of green space within the subdivision.

Questions about the sewerage capacity in the oldest area of the town.

Questions about traffic congestion and road capacity.

There are a lack of services to support this amount of growth.

At the time of writing, Council have not provided details for this meeting but we encourage residents to become members of the "Save our Community Spaces" Facebook page, where updates will be posted. We will also encourage Council to advertise widely the details of this meeting.

We cannot emphasise enough that all residents should attend this meeting, as this may be the last chance we have to stop this inappropriate development.

Written by the co-administrators of the "Save our Community Spaces" Facebook group.

Editor's note: The revised draft masterplan and information from Homes Tasmania can be accessed at Homes Tasmania website or by QR code.



Council Response: Homes Tasmania Development at the Former Penguin Recreation Ground

Central Coast Council acknowledges the community interest and concerns regarding the proposed development of the former Penguin Recreation Ground at 1 Ironcliffe Road, Penguin, by Homes Tasmania.

The land is no longer owned or controlled by Council. Title 156425/1 was originally provided to Council on the condition that it be used for recreation. When this use ceased, the Crown exercised its legal right to reclaim the land. At the time, Council sought legal advice confirming this right and provided Homes Tasmania with relevant community feedback to help inform future planning.

Homes Tasmania has advised that it intends to rezone the site through a Housing Land Supply Order (HLSO), a state government process aimed at supporting housing supply. Unlike standard planning scheme amendments, an HLSO does not involve Council and is instead determined by the Minister for Housing and Planning, unless disallowed by either House of Parliament.

Homes Tasmania is preparing a proposed change to the underlying zone and a Specific Area Plan, which will set the planning rules for the site, including building heights, setbacks, and other development standards. These rules will also be used to determine whether or

not any development application received for the site is treated as Permitted or Discretionary. While Council will be responsible for assessing any future development application, it must do so in accordance with the planning controls established through the HLSO process. Any development application submitted to Council will be assessed through the standard planning process prescribed under the Land Use Planning and Approvals Act 1993, with any Discretionary applications being advertised accordingly and subject to public notification and the opportunity for community submissions.

Regarding the request for Council to hold a public meeting, we advise that under the Local Government Act 1993, such a meeting must be initiated through a formal petition that meets specific legal criteria. To date, Council has not received a petition that satisfies these requirements.

Residents with questions about the proposal are encouraged to contact Homes Tasmania directly.

Dylan Hesp, Coordinator Communication & Engagement,
CENTRAL COAST COUNCIL

Tasmania Needs More Energy

By Veronica Terry, Future Energy Hub

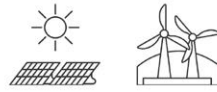
Tasmania has a good track record with clean energy when compared to other states, but we don't make enough energy to meet our needs. Right now, about 58% of the energy we use comes from fossil fuels, like petrol, coal, and gas. This includes energy used by industry and fuel for cars and trucks.

Tasmania has been using renewable energy for over a century. The first major hydropower project began in 1916, marking the shift from coal and steam to cleaner energy. Tasmania then started using wind power in 1998, and in 2023, our first large solar farm was approved. Today, the island continues to lead in renewable energy, with hydropower at the centre, and new wind and solar projects supporting a sustainable future.

Energy prices are going up around the world. In Tasmania, we can manage costs by using a mix of energy sources. Solar and wind power are among the cheapest options and can help lower power bills. But because they rely on the weather, their supply is 'variable'.

To keep energy affordable and reliable, we can focus on using cheap wind and solar energy when they are available. Then 'dispatchable' energy like batteries and hydropower can supply power whenever it's needed. Regardless of the weather. This mix helps keep costs down and makes sure power is always available.

An energy mix **helps** to manage the increasing **cost of energy**.



When it's sunny or windy, we use cheap solar and wind power.



When it's not, we use hydropower to keep the power on.

If you have some questions or would like a chat, you can organise an appointment with the Future Energy Hub at 1 – 3 Spring Street in Burnie, (03) 6433 8400. You are welcome to visit us.

A mix of energy sources increases our resilience and helps us to be ready for whatever comes our way.

**Weather-Ready. Crisis-Ready.
Power On.**

There is remarkable energy in the Cradle Coast

The **Future Energy Hub**, a local space in Burnie, is your connection point to learning about Tasmania's renewable energy future – what's happening, what's possible, and how it affects you.

Visit us at the Cradle Coast Authority building, 1–3 Spring Street, Burnie. Feel free to call us or schedule an appointment at (03) 6433 8400.



Scan the QR code to learn more about the Cradle Coast Future Energy Hub.
www.cradlecoast/energy-hub/



A Cradle Coast Authority and Industry Partnership

INFORMATION

Have you heard about FREE Hospice Care Association NW?

By Kris Rastovich (Manager)

It may not be what you think it is! Our association was formed in 1985 in Burnie to provide support to people living with a life limiting illness. Our first group of Volunteers trained in 1989, and our vision was and still is to deliver quality personalised service and support to our clients and their carers.

How do we do this? By ensuring that our Volunteers have the right skills to support our clients maintain dignified lives in a setting of their choice during the final stages of life.

We have a lovely group of trained Volunteers who spend time with adults on the North West Coast living with a life limiting illness (some examples but not limited to, are Dementia, progressive Cancer, COPD, MND ...)

Our Volunteers can provide weekly visits to a person's home or environment of their choice to alleviate loneliness, give Carers some much needed respite, and if required transport people to their medical appointments. Our Volunteers may stay with a client while their carer and /or family members have some time out, or to provide companionship to those living alone. During this time they may chat and interact by playing cards, reading books, playing Scrabble etc or just being present in the home.

There is no expectation that the client must entertain the Volunteer and this service is FREE!

A new service to introduce is our Biography



Program, 'A Life Remembered', where a Volunteer records and transcribes a client's life stories which is then printed as a keepsake. Letting people reflect on their lives and provide a lasting legacy for family and loved ones.

Apart from the above we also run a 'Walking Through Grief' program which is a fortnightly walking group offering mutual support for people who are experiencing grief through the death of a family member friend from a life limiting illness. Each walk is in a different coastal location followed by a cuppa and a chat.

Hospice Care, so much more than what you thought! We will update you more in the next couple of editions about our Walking Through Grief and our Biography programs.

Why not visit our website to gain a greater understanding about how we can help you, a family member, friend or neighbour who might like some assistance whilst living with a life limiting illness. Hospice Care Association - Hospice Care in NW Tasmania



Left: Stephanie Templeton President
Right: Graeme Weatherley Vice President



Poli's story

By Inspector Andrew Hanson

The Poli community outreach initiative has been developed to increase police visibility in the Tasmanian community and improve community engagement with Tasmania Police for the purpose of preventing, identifying and reporting child sexual abuse and other crimes.

The initiative is a direct response to recommendations from the Wiess Review, Tasmania Police Community Survey and Commission of Inquiry into Child Sexual Abuse in Institutional Settings, and aims to proactively bring services and information to communities who need them or have traditionally had little or no opportunity to engage with Tasmania Police.

Poli has the flexibility to visit regional, rural or metro areas, and be a part of existing public events, as well as be used for standalone visits to community groups including, but not limited to:

- Aboriginal community
- Culturally and Linguistically Diverse (CALD) communities
- Elderly population
- Regional and remote communities
- Disability groups
- LGBTIQA+ community
- Children and young people
- Schools
- Sporting clubs
- People experiencing homelessness
- Individuals and/or communities who have not had positive experiences with police/law enforcement in the past
- Businesses
- Local government/councils

If you are involved in a community or sporting group, school or other event, and think it would be valuable to have Poli and the Community Engagement team attend your event, please submit a request via the online request form.

Book Poli for your next community event!

Tasmanian community groups can submit a request for Tasmania Police's community engagement van, Poli, to be deployed to your local area.

Poli booking requests help inform police where community members and business owners would like to see a stronger police presence, and officers on board Poli are able to discuss local crime issues and provide crime prevention and general advice to residents and business owners alike.

To submit a request for Poli to attend your next community event, simply fill in the enquiry form below and one of our Community Engagement Team members will be in touch to discuss Poli's availability.

Please also reach out if you have an opportunity that doesn't require Poli's presence but would benefit from having the Tasmania Police Community Engagement Team attend.

Note: All requests for Poli deployments are considered in conjunction with current intelligence and operational demands. Visit: Poli Community Outreach Van - Tasmania Police.



Poli Launch 2025 -
Community Engagement
Van



Local Police members at Poli Launch 2025



You Magnify Our Impact: The Unseen Power of Volunteers

By CEO of New Mornings – Kelly Dernehl

Volunteers are often described as the "backbone" of not-for-profit organisations. But I would like to challenge that.

Volunteers are not just our backbone—they are our hands and feet, our ears and voices, our hearts and soul. They are the people who show up, week in and week out, not for recognition or reward, but because they genuinely care. They believe in the mission of in organisations such as ours here at New Mornings, and more importantly, they believe in the people we serve.

We live in a time when busyness is almost worn like a badge of honour. Time is precious. Energy is limited. And yet, here you are—individuals who choose to give your time freely, not because your bank balance or mountains of bills means you have to, but because you simply want to. That is no small thing. That is an extraordinary thing.

In a world that can often feel fragmented or disconnected, volunteers are the bridge-builders. You bring people together. You remind us that community is not just a word—it is a lived reality, built through countless small acts of service and kindness.

Volunteering is the quiet, consistent force that holds up our communities. You are the reason a mother finds the strength to keep going. You are the smile someone hasn't seen all week. You are the person who listens when the world seems to have gone silent. You help people find their feet again, and sometimes, you simply walk with them while they find their own way.

For organisations like New Mornings, we simply could not do what we do without our volunteers. From running programs, offering one-on-one support, helping with events, administration, set up and clean up, and simply being present—our volunteers are woven into every part of this organisation.

You multiply our capacity. You expand our reach. And because of that, you magnify our impact.

It would be remiss not to acknowledge that volunteering isn't always easy. You offer your time often after long days at work or amid personal challenges of your own. You step into difficult conversations. You listen to painful stories. You care deeply—and sometimes that carries an emotional toll. You come in not knowing what the day will bring, but you come anyway. You give, even when you feel like you have little left to give. And for that—we honour you.

It takes strength to be compassionate, and courage to show up for others. And as part of National Volunteer Week 2025, we want to say thank you—for showing up, for staying the course, for holding space for others, and for walking with people through some of the hardest seasons of their lives.

On behalf of the New Mornings team, the Board, and every person who has walked through our doors to find support—we say this with full hearts:

Thank you for your sacrifice. Thank you for your compassion. Thank you for your humility.

Thank you for being the kind of people who see a need and respond—not with hesitation, but with love. Thank you.

Don't Destroy Our History

by Marion Robertson

I had the absolute pleasure of interviewing local resident and long standing Rotary Club member, Ken Monson.

His message to all is "Don't destroy our history".

Ken has great memories of the whole Anzac Park community project. At the time he was an active member of the Rotary Club and Tourist & Progress Association. They rallied together on the Anzac Park project with a vision to enhance our environment for generations to come.

Ken quoted "In those days, we saw a need and rallied together and did the job. Even before the funds were raised, we just got on with it."

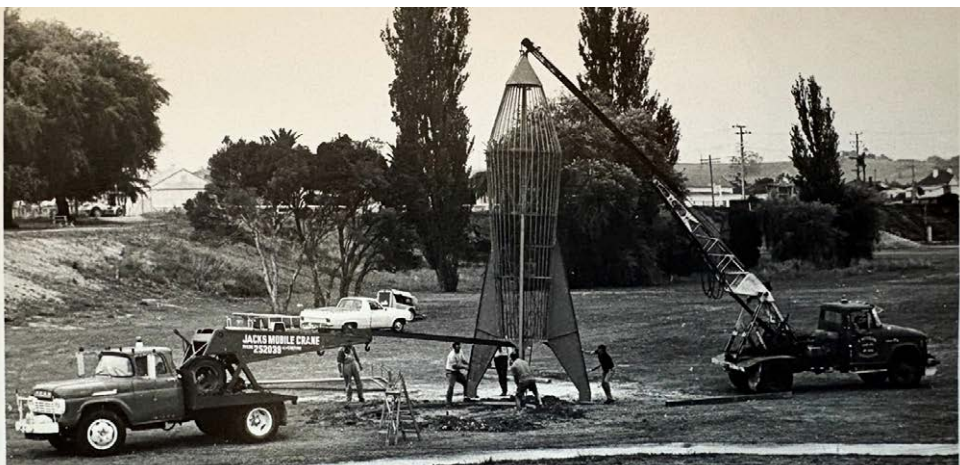
Construction of the Rocket and Spaceship area were Rotary Club contributions however the entire Anzac Park was a combined effort by both Clubs and the generosity of business community. To raise funds the Clubs held numerous cabarets.

Ken went on to describe how the entire Anzac Park area that we enjoy today, was formerly a complete tidal mud flat filled with scrubby bushes. In that time, Mason's Creek ran through Lovett Street finishing with a waterfall drop down to the mud flats. The water was re-directed and the Anzac Park steps were built where the waterfall once was. The selfless dedication of the people who built this, risked life and limb.

Ken recollects the efforts of local businessman, Ken Fielding, who carted truck loads of dirt by the hundreds to raise the bank. He recalls the harsh conditions and being bogged in the mud with a broken axel.

They were the times where the community torch shone very brightly.

Pictures - Ken Monson, Installation of the Rocket with Ken in his truck (right)



Beating the Winter Blues and Illness,

By Alec Azar, Priceline Pharmacy

Cold weather increases the risk of illness and death from coughs, lung and heart problems, falls, and poor mental health. In Australia, more deaths are related to moderate cold than to heat or extreme cold, therefore during periods of cold weather, make sure you and the people you care for stay warm, well and safe.

If you are aged 65 years or over, or if you have low mobility or a health condition, heat your home to at least 18 degrees Celsius. If you cannot heat all the rooms you use, heat the living spaces during the day and your bedroom just before you go to bed. Close windows, curtains and blinds at night to keep heat in. Seal any gaps that let in draughts, especially around doors and windows, and insulate walls and ceilings where you can.

It is important to look after your health during the colder months, as the lower temperatures can increase your risk of heart attack, stroke, flu, pneumonia, hypothermia and injuries from falls. So, over the winter, get your flu vaccine, try to stay warm, well and safe during the cold weather, as even moderately cold weather increases the risk of illness and death. Check on your older neighbours, friends and relatives during spells of colder weather, especially those living alone or with a health condition.

See your GP early for a check-up if you feel unwell, especially if you are older or have another medical condition. Layer your clothing both for indoors and out. Cotton, wool and fleecy fibres retain heat well. Wear well-fitting footwear with a good grip to prevent slips, especially when outside.

When indoors, get up and move around at least every hour or so. Make yourself a hot drink. If walking is difficult, do some foot and arm exercises in your chair. If it is difficult for you to go out, make sure you have a supply of the medication you need. Fit some exercise into your week – it is good for you year-round and great for keeping warm in winter. Have plenty of hot food and drinks and aim for two serves of fruit and five serves of vegetables per day. Tinned and frozen vegetables count too.

Make sure fireplaces and wood burning stoves and their chimneys and flues are serviced regularly to prevent accidental fires. Never bring portable appliances designed for outdoor use inside your home or caravan. This includes portable heaters, patio heaters, BBQs or LPG-powered lights.



Use safety guards around heaters and keep clothing, curtains or toys one metre away. Do not overload power boards by plugging too many appliances in. Don't leave heaters on overnight or for long periods if not needed. If you have central heating, set your timer (if you have one) to come on earlier and turn off later instead of turning up the thermostat. Use microwavable heat packs (adults) rather than hot water bottles to reduce the risk of scalds.

If you use an electric blanket, use it only as instructed. Do not leave it on for more than 30 minutes, and have it tested every three years. Never use a hot water bottle with an electric blanket.

To improve the energy efficiency of your home heating, make sure you close curtains at dusk to keep the heat in. If you have central heating, install a timer, and set it to come on just before you get up, and switch off after you have gone to bed. Close curtains at dusk to keep the heat in. Make sure heaters are not covered by furniture or curtains.

Draught proof your house, by sealing gaps and cracks, including those around windows and doors, skirting boards, and architraves, and exhaust fans. Insulate your walls and ceilings, and if your ceiling insulation has been there for a while, it might not be performing as well as it could. Check what type of insulation you have, and top it up if it less than 50mm thick.



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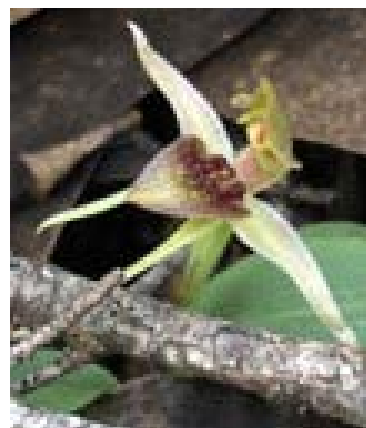
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Photos: Craig Broadfield: Chiloglottis Reflexa



Left C Grammata, and right C Comuta
Article to the right --->



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Native Orchids of the Dial Range

Text & Photos by Craig Broadfield

The Dial Range is a striking and rugged mountain landscape known for its natural beauty, ecological diversity and geological significance. It rises near the coast behind Penguin and stretches in-land, almost to the Leven Canyon. Its complex geology and variations in altitude creates a wide range of habitats which support a diverse range of botanical communities. These include heathlands, button grass moorlands, and both wet eucalypt and dry sclerophyll forests.

The Dial Range is very accessible with its network of both walking and mountain bike tracks. The wide range of habitats supports a rich variety of ground orchids most of which can be found growing alongside or even on the walking tracks. Many orchids are very small in size, and it can take a keen eye to spot them, however when you take a closer look at the flowers, you can see why they are such a special family of flowering plants.

There are species of orchids to be found flowering in every month of the year. Many are very specific with their flowering time, however there is one bird orchid, which can be found flowering at any time of the year, you just must have a keen eye to find it. Often with orchids, you will spot the leaves before you find a flower. The leaves of many orchids occur in pairs or rosettes growing almost flat on the forest floor, while others produce a single, almost grass-like leaf.

Although not a not a definitive list of the known orchid species that occur in the Dial Range this introduction may encourage your own search.

Orchid genera

Bird Orchids

Chiloglottis reflexa, *Chiloglottis cormuta*, *Chiloglottis grammata*, *Chiloglottis gunnii*, *Chiloglottis triceratops* & *Chiloglottis valida*.

Of these, *C. valida*, a late Spring-Summer flowering orchid is the most uncommon, a small population having been discovered in the Dial Range in 2017.

C. Reflexa is by far the most common of the bird orchids here and can be found flowering at any time of year. Bird orchids usually have two leaves. They can form large colonies and are often shy flowering.

See three colour images to the right of this paper.

Helmet Orchids

Corybas aconitiflorus, *Corybas frimbriatus*, *Corybas diemenicus* & *Corybas unguicularis*. All produce a single rounded to heart-shaped leaf and a single small reddish-burgundy and white flower, often no larger than a five cent. Helmet orchids are generally winter flowering but can extend into spring in elevated environments.



C. aconitiflorus



C. diemenicus



C. unguicularis



C. frimbriatus

C. aconitiflorus *C. diemenicus* *C. unguicularis* *C. frimbriatus*

BOOK REVIEW - In Hot Water - by Paul Hardisty

Reviewed by Rees Campbell

Paul Hardisty's *In Hot Water* could be described as a coral reef – hidden depths, beautiful words, harbouring many different species and solutions, but with some bleak sections. Paul's passion for his subject leaps off the pages.

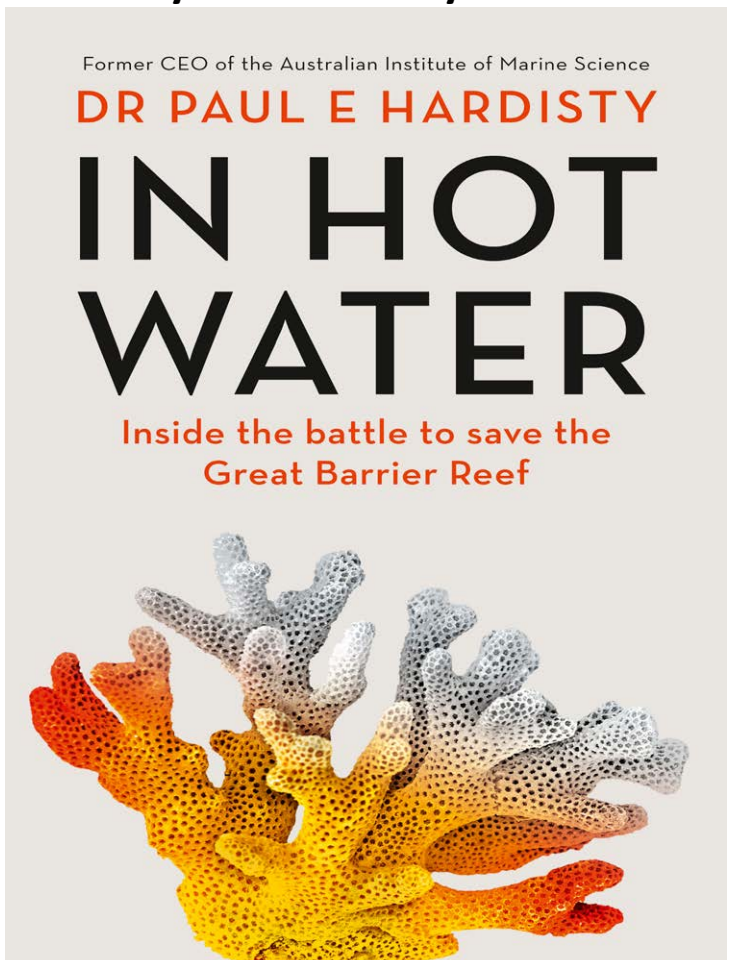
He doesn't mince words; he strongly, fiercely even, advocates for a change of personal and political will if we are to save the Great Barrier Reef for the future. Paul walks us through the history of the reef and the challenges it has faced historically to the present day where the 'each hit will lower the in-built resilience of the reef, to the point where some reefs will simply die and not recover'. He advocates for listening to the science and the scientists who have worked tirelessly.

He has an insider's perspective, being the CEO of the Australian Institute of Marine Science. We read of the work and the impact these people have made, and the increasing urgency and significance of their advice.

The book is not all doom and gloom. It opens by introducing the Great Barrier Reef as 'one of nature's most spectacular treasures'. *In Hot Water* speaks of the individual and organisational changes we still have time to make.

I highly recommend *In Hot Water*; along with Paul Hardisty's climate change fiction *The Forcing* and *The Descent*.

Rees Campbell, author - Eat MORE Wild Tasmanian.
Murnong Wild Food Garden, 19 George St. Wynyard.
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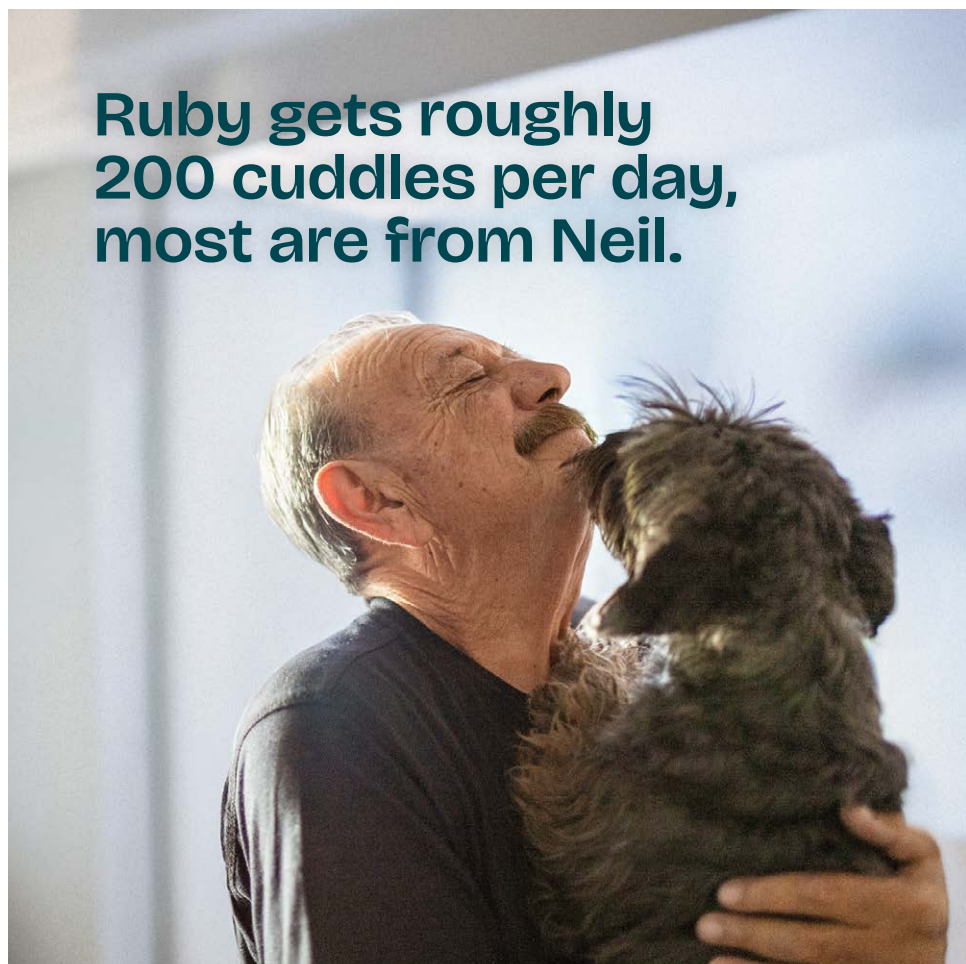
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Koekunyer, a relic tree named by Lyndon O'Neil, sits at 11.1m in circumference inviting visitors to - stand close, listen deeply, respect country., as we are not separate



Ruby gets roughly 200 cuddles per day, most are from Neil.

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Leven Canyon adjacent forest under threat

By Ashley, Protect Our North West Forests

Just 2km from the Leven Canyon lookout sits a remarkable forest where Tasmanian devils and spotted-tail quolls roam wild, where wedge-tailed eagles fly free, and where ancient trees hundreds of years old ascend to the sky.

This 547-hectare forest was meant to be added to the Leven Canyon Reserve and permanently protected. It wasn't. And now the government is set to greenlight its logging.

So how did we get here?

The year is 2012. Gunns is one of the largest companies in the southern hemisphere and has created an empire from woodchipping Tasmania's forests and exporting them to Asia for paper production.

A historic agreement was signed between environmental groups and the industry, ratified by the then Labour-Greens government, to reshape Tasmania's forestry industry.

Part of that agreement included moving 500,000 hectares of high conservation value land out of the hands of the industry and into a land classification that allowed for future permanent protection.

\$121 million was made available by the federal government to compensate the industry and protect and manage these forests.

Two years later, the newly elected Liberal government abandoned the agreement by reclassifying much of this high conservation value land as Future Potential Production Forest land, known as the "wood bank".

At the 2024 state election, the government pledged to increase native forest logging. Almost 40,000 hectares has been identified for immediate logging, including this forest bordering the Leven Canyon Reserve.



The forest is recognised by Central Coast Council for its scenic values and is a designated scenic protection area. Yet forestry is exempt from the local planning scheme, allowing industrial scale logging to proceed.

This forest is home to jaw dropping waterfalls and watercourses that feed into the Leven River and provide our drinking water. Ancient trees over 8m in circumference litter the landscape that is core and potential range for giant freshwater crayfish, swift parrots, masked owls, grey goshawks and a range of other threatened species.

The tree pictured, Koekunyer, is a relic of what once was and was named by Protect Our North West Forests Committee Member, Lyndon O'Neil. Meaning come "here / come close", Koekunyer comes from the old historical records of Tasmanian Aboriginal language and was recorded in the Middlesex area. Koekunyer rises above the surrounding forests, sits at 11.1m in circumference, and invites visitors to this place to stand close, listen deeply, respect Country, reminding us we are not separate.

What next?

252 hectares of this 547-hectare forest is slated for clearing. These coupes are expected to yield a mere 2,165 m3 of sawlogs, while a whopping 67,361 m3 of 'other products' (i.e. woodchips) are expected. That is just 3% - a shockingly low ratio.

For this land to be reclassified to allow logging, legislation must be passed by both houses of Parliament. We will do all we can to promote the protection of this forest with decision makers and we encourage the public to reach out to elected state representatives.

If you are a confident walker, you can also visit this forest. There is a 4.6km trail, beginning off Barrett's Road, Nietta, that takes you into this forest and past some of the giant trees that dominate the landscape.

Visit Protect Our North West Forests on Facebook to learn more



Ecofest role modelling zero waste goal

By Cassie Smith

This year's Ecofest made significant strides in tackling festival waste, successfully achieving a zero waste goal. The newly launched 'Waste Not Hub' educated patrons on managing waste, resulting in minimal landfill contributions. Local vendors and Camp Clayton Kitchen served approximately 1500 hot drinks and 2000 meals without generating waste.

Innovative practices included reusing large mayonnaise buckets for crockery storage & distribution and repurposing pizza boxes as weed barriers. The only landfill waste consisted of minor packaging and chocolate wrappers. This event showcased Ecofest's commitment to sustainability and community engagement.

Ecofest would like to thank the community for their support in making Ecofest a Zero Waste success!

The North West Environment Centre hope to make the Waste Not hub available for use at other local festivals.

Contact volunteer@ecofesttas.com.au



Above left: Daisy Goat

Above: Polly Goat

QR code for Ecofest Facebook page

Stretton impresses at National Cycling Championships

By Mikayla and Temperance, Grade 9, Penguin District School

On Wednesday the 19th of March, Mitchell and Dalton Stretton participated in the Australian junior track cycling national championships in Brisbane proudly representing Tasmania for 2025. Mitchell, a Grade 10 student at Penguin District School, age 15 was coached by his older brother, Dalton a teacher's assistant, and his mum Sally as team manager. Mitchell did not receive a place as he had a mechanical issue but due to the type of mechanical he did not get a restart.

Mitchell's career started nine years ago in Burnie just riding for fun; he competed in Tasmania Christmas carnivals to eventually compete at interstate events in Victoria and all over Australia. This was Mitchell's third time heading to the Australian junior track national championships, meanwhile Dalton has coached the Tasmanian state cycling team twice.

Dalton has been a huge influence on Mitchell's cycling so much so that growing up he wanted to follow in Dalton's footsteps knowing that he has participated in some cool events in his time racing. He mentioned that he has been 'insanely lucky' to have someone coaching him that he is quite close to. This sport is a big part of Mitchell's life



Mikayla and Temperance

and he loves having something to look forward to and the people he races with, and against.

Training was a big part of Mitchell's preparation, meaning he spent a lot of his time on the Burnie track and doing laps behind a motorbike to assist with his top speed. Full commitment was quite challenging for Mitchell as he has other hobbies and sports, but he put in as much time and effort as he could leading up to the championships.

Now as Dalton no longer competes, he has taken on the role of coaching. Fellow Penguin students have shown interest in Mitchell and Dalton's achievements. Some fifth and sixth graders see Mitchell as a role model, someone to look up to and someone that younger students want to be like.



Dalton and Mitchell

Muddy Puddles

By Riana PS Kinder class & teacher



It was a rainy Tuesday, and what better way to spend the afternoon than jumping in muddy puddles?! And that is exactly what the Kinder students of Riana Primary School did on May 6th 2025. They had an amazing

time exploring what happens when you jump in a puddle! Mrs Palmer, Kinder and Launch in Learning Co-ordinator loves to provide students with diverse experiences both in and out of her classroom. These activities promote positive relationships between peers and create long lasting memories. Kinder students were asked what was the best thing about jumping in muddy puddles and they had lots to say.

Ava and Charlie C both said, 'I liked getting messy!'

Charlie W shouted, "I love jumping in the puddles. It was soooo much fun cause it was muddy!"



After watching the video that Mrs Fielding, in the office, had prepared for social media, Daisy said she "I liked jumping in Peppa Pig puddles!" Jasper agreed that it was fun by saying, "I got very muddy!" with a smile on his face.

Olivia said she loved sitting down in the puddle and getting wet with her friends.

River was jumping up and down when he said, "I liked it cause I got to jump in big puddles!"

Sage enjoyed jumping with her friends in the puddles. Sienna agreed with Olivia and said, "It was so fun sitting in the puddles!"

Finally, Sylvia wrapped up everybody's thoughts for the day by saying, "It was fun to get messy!"



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Conquering the Cross-Country Course

By Elsie – St Brendan-Shaw

Her singular training has come down to this. Butterflies were clear as day in her stomach. Elsie Macgregor approached the start line in the pouring rain

“Take your marks, get set, GO!”

The race was off. Elsie went out hard, maybe too hard. Around the soccer goals, down to the fort, she was in second place. Elsie inevitably had to stay there.

Running along the bottom of the playground, her breath: short, her legs: numb. In front of the art room, across the road, into the junior playground, Elsie’s heart: pounding like a drum. Elsie attacked the stairs like the wall in her favourite swimming race. She jumped down onto the ground, and ran. Silence, her stomach was hurtling; but Elsie had to push through. Elsie darted through the top and lower car park. Bolting across the boardwalk, the end was there. Only five metres to go. But no one was in sight. The girl in front of her was still running.

“Oh no, I’ve got another lap to go,” she cried to herself. Elsie couldn’t do another lap, her body wouldn’t allow it. The roar of the crowd overruled her thoughts.

“GO ELSIE!” She had to do it. Same course, around the goals, down past the fort, into the junior playground.

She stopped abruptly, feeling sick, Elsie couldn’t do this anymore. She got overtaken, twice. Sprinting to get in front, it was impossible. Into the top car park, her stomach was churning. Elsie raced along the boardwalk, placing 4th.

Cross Country Challenge

By Mabel & Madi, St Brendan-Shaw, 7th May.

*It was gloomy and grey,
The children were waiting,
Then it started raining,
They marched to the start line,
They gave them the go sign,
The children were off as they ran past the goals,
They all went past, the rabbit-made holes,
Down the hill, up the stairs,
Through the field, down the ramp,
With one lap to go,
They started to slow,
Their legs were sore,
It had happened before,
Running again across the road,
The roar of the crowd overflowed,
No time to waste, no time to stop,
As some got closer, they started to hop,
Reaching the end filled with success,
As all finished, they clamoured “yes!”*

“There is no end to education. It is not that you read a book, pass an examination, and finish with education. The whole of life, from the moment you are born to the moment you die, is a process of learning.” — Jiddu Krishnamurti

INFORMATION

Are you passionate about social change?

By Leigh Gracie

Do you want to understand more deeply how your work in the community services industry connects to the big picture? Then

the TasCOSS Changemakers Program is for you! The new TasCOSS Changemakers Program is here to help you grow, connect, and drive real impact in Tasmania.

This program, which runs from May-October 2025, is designed for emerging leaders in the Tasmanian community services industry who want to deepen their understanding of the industry and enhance their ability to lead and drive effective social change.

Scholarships are available, including full scholarships for diverse women and CHSP-funded providers.

For more information or any enquiries regarding the program, please contact Danielle Conlan, Industry & Impact Officer, on (03) 6231 0755 or email Danielle, as soon as possible.

For more information, visit website via QR code



Ukelele for Beginners to Arm Chair Travel

By Alison McArd

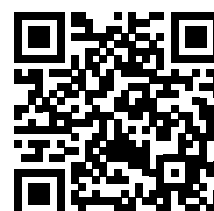
U3A's 1st semester has just finished & the 2nd semester will start at the beginning of August.

As always we have a very interesting programme coming your way. Would you like to be the life & soul of a party? What better way than to bring out your ukulele for a sing song – enrol in Ukulele for Beginners to get started on your entertaining career!! There will be a couple of serious sessions e.g. How to navigate the Aged Care System & Exploring the causes of Dementia. Travelling overseas will take us to Everest Base Camp & to Japan. Hear about the experiences of a nurse practitioner in the Gibson Desert or just sit back with some Armchair Travel to very interesting & remote places.

To find out more about these & other sessions, check out our website & Facebook page from about the middle of June.

You will be able to enrol by the end of June.

0457 411 585 u3acentralcoast@gmail.com



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Every Sunday 8am to 1pm

DEVONPORT FARMERS

Saturday 14th and 28th,
8.30am to 12.30pm

DEVONPORT TWILIGHT

6th June 4pm to 8pm

CHANGE MAKER MARKET

Sunday 15th June

10am to 2pm

Ulverstone Rowing club

BURNIE CITY

27th June 5pm to 10pm

Mid-Winter Mayhem

Marine Plaza

CLAUDE ROAD HALL

(Past Sheffield)

Sat 21st June 9am to 1pm

DEVONPORT MARKET BY THE BEACH

Visit @MarketByTheBeach

DON MARKET

Sundays from 9am to 2pm



Penguin Stitches - See page 20.



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EVENTS TO LOOK OUT FOR

Please send your activities to us by the 21st of the month

TUESDAY 3RD JUNE

HISTORIC HOME HILL IS PRESENTING A NIGHT OF MOON AND STAR-GAZING.

Join us for an unforgettable night where history meets the heavens. Limited spots available - for one night only - 5.30pm on the 3rd June. Adults \$10 Children \$5 77 Middle Road Devonport

FRIDAY 6TH JUNE

MUSIC AT THE WARF

Maloya Horizon play a mix of Maloya and Maloya Sega direct from the swirling currents of the Indian Ocean. 5PM

SATURDAY 7TH JUNE

LONGWAY TO THE TOP PLAYING

Divinyls, The Angels, and AC/DC

8pm The Pier, Ulverstone

FRIDAY 13TH AND SATURDAY 14TH JUNE

KNIT IN PUBLIC DAY!

It's free, open to the public, and no RSVP is needed. Just turn up with your craft and enjoy the company. 6-10 Kings Parade, Ulverstone

WEDNESDAY 18TH AND THURSDAY 19TH JUNE

VICTORIAN STATE BALLET

Performing the classical Beauty & the Beast

7:30 PM at Burnie Arts Centre

THURSDAY 19TH JUNE

COMMUNITY CONVERSATION SPRENT

Sprent Community Centre 10am

SUNDAY 22ND JUNE

BURNIE ARTS - ROSS WILSON & THE PEACENIKS

Now Listen we're steppin' out! 50 years of Hits Tours. 4pm

WEDNESDAY 25TH JUNE

AGED AND DISABILITY EXPO AUSTRALIA

9 AM - 3 PM Paranple Arts Centre

showcasing the best products, services, and support networks in the aged care and disability sectors

SATURDAY 28TH & SUNDAY 29TH

THE WARMTH WITHIN - SLIPSTREAM CIRCUS

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Sat 28th Jun at 6pm & Sun 29th at 2pm, bookings essential

THURSDAY 3RD JULY

PERFORMANCE-IMAGINE LIVE

Town Hall Theatre - Paranple Arts Centre

FRIDAY 11TH JULY

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