

THE COASTAL VOICE

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WHAT A FABULOUS WAY TO END 2025!

See inside for your chance to win

'Whispers in the Forest' artwork by Devone Jones or a 10-ride pass to the Ulverstone Waterslide!

Editorial

Happy New Year to our readers, contributors & advertisers!



By David Robinson

I'm writing this on the 14th of December while our family is visiting Sydney for the week. In the afternoon, we spent time by one of the city's many ocean pools, listening to Christmas carols drifting across the water. It felt peaceful and perfect. On the way home, we noticed multiple police cars and ambulances driving fast. Even for a busy city, it felt unusual. At the time, we had no idea where they were going or why.

Never would any of us have even remotely considered what happened as a possibility, certainly not like this. As Tasmanians, we read in the national papers about the occasional drug-related incident, but never something directed at a peaceful community event.

We all have a role to play in looking out for one another. If you notice a friend, neighbour, or work colleague showing sudden signs of deep anger toward a group of people, or becoming consumed by online content that promotes hatred or violence, it is important not to ignore it. Speaking up early, checking in, or encouraging support can make a real difference. If you believe someone may need help or support, contacting services such as Crime Stoppers can be an act of care, not punishment.

There are organised groups online, often operating from overseas, whose aim is to divide and disrupt peaceful communities like ours. By supporting one another, stepping in early, and staying connected, we can help break the connection these groups have and continue to live and thrive in peace.

Reflect on your achievements, not your to-do list

By Tracey Clark

As 2025 draws to a close, many of us find ourselves revisiting the goals we optimistically set back in January. It's so easy to look at the things we didn't do — the gym sessions that never happened, the habits that slipped, the projects we meant to start — and quietly label the year a failure. And as a working mum, that feeling can be especially sharp. The story in my head often sounds like, "I didn't do enough... and my kids paid the price."

But this week, I tried something different. I made a list of what I did achieve. Not the things I planned for, but the things I actually did: the work milestones, the community contributions, the personal growth, the parenting wins, the moments of resilience I didn't even notice at the time. And the truth surprised me: the list was enormous. Far bigger than anything I would have imagined back in January, and much, much more than anything I would have said if someone asked me casually, what did you do this year?

It made me realise something simple but important: What we set out to achieve and what we manage by year's end are often two very different things... and that doesn't make the year a failure. It just means the story took a different path, and sometimes the unexpected outcomes are the ones we should be proudest of.

As we move into 2026, I hope you can take a moment to acknowledge your own achievements — big and small. Because I bet you'll be surprised too.

Editorial correction:

Geoffrey Curtis is a regular contributor to TCV with articles about his passion for the environment, and also other social commentary. We are pleased that his role is expanding now to cover more events and issues, particularly in the Devonport area. In addition, Geoffrey helps with the physical distribution of papers to the Devonport, Port Sorell areas etc. In the last issue, his surname was incorrectly replaced by another's, and we apologise for this error.



HAPPY NEW YEAR

There would be no paper without this community and TCV are very grateful.

*"For last year's words belong to last year's language
And next year's words await another voice".*

T S Eliot

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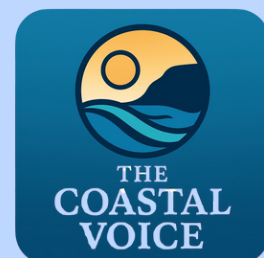
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another edition.

We acknowledge the
Palawa/Pakana peoples of
Lutruwita upon whose lands
we are on.



Coastal Characters

Meet Mim Zariffa – Local Artist Mentoring Others

By Amanda Cox

Animals (especially chickens), dance, drama, arts, family and a zest for fun was the beginning of Mim's story and can still be seen in her bright smile to this day. Mim warms a room and your heart in seconds. From NSW, Mim moved to Tasmania after visiting her brother who had relocated here years earlier. 'I just fell in love with the place', she says, and hoped her family would feel the same to create the ultimate sea change.

Prior to living in Tasmania, Mim's romance was the dreamy nurse meets Dr in a Defence Force hospital, who fall in love and have a fairy tale wedding. Today those pictures & memories are treasured dearly by her and her son. Mim's husband died tragically and suddenly, in the very early weeks of pregnancy. Although Mim and her son received a lot of support from family and Legacy Australia who support veteran's families, Mim was struggling with grief, single parenting, and the increasing awareness of her son's specific needs and an unknown future for them both.

It wasn't long after their move to Ulverstone that she activated an earlier interest in art and with curiosity and online tutorials, a personalised therapeutic journey began as her pencil art came to life.

Mim's passion for helping people lingered from her nursing days and led to her working in people care through mentoring and chaplaincy. A passion for encouraging children combined with her artistic skills, opened the door to working with close friends to illustrate a set of children's books, The Cookie Felt Sad series. 'One of my favourite ways to spend time is visiting students sharing the story behind the story and inspiring budding artists', she says.

Today, Mim volunteers for New Mornings at The Lounge Women's Group and is a volunteer in their student mentoring program. Her love of dancing has been re-sparked by a local line-dancing club, The Beach Boot Scooters.

A self-confessed local café frequent, means you may see her lingering over a long black and enjoying a deep authentic conversation. 'If you see me, she says, be sure to say hello'. Mim is currently working on a few new projects and takes commissions for her incredibly talented artwork.



Book Review: Cookie Felt Sad Book Series

By Wendy Radcliff, Penguin District School

The *Cookie Book* series, written by Amanda Cox, is a thought-provoking series of children's books that explore a range of feelings, suggesting how we can successfully negotiate our way through these when they feel Overwhelming. Through the likeable characters of Cookie, Lop, Ginger and Go-go, the emotions of sadness, worry, anger and nervousness are explored.

The stories come alive with detailed, pencil drawings by artist Mim Zariffa and digital art by Sarah Cox. The books provide a safe space for children to develop understandings of difficult concepts and to gain skills in how to manage challenging times. The books also celebrate how we all navigate the world in different ways and in our own way. This helps children to understand their uniqueness but also encourages students to see that there are lots of ways that we are the same as well.

An advertisement for Cheryle Lapthorne, a Virtual Helper. It features a circular profile picture of Cheryle, a list of services, and a 'TO-DO LIST' graphic. The services listed are: Diversity & Inclusion Speaker, Scheduling & Appointment Setting, Inbox Management, Body Doubling & Co Working, Leave, Project & Community Support, Trade, Logistics & Quote Admin, and Advocacy. The 'TO-DO LIST' includes: Organize client files, Review business expenses, Simplify processes, and Reflect on growth. The text says 'This year, let's do admin differently.' and provides the website cherylevirtualhelper.com.au.

An advertisement for Amanda Cox Mentoring. It features a circular profile picture of Amanda Cox, her name in a cursive font, and a list of services: Mentor & Coach, Author, Health & Wellness Retreats, and Educational Resources. It also includes contact information: Instagram (@amandacoxmentoring), Email (amandacoxmentoring@gmail.com), Website (amandacoxmentoring.com/shop-books), and Phone (0412 491 264). A small cartoon turtle logo is in the bottom right corner.

Meet Our Team

Introducing Our Layout Editor: Tracey Clark



Tracey Clark works at Central Coast Council, supporting projects that help shape the future of our region and strengthen the communities that call it home. Alongside this, she runs Dial Creative Designs, a small local business focused on communications, storytelling and digital engagement for community groups, events and small organisations.

In 2025, one of Tracey's proudest moments was working with the Penguin 150 Committee, where her contribution to digital strategy and storytelling helped the celebration

reach more than 1.1 million visitors through the Penguin 150 Facebook page — playing a small but meaningful part in what became a truly memorable community event.

Tracey is also President of the Zonta Club of Cradle Coast, where she advocates for gender equality and leads service projects that support women and families across the region. She holds a Bachelor of Arts (Professional Writing and Publishing) and a Master's degree in Digital Media, and has a strong belief in the power of words and connection to build community.

She lives in Ulverstone with her husband and two teenage daughters, and remains deeply passionate about local stories, creative collaboration and community-led success.

Cheryle Laphorne: Advertising & Sponsorship Coordinator



Cheryle Laphorne is proud to join The Coastal Voice as the Advertising and Sponsorship Coordinator, supporting a vital function that contributes to the continued growth and longevity of this valued community publication. She is honoured to assist businesses, organisations, and community events in promoting their work and strengthening their reach across the North-West Coast.

Alongside her work with the paper, Cheryle operates Cheryle Virtual Helper, a professional virtual administration service providing high-quality support and solution based services to disability, trade, logistics, freelance industries throughout Australia.

Cheryle is deeply committed to community inclusion for everyone. She volunteers in disability advocacy and consulting, and contributes her time locally to Cycling Without Age Central Coast, promoting mobility, connection, and equitable access for all community members.

With a strong commitment to local storytelling and meaningful community engagement, Cheryle works to build reliable partnerships that help ensure The Coastal Voice continues to inform, connect, and celebrate its readers and their stories.



SUMMER FUN!



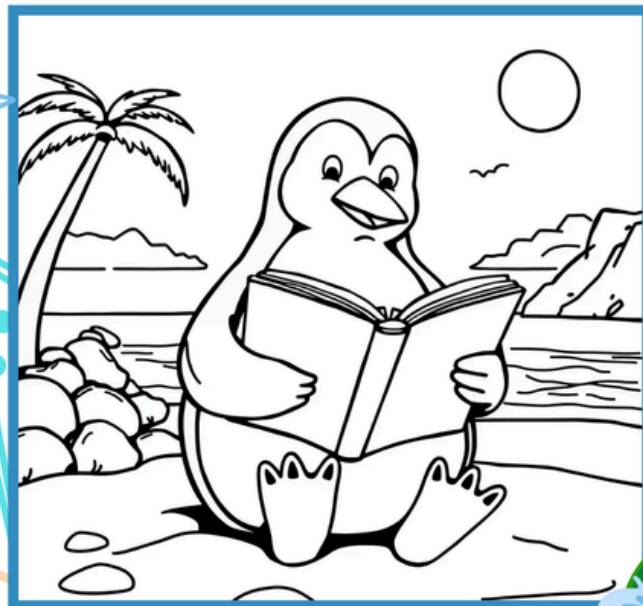
Send in your completed entries for your chance to win a summer fun prize pack

Sponsored by Amanda Cox Mentoring & Ulverstone Water Slide

Email your finished copy to editor@thecoastalvoice.au by 16/01/26

- FIND AND CIRCLE THE BONUS WORD FOR YOUR CHANCE TO WIN.
- SUNSHINE • SHIP • THONGS • SURF
- BEACH • POOL • OCEAN • SUNSCREEN
- VACATION • SANDCASTLE • PICNIC • FIREWORKS
- SWIMSUIT • SUNGLASSES • LEMONADE • BARBECUE

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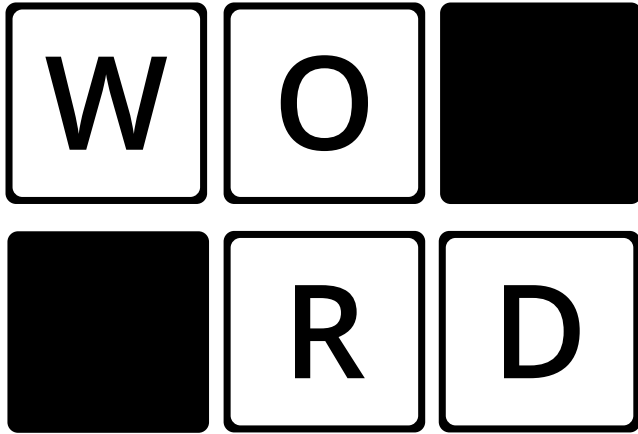
Parent Name:

Phone Number:

T/C - Open to entrants up to 15 years old, entries will be accepted when one or both activities are completed. Prize pack to be awarded by TVC judges choice.

By submitting an entry you agree for it to be used in TVC sponsorship marketing.

Puzzles



Solve the Crozzle to be in the draw for:

'Whispers in the Forest' artwork
by Devone Jones

December Crozzle Solution
LOVE CHRISTMAS

Winner
Debbie Dunn
won a Family Pass from Hive!

How to enter: Email or message your name and phone number along with the Crozzle answer before the 21st of January to editor@thecoastalvoice.au. The winner's name will be published in the February issue.

Y T E K C A J A U N D I C E
R R E R E I N I D R A J S A
E H A N O S E L F F A J R C
P N S U A T E Y P O L A J I
S O T R N J I N A R U A B N
A S H U A A A N A G R M T O
J A A T D M J M A V A W E P
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S O O R A K C A J A N G L E

Jabbed	Jackeys	Jalopy	Janitor	Jars	Jaunt
Jabiru	Marsh	Jamaica	January	Jarvey	Japanese
Jabs	Jacks	Jamb	Japanese	Jasmine	Javelin
Jacaranda	Jacobite	Jamborees	Japonica	Jason	Jaw
Jacinth	Jaded	James	Jardiniere	Jasper	Jay
Jackaroos	Jaffles	Janet	Jargon	Jatz	Jazz
Jacket	Jaguar	Jailer	Jarra	Jaundice	



HIDDEN PICTURE

Find the HIDDEN picture somewhere in the paper to be in this month's draw to win:

A 10 ride pass for the Ulverstone Waterslide!



December Winner:
Beth Tobin
won a 10-ride pass to the Ulverstone Waterslide

How to enter: Email or message your name and phone number along with the page number before the 21st of January to editor@thecoastalvoice.au. The winner's name will be published in February issue.



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Gravel Driveways
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BONUS PUZZLE! CREATE WORDS

F O R
E T S
I N G

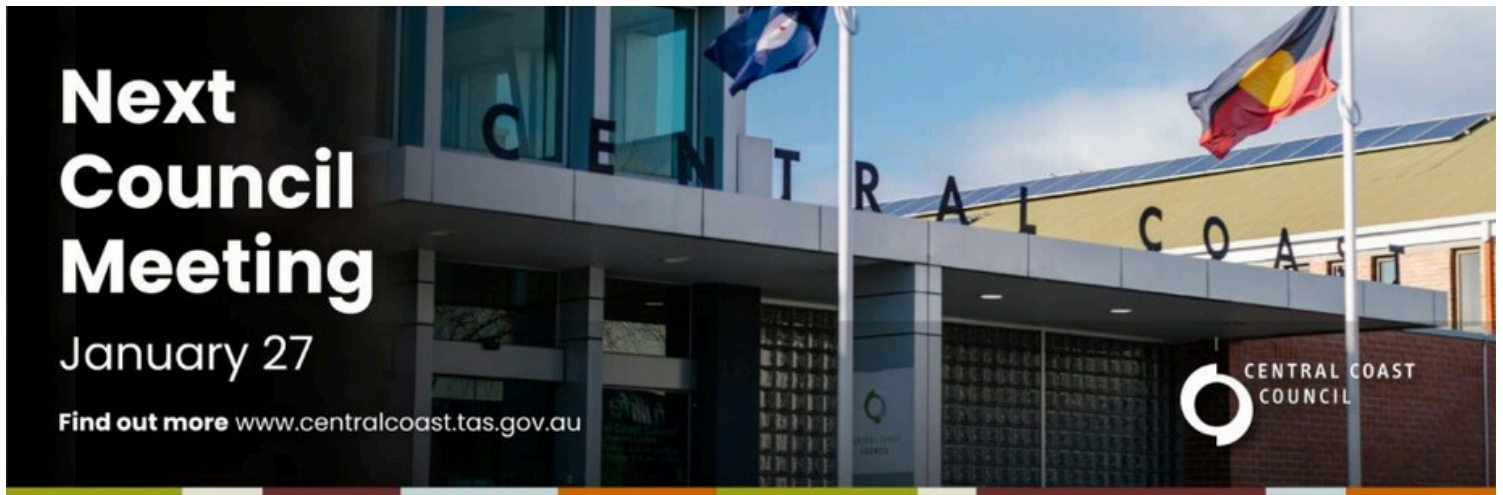
Find one Nine Letter Word PLUS words of four letters or more. Each word must include the Central Letter.

20+ Good 30+ Great 40+ Genius

Next Council Meeting

January 27

Find out more www.centralcoast.tas.gov.au



Mayor's Message

By Mayor Cheryl Fuller

This year on 26 January we will welcome new Australian citizens. These folks and their families come from all around the world, and it is remarkable how seamlessly cultural traditions from across the globe have become part of everyday life here in our community.

In recent years Council installed an additional flagpole in Civic Park, between the Council Offices and the Library on King Edward Street, Ulverstone. Through the simple gesture of raising a flag we can acknowledge the many nationalities and groups who contribute to the richness of our municipality.

Several major projects have been in their building phase over the past six months, and I am looking forward to some ribbon cutting in the first half of 2026. This includes the long-awaited shared space for the Historical Machinery Club and the Ulverstone Miniature Railway at Maskells Road, and the upgrade of the Ulverstone Soccer Club change rooms.

Over summer we will also see plenty of caravanners, cyclists and visitors enjoying our beautiful part of the world. Please make them feel welcome.

My message for the remaining summer months is simple: stay cool, keep an eye on your neighbours, and make sure you have a Fire Plan for you and your home, no matter its type or location. More helpful information can be found at the Tasmania Fire Service website.

Our thanks go to our volunteer and career firefighters who are keeping watch over us during summer. Until next time,

Mayor Cheryl Fuller

CCC Leading the Way for Planning Excellence Across Tassie!

The Central Coast Council achieved significant recognition at the Tasmanian Awards for Planning Excellence held at the Moonah Arts Centre recently, claiming three out of six possible categories.

The Council won the Improving Planning Processes category for several initiatives aimed at breaking down barriers to engagement. These reforms included implementing a dedicated booking system for planners, hosting a sold-out "Planning for Non-Planners" community forum, and introducing a Pre-Determination Mediation Policy to provide alternatives to conflict and appeals. Structural changes, such as the creation of a Development Support team, also helped align planning with the Council's economic development goals.

The Council's comprehensive housing strategy, Our Homes – Our Future, secured two additional awards: the Strategic Planning Project category and the People's Choice Award (tied with City of Launceston). The strategy is one of Tasmania's largest of its kind, involving extensive community engagement to identify and plan for the region's housing needs over the next twenty years. The Council is now drafting Specific Area Plans based on this work to encourage greater housing diversity.

Mayor Cheryl Fuller stated the achievements demonstrated a values-led approach and a "One Team" culture built on listening to the community. Director Strategic Growth Daryl Connelly added that the recognition confirms the Council is delivering exceptional planning outcomes that rival those of large metropolitan councils, giving the community confidence in their future development.



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From Dream to Obsession: Our Family Garden

By Kay Crowden

The dream of our garden at Kaydale Lodge first began when my husband, Robert, and I started planting trees in 1970. For years, we dreamed of building a new house and business, and of raising a family surrounded by a lovely garden. We began planting in earnest after we opened our B&B and tea rooms in 1979.

We concentrated on a simple menu and developed a kitchen garden. We enjoyed doing stonework as it gives structure to the Garden. Our daughters, Amarlie and Lesley, have grown up helping us; they have always known that they are a valued part of the team.

With their help, the garden has become a family obsession. Since they took over the stonework, they have built stone walls and paths, and this spring, they built a stone moon gate at the entrance to the Woodland Garden.

We have some favourite features in the garden, one of them being the Wisteria Pavilion with 12 white Wisteria.

It is surrounded by peonies— both of these flower at the same time in early December. Maples are another favourite; in April, they put on a kaleidoscope of autumn colour.

Having four people with different interests involved in the design of the Garden has actually been good for its evolution. Amarlie and Lesley have now taken over the management of the business. Luckily, they grew up with the same passion and dedication to the garden that Robert and I had. I am very happy to pass on the care of the Garden to such capable, loving hands.



Visit their delightful gardens soon and enjoy lunch or morning tea there too.

Pilgrim of Paradise – TCV Welcomes Rev Dr Liena Hoffman!

By Jenny Rowden



“Pilgrim of Paradise” is what Liena Hoffman, the new minister of the Cradle Coast Uniting Church Cluster calls herself. Born and educated in Zimbabwe, Liena’s first paradise was on a pig and cattle family-farm where Liena was formed by remote rural community life and amazing nature.

Liena completed her tertiary education in another paradise - a wee bit south - at Stellenbosch University located in the majestic and enchanting Western Cape,

South Africa, before returning to her beloved Zimbabwe to work as a lawyer in commerce. A decade later Liena returned to Stellenbosch to complete a degree in theology and become ordained in her home-church in Chivhu in 1999.

After her family lost their property early 2000s consequent to the land distribution program Liena’s family became

scattered across continents and Liena returned to the healing beauty of Stellenbosch and the Cape.

At the end of 2019 Liena arrived on the shores of Australia (with two suitcases) en route to a paradise then unseen and unheard of - Hippy Hinterland, above the Sunshine Coast - and served as the minister for the Uniting Church in Maleny and surrounds amongst a generous community.

And now, Liena finds herself a wee bit south again, along the Cradle Coast and living in Penguin, which she describes as “Maleny by the sea”. Unarguably the most stunning and gracious paradise closest to Antarctica, and feels she has returned to her roots - a warm rural community!

Looking back over her incredulous pilgrimage Liena is reminded of what is considered the oldest creed in the Bible: “ my father was a wandering Aramean...” and she now brings her basket of thanksgiving to God, and also to the generous and gracious communities along the Cradle Coast that have and continue to spontaneously welcome her and hers so warmly and friendly. Paradise indeed!

Home Hill Annual Garden Fete!

The Rotary Club of Devonport North held a highly successful annual garden fete recently at the National Trust Home Hill, running from 9 am to 2 pm. Attendees enjoyed a bigger and better event this year, featuring an increased number of stallholders, an abundance of delicious food and drink, live music throughout the day, and the beloved Sea FM Pet Parade. It was a perfect opportunity for the community to wander the gardens and enjoy a splendid day out, enhanced by the terrific weather.

A great lineup of local performers, included: Wayne Cox, City of Devonport Brass Band, Right on Cue Choir, Leonie Alexandra String Quartet, Josefa (Fijian singers).

The historic property is the former family residence of Joseph Lyons, Australia’s 10th Prime Minister, and his wife, Dame Enid Lyons, the first woman elected to the Federal House of Representatives. The home was once a lively place, bustling with their 11 surviving children! Visitors were able to appreciate the beautifully preserved home, which still houses the original collection of furnishings and personal mementos. It is located at 77 Middle Road, Devonport.

Special thanks to The Devonport Rotary Club and all the stallholders, performers, volunteers, and the community for making the 2025 Garden Fete a wonderful success!

Photo credit: Leanne J Cowen



Open Doors Awards Celebrate Business Initiatives

By **Cheryle Laphorne**

Building an inclusive community means recognising diversity and responding with care, flexibility, and thoughtful design. Across the Central Coast, local businesses are contributing to a more accessible and welcoming environment for people of all abilities, ages, cultures, and life experiences.

Central Coast Council's inaugural Open Doors Award celebrates businesses that actively remove barriers and embed inclusion into everyday practice.

This year's winner, Complete Care Pharmacy Penguin, was recognised for initiatives such as the new drive-through service and quiet sensory hours, supporting customers who benefit from flexible access.

New Mornings, awarded second place, was acknowledged for its inclusive community wellbeing programs, including grief support services that provide safe, compassionate spaces for people navigating loss and life transition.

DK Hair & Beauty received third place for its welcoming, people centred approach and accessibility access.

Special commendations were awarded to Woodhouse Powder Coating and Flashings for thoughtfully designing accessible solutions for local businesses, and to Ulverstone Bicycles for its inclusive range, adaptive options, and supportive service. Additional recognition was given to ThiccBoi Collectables, NRG Hair & Skin, and A Bark Above Dog Training and Behaviour for their positive contributions to accessibility within their services.

Accessible and inclusive spaces strengthen community connection, belonging, and wellbeing. Together, these businesses demonstrate how inclusion and accessibility help create stronger, more connected communities.



Tasmanian Disability Inclusion Plan – Have Your Say!

Consultation has opened on Tasmania's first Disability Inclusion Plan. The Plan is a key part of the Disability Rights, Inclusion and Safeguarding Act 2024. The voices and ideas from people with disability, the disability sector, carers, families and the broader Tasmanian community matter.

A discussion paper titled Towards a Tasmanian Disability Inclusion Plan, provides background information and asks questions to spark ideas such as: What does true inclusion look like to you? and what changes would help make your community more inclusive and accessible?

A survey and submissions, both written and creative, are now open. There will also be opportunities to participate in face to face and online events between now and February 2026. By being part of this consultation you will help shape a strong plan for an inclusive future for all Tasmanians with disability.

To learn more about consultation activities go to the Department of Premier and Cabinet website www.dpac.tas.gov.au/disability-inclusion-plan For more information contact – disability@dpac.tas.gov.au or phone 1800 431 211.

CANVA FOR COMMUNITY GROUPS

LEARN HOW TO CREATE A BRAND GUIDE, USE TEMPLATES AND SCHEDULE SOCIAL MEDIA POSTS WITH EASE IN THIS HANDS ON 3HR WORKSHOP

Over 3 hours, you'll learn how to build a brand kit, customise templates, create eye-catching posts, and use Canva's Planner to schedule your content in advance. Follow along as I guide you through each tool on the big screen, with plenty of time for questions and hands-on practice.

By the end, you'll walk away with:

- A better understanding of how to stay consistent and on-brand
- A personalised brand kit for your organisation
- Three to four ready-to-use social media posts
- Confidence to keep creating content independently

This session is designed to be practical, supportive, and beginner-friendly – perfect for anyone who manages social media as part of a volunteer or part-time role.

\$45 INCLUDES LUNCH!

21 FEBRUARY 11-2PM
MONTGOMERY ROOM, WOOLIES CARPARK, ULVERSTONE

<https://events.humanitix.com/canva-for-community-groups>



Thankyou to everyone who enjoyed a ride in 2025

Summer Program returns 15/01/26

Gnomon Pavillon Ulv
Tues & Thurs 10:30am

cycling without age - central coast tas



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Devonport Community Garden

By **Geoffrey Curtis**

Mary, Mary, how contrary, how does your garden grow? goes the old nursery rhyme. And gardens do grow, as we all know, and none better than 'Devonport's Community Garden', flourishing for over 20 years. With Summer upon us, the vegetables and flowers are beginning to bloom, all thanks to the volunteers who make sure the pathways, garden plots, hedges, equipment, and lawns are in good shape.

Head gardener, Geoffrey Miller, says the garden is a hidden asset – a beautiful and welcoming space for all to see and experience. Our volunteers, he continued, are a friendly bunch, enjoying the care and support for one another.



Mike Bagshaw has been coming to the garden from its inception. A patch of scratchy land that over the years has transformed into what it is today, he says.

Mike enjoys propagating seedlings that eventually find their way into the various planting beds. And it is these plots that help provide food for those who are in need locally. Much depends on the growing season for each plant. Harvest time, there are potatoes, leeks, lettuce, broccoli, onions, raspberries and black currants to name just a few.

Newly appointed manager, Kim Ticket, says she is proud of the thriving garden, a true reflection of local spirit, and a big thank you to the hard-working, dedicated volunteers. The garden offers a host of tips and ideas for the horticulturalist. So, keep an eye on upcoming events postings on TCV.

If you would like to visit the garden or speak to any of the volunteers, or seek garden advice, please visit on Mondays or Thursdays 9-12 noon. Phone 03 6424 7060.

And finally, don't forget to take a peep into the 'fairy garden', you never know what you might find.

Photo credit: Leanne J Cowen

Embracing Culture and Coast: A Community Beach Walk with Lyndon O'Neil

By **Jenny Rowden**

The Penguin Makeover Community initiated and hosted recently a deeply insightful beach walk, offering residents a unique opportunity to connect with the rich Aboriginal culture and its profound ties to the Penguin coastline. President, Jim Cavaye, welcomed everyone and introduced us to our special guide for this walk.

Lyndon O'Neil, a respected knowledge holder, generously shared his perspectives and heritage. Questions were invited and conversational discussion flowed, naturally and informally. Lyndon is a proud Tasmanian Aboriginal person, a Trawlwoolway and Pairabeene man, a direct descendant of Mannalargenna through the line of Woretemoeteyenner, and of his Grandfather, William'Rex' Kennedy

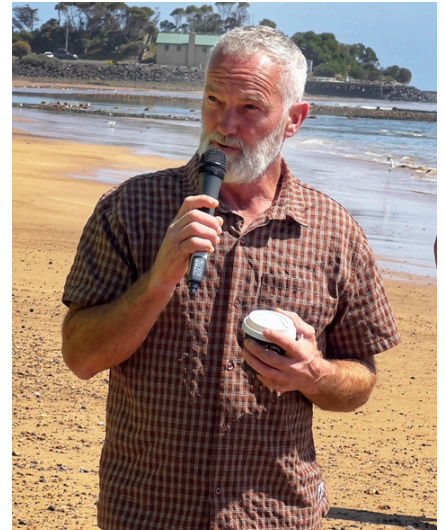
Mr O'Neil, who identifies with both his Aboriginal and Irish heritage, emphasised that this connection is not solely about history. "It's about life now and into the future," he stated, stressing the living relevance of Aboriginal culture.

Mr. O'Neil shared some of his own family history, noting his Dalrymple lineage and how his grandfather met his wife, Lillian Purton from Purton's flats, underscoring the long-standing connections families have with this landscape.

Mr. O'Neil described the region as "good country that provides for living," defined by the natural features that sustained life: the sea, mountains, creeks, and rivers. He encouraged attendees to embrace a deep sensory connection to the environment: to listen to the ocean, enjoy the cool breeze, think about the coastline, imagine travelling it, and pause for conversations along the way.

The discussion naturally turned to the plentiful resources of the sea. Topics included: fish traps, edible seaweed, abalone, black fish, lobster and squid and the need to protect their species.

inevitable landscape changes have altered ancient sites considerably yet hints of them remain. The morning concluded with a sausage sizzle generously provided by the Penguin Makeover Committee.



By **Jill Ball**

Crowds settled in bringing seats and picnic rugs to stake out areas of grass in front of the Sound Shell stage. In a roped off area the children waited expectant of Santa's arrival, and on schedule he dropped in by helicopter to a crowded landing. He was attended by brightly clad helpers, including Luke and Ben, from the Leven District Scout Rover unit. They wore their distinctive yellow with the neckerchief of their unit.

The services were well represented as SES and Furies hosted stalls and members dressed in working gear with breathing apparatus highlighting the need for volunteers and for emergency/rescue awareness in the Tasmanian summer.

Borys Zagrocki from Extreme Bicycle Stunts at St Helen's demonstrated his skill on a mountain bicycle jumping from ground level to platforms and the roof of his van. He was watched by a large crowd of eager boys and girls who clapped and cheered each manoeuvre.

Christmas Carols in Ulverstone

The Council were thrilled to have beloved children's entertainer and Golden Guitar winner Colin Buchanan joining the celebrations to headline this year's Apex Club of Ulverstone Christmas Parade and Carols. "You might recognise Colin from his time on Play School, his children's music, his chart-topping collaboration with Lee Kernaghan on the platinum-selling Spirit of the ANZACS, or the classic song Aussie Jingle Bells, now celebrating 35 years! Old or young, we are all going to be able to sing along with Colin".

Colin entertained the huge audience and ended with a mosh pit throwing coloured balls and rolls of toilet paper into the crowd. Entertainment continued with carol singers joined by the Ulverstone Municipal Band, Ulverstone Repertory Theatre Society, combined Churches Choir and parade participants in national dress from many countries. As the light faded, it was time for the fireworks!

Community

'Wanna Mahj?' Beginner Mah Jong Classes Start in Ulverstone!

Get ready to challenge your mind and enjoy the social experience! Held at the West Ulverstone Neighbourhood House (but an independently run group), the beginner Mah Jong classes will start this February.

This four-week introductory course is perfect for anyone interested in learning the globally popular game. Classes will be held on Friday mornings from 10:00 AM to 12:00 PM starting on February 6th.

Participants will learn to play the Western Open Hand system—a game that is easy to pick up but offers challenging depth to master. A couple of experienced players will be on hand to provide personalized instruction. All necessary equipment is provided, and students will also receive notes to aid their learning.

Morning tea is included and while the instruction is offered free of charge, a gold coin donation is welcomed.

Mah Jong is not just a game; it's a wonderful way to connect with others. Don't miss this opportunity to learn a great social game and join the millions who play worldwide.

Mahjong means "Sparrow" because the tiles sound like chattering sparrows.

For more information or to register your expression of interest, please contact Tony at 0458 888 339.

Central Coast U3A update

By Alison McArd



"For the mind does not require filling like a bottle, but rather, like wood, it only requires kindling to create in it an impulse to think independently and an ardent desire for the truth". Plutarch

Check out our webpage in the middle of January to view our 2026 programme & be amazed at what's on offer. <https://tascentralcoast.u3anet.org.au>

You'll also be able to fill out the membership form & pay your \$40.00, for the year, online. For those of you who prefer to pay membership & enrol in courses in a face-to-face environment, this will be available at Apex House on Thursday 19th February from 1.30 to 2.30 pm.

In the 1st semester we will be running a weekly exercise session to get our creaky joints more mobile, some Trivia sessions & Cryptic Crosswords to get the brain into action & Short Story Writing to further the imagination.

Outdoor excursions will include a visit to Home Hill & the Maritime Museum. If you are not already on our mailing list & would like to be, please get in contact with us so that we can send you our monthly newsletter.

Checkout our Facebook page to keep up to date with all our news. For fun, friendship & mental stimulation we have lots to offer. If you would like further information: Phone 0457 411 585 for a chat or email us at u3acentralcoast@gmail.com.

Devonport Walks the Talk against Family Violence

As part of the United Nations 16 Days of Activism which began on November 25th, the Devonport Walk the Talk was held on Sunday November 30th. The Devonport Soroptimists started Walk the Talk in 2011 as part of a focus on Domestic Violence Prevention by Soroptimist International. We continue to raise awareness and stress the importance of community education.

We are appreciative of Piper Bjorn Worpel who again led 80 plus people from the Cenotaph to Devonport Senior Citizens' Club where we listened to 2 interesting guest speakers.

Marzi is a Community Outreach Worker with Engender Equality and spoke about the 4 main drivers of gender violence and told part of her family story as a female growing up in Iran. Next, Verity, a Financial Literacy Officer from Women's Legal Service Tasmania made us aware of different forms of financial abuse and their education program in some schools.

Tables were set up where members of the public could access available information and have conversations should they wish to. Warrabee Women's Shelter benefitted from donations for the hot drinks and sausage sizzle provided.

Extensive advertising was done on Facebook and posters displayed. A vacant shop in the Hub Arcade Devonport was also decorated for the 16 Days of Activism.

Soroptimist International Devonport sincerely thanks the partners who supported us – Zonta International Devonport, Mersey Devonport Lions who provided the sausage sizzle, Engender Equality, Devonport Senior Citizens' Club, Women's Legal Service Tasmania, 7AD, ABC Radio, SES Mersey Unit who ensured a safe road crossing, Devonport Community House, Elders Real Estate, Devonport Mayor Alison Jarman as our MC.



The Governor of Tasmania Visits NW Community Groups

Her Excellency the Honourable Barbara Baker AC and Emeritus Professor Don Chalmers AO enjoyed travelling to all corners of our State, visiting community groups and local businesses and meeting Tasmanians of all ages. Following her attendance at Penguin's 150th birthday street party in October, she was delighted to once again be hosted by the Central Coast Council as she returned to the North West in November.

The Governor enjoyed afternoon tea with members of the Penguin 150 organising committee and planted a tree to

commemorate the town's sesquicentenary. She also visited local businesses, firstly meeting pharmacist Joe O'Malley and viewing renovations at his Complete Care Pharmacy in Penguin which now includes a drive through prescription service.

The Governor then finished her day at Darren Fielding's farm at South Riana, where she viewed the robotic dairy which milks more than 300 Friesian cows to supply milk to chocolate maker Cadbury."

Community

Celebrating Eight Years of Leadership: Hon. Sid Sidebottom Departs CCA

After eight years of dedicated service, the Cradle Coast Authority (CCA) is acknowledging and celebrating the significant contributions of its outgoing Board Chair, the Hon. Sid Sidebottom, who is stepping down from the role. The Cradle Coast Authority (CCA) is a regional organisation that unites the nine councils of North-West and Western Tasmania to drive strategic collaboration, economic development, and Natural Resource Management for the region's collective prosperity and sustainable future.

Appointed Chair in 2017, Mr. Sidebottom has been a committed advocate for the Cradle Coast region for decades, leveraging his experience across local government, federal parliament, and community organisations. Throughout his tenure, he consistently advocated for regional priorities through multiple state and federal elections, ensuring the region's needs and opportunities were clearly represented to decision-makers.

Mr. Sidebottom's steady and collaborative leadership was crucial in guiding the CCA through a period of substantial change and strategic refocus. He navigated key organisational transitions, including the departure of Tourism from the CCA and a four-year period when Burnie City Council was not a member. Despite these challenges, he worked tirelessly to keep member councils engaged in regional conversations and maintained the organisation's focus on long-term regional outcomes.

One of his most recognised achievements is his leadership in advancing the Northwest Shared Coastal Pathway. This project

stands as a prime example of successful regional collaboration, showcasing his commitment to improving liveability, connection, and regional identity.

CCA CEO Phil Reid thanked Mr. Sidebottom, calling him "a legend of the Coast." Mr. Reid praised his wisdom, sense of public service, and ability to navigate complex issues and champion collaboration, stating this has "strengthened CCA and the region more broadly." His leadership leaves a lasting legacy that will continue to benefit the communities for generations.



By **Nettie Hulme**

Sustainability Newsletter Initiative

Sustainability is a way of life that satisfies current needs without sacrificing future well-being, that inspires us as individuals, grounds us in community, and helps us redefine prosperity. An independent, free, volunteer run monthly online newsletter sharing sustainable living news & events in North West Tasmania is being developed. Its aim is to provide information, resources and opportunities to assist people living in the North West of Tasmania to live an ecologically sustainable life into the future.

Content will focus on events, products & news that are compatible with the following definition: Sustainable Lifestyles are considered as ways of living, social behaviours and choices, that minimise environmental degradation (use of natural resources, CO2 emissions, waste and pollution) while supporting equitable socio-economic development and better quality of life for all. (UN Environment Programme)

Content Contributors will include, but not limited to: North West Environment Centre/Ecofest, the RESEED Centre, Live Well Tasmania, UTAS Sustainability Group, CWA Online Sustainability Branch, Smithton Sustainability Hub, Devonport Repair Café.

Content will include regular items such as:

1. Organisations' updates, as listed above
2. Relevant sustainability events in our region and online
3. Local environmental/Regeneration/Sustainability Campaigns
4. 'Food for Thought' relevant sites/podcasts/videos

Editorial, layout & distribution: Steve Chater & Nettie Hulme
Email any queries or suggestions for content to:
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SUSTAINABILITY

Nurture Today,
Flourish Tomorrow.

Whispers in the Forest', gifted to TCV, by Devone Jones



'Whispers in the Forest' artwork, measuring 520 x 850, is a special prize in this month's Crozzle Competition! Local artist, Devone Jones is gifting a vibrant alcohol ink creation and FREE Art Lesson.

Based at Hive, in Studio 2, under the umbrella of Leven Regional Arts, Devone has been sharing her passion and skills for about 7 years, but has been painting forever in different mediums. She currently runs a friendly

art group every Tuesday from 10:30 am to 12:30 pm. This group is an inspiring hub for those keen to experiment with alcohol inks, a medium known for producing bright, flowing, and uniquely colourful pieces. "If you love colours, then you'll love this," Devone says.

The vibrant effects of the medium are matched only by the enthusiasm of the group members. They speak passionately about the experience. Tanya says, "it's like watercolours on steroids—a spiritual experience at times." Netti highlights

the process, "it helps you to work intuitively!" Kristin appreciates the "free flowing expression." Tony enjoys doing something new – 'art was something we didn't do at school'.

Beyond the technical and creative exploration, the group members unanimously agree that the art group has fostered a strong social bond. They describe the atmosphere as diverse, welcoming, friendly, and inclusive—a place that is good for a laugh and excellent for mental health. The best part? You don't need to be able to draw!

Alcohol inks celebrate spontaneity and colour, making it accessible to absolutely everyone. The original artwork 'Whispers in the Forest' and a FREE art lesson with Devone—could be yours! Simply solve the Crozzle in this issue and follow the instructions to enter. Don't miss this opportunity to own a piece of unique local art and explore a fantastic new creative outlet with an experienced, encouraging tutor.

Classes are running through January and you are welcome to drop by and have a chat and see work in progress. Contact Devone on #0402 794 444 or email dev.jones58@gmail.com

Book Review: A Loo of One's Own by Eleri Harris

By Ann Teesdale

Written and illustrated by award-winning cartoonist Eleri Harris, *A Loo of One's Own* is a clever, child-friendly (and adult-approved!) 'mostly true' story that brings Australian political history to life with warmth, humour, and heart. Through lively illustrations and accessible storytelling, Eleri relates the story of the first two women elected to Federal Parliament, who quickly discovered a very telling problem — there was no female toilet in Parliament House.

What follows is a witty and empowering tale of problem-solving, persistence, and making space where none existed. Beneath the humour is a gentle and reassuring message: sometimes you might be the first person who looks like you to walk into a new place. Whether it's starting a new school, joining a new group, or trying something unfamiliar, this

story reminds young readers that feeling out of place is okay — and that change often starts with bravery, creativity, and a little determination.

The story resonates strongly at Home Hill, Devonport, the former home of one of those pioneering women, Dame Enid Lyons — whose legacy continues to inspire conversations about equality, representation, and belonging. Smart, funny, and deeply relatable, *A Loo of One's Own* shows that even small stories — and even a loo — can help children understand big ideas about courage and inclusion and equality.



Summer Season Excitement at Hive!

Hive is excited to announce some thrilling events coming up as part of its Summer Season! Introducing Hive SUN SETS a unique series of audio events inviting listeners to connect with the art and artists exhibiting in Parallel Practice.

Hive has received a fantastic response from their audio partners and is eager to hear how they will present the incredibly broad collection of music—everything from 18th-century Baroque sonatas to 21st-century stoner metal! The setting will be stunning: Shifting the Celestial Gardens, Seventy Acre's transforms into an evening bar, and the Empiere Eats food cart will be on site with delicious pastries. Ambient audio by Sounds Good will envelop the space as the evening light spills into the gardens.

Guests are invited to take a moment with friends to relax in this licensed outdoor venue, enjoy some lawn games, and plug into the best of Hive's Summer Season.

Event open from 5:30pm
DJ set from 6.00pm – 8.00pm
Adult ticket \$20 includes drink token
Children under the age of 18 must be accompanied by an adult. Child tickets are free.



Book tickets via Hive website.

Fridays
12 Dec
23 Jan
06 Feb

Hive Sun Sets

SG SEVENTY ACRES HIVE CENTRAL COAST COUNCIL

A Trio of Compelling Exhibitions Hosted by RANT Arts in Devonport

RANT Arts invited art lovers to a compelling exhibition recently, showcasing a diverse range of artistic talent from local students and an emerging photographer. It was open to the public at 45-47 Stewart Street, Devonport.

1. Creative Communities (Community Space): This exhibition was a collaborative effort, featuring works from local adult art students under the guidance of esteemed local tutors Ashlee Hambleton, Sandy Michell, and June Wilson. Visitors were treated to a rich variety of media, including Pastel, Watercolour, Graphite, Colour Pencil and Gansai Watercolour

2. Bella-Cle Costello: What I Love About Photography (Project Space): Bella-Cle Costello shared her profound connection with the art form in her exhibition. "Photography isn't just taking photos, it's sensing what other people miss

and capturing it. Photography is colours, textures and moments that can be seen, felt and loved forever. When I see the word 'photography' I think: nature, the beach sunsets, mountains, fungi and how it's just me, my camera and nature."

3. Jacob Beard: Life With Mods (Local Space): Jacob Beard brought an exciting and dynamic perspective to automotive photography. His exhibition celebrated the world of modified cars with an experimental twist: "Through a lens of vibrant experimentation, this exhibition captures the essence of automotive passion. Each photograph celebrates the unique beauty of different cars, enhanced with layered techniques like double exposures and montage elements. These artistic methods bring a new dimension to the subject highlighting colours and forms that reflect the spirit and dynamism of each vehicle."

Have We Got A Show For You!

By Sid Sidebottom, Cradle Coast Theatre

The Cradle Coast has something like 30 formal organisations and dozens of gig performers dedicated to nurturing and performing music, musical theatre and dance in our region. That is, several hundred people making music and theatre for the enjoyment of others. If they were sporting teams their stories would be forever in the local media.

But alas, not so in our region! But that's another story. I love musical theatre and have had the privilege and pleasure to direct over 30 productions in our region. I've worked with several companies and dozens of very talented, good-willed people.

The process of making a musical is complex, creative, highly team-oriented, and values-driven. Importantly, it is the most enjoyable of experiences. Musical theatre has that magical blend of dance, song, music, and dialogue – all wrapped up in characterisation. It requires a great deal of organisation by a production team - all working towards the same end and with and by the same production values.

These are about maintaining the integrity of the author's work, encouraging and choosing the best performers and musicians, creating efficient, organised and enjoyable

rehearsal sessions, and presenting the very best show for our audiences.

Cast, musicians, and production team members spend many hours, often over six months or more, to prepare a show. Apart from the time needed to do this, there is the expense. A 10-show season in some of our theatres can cost up to tens of thousands of dollars to stage and break even. That's why they need locals to support local productions!

Musical theatre is special for another reason. It requires us as audiences to 'suspend belief'. We are moved not just by the evocative power of a character singing, or the music of the moment, but by the fact that such a character can be an animal, or a person dying, etc. Musical theatre transports us from the mundane into the world of emotion, dreams, imaginings, and not only do we share this with the performers, but with our fellow audience members too.

Finally, musical theatre brings people together; performer and audience - in the one place, at the same time, and for a similar purpose. To entertain and to be entertained live and immediately. What more can one want? Positively supporting and promoting local theatre and the arts is supporting your community – socially, economically, and culturally.

Workshops with Weindorfer Film Makers

By Sandra Rowden-Rich

Over seventy young people and seniors attended a series of two-session workshops last August and November, "Future Filmmakers Lab," conducted by young filmmakers from South Australia, Holly Winter and Riley Sapsford. The participants learned techniques of story development, camera angles, and how to use editing programs, add voice over, music.

Students of Devonport Indie School, Ulverstone Secondary College, Devonport and Burnie TAFE, Home-Schoolers and public attendees were enthusiastic about their new learning. They attended at RANT, Devonport, Kentish House in Sheffield, the Hive and Montgomery Room in Ulverstone, and Wilmot Hall. These workshops were aimed at helping people learn new, innovative positive ways to interact with their mobile phones or tablets by creating short films about

conservation of the environment and the beauty of the natural world, to counter the harmful effects of on-line gambling. The Tasmanian Government funded the workshops through the Community Support Fund

Weindorfer Association Inc. hosted these workshops. They are encouraging lots of entries to be submitted to the Weindorfer Film Festival 2026. Closing date in August 2026. You can enter. Create an original short film -3-5 minutes that has some connection to Weindorfers' vision that the beauty of nature, like Cradle Mountain, "must be for the people for all time", or how one or two people can make a positive difference to the world. Submit your film through the freeway portal on www.weindorferfilmfestival.com.au

By Harry Ling

I am full of nerves as I walk up the stairs to the back of the stage at the 2025 Riana Primary School Christmas Assembly. This year we didn't do a traditional Christmas song, Grade 6 wrote our own skit and song about Christmas in the 80's compared to today. The stage was filled with leg warmers, guitars, crimped hair, yoyos, pavlovas and a giant rubric cube. I performed as the lead guitarist and singer in the song, rocking the stage like Bon Jovi in the 80's. It was scary, fun and full of joy. The kinders looked cute singing with the

Riana Christmas Performance

preps about the who is the best ornament for the top of the Christmas tree. 1/2/3 sung about the socks and undies everybody always gets, and 4/5's sung about a Christmas Kangaroo. The assembly ended with a whole school performance that everybody enjoyed.



Penguin Silver Salties Celebrate 2025

By Deborah Kable



The Silver Salties spring Walk and Talk program has wrapped up for 2025. We have had a great year with a core group of members coming every week without fail. Thank you and well done. We continue to have a wide-ranging selection of speakers and activities, including several members who have spoken about their travels and life experiences, all of which has added to the variety of the program.

All our members help out each week in their own way, whether it's setting up and closing, organising activities or sourcing speakers. It's never a chore, so thank you.

We will resume with our 2026 summer program on the 5th February at 1.30pm. So please join us at the Penguin Surf Life Saving Club, Preservation Bay Drive, Preservation Bay

on Thursdays from the 5th February up to and including 26th March.

If you are interested in seeing what we do at Silver Salties or you would like to become a member please contact the coordinators: Debbie Kable - 0456 038 003 or Ken Knight 0498 088 917 or Email pslscsalties@gmail.com or phone 6437 2639 – also see us on Facebook: <https://www.facebook.com/groups/1025943867900441>

Or just turn up on a Thursday at 1.30pm during the program dates as stated above.

We look forward to seeing everyone return in February 2026 and as always, we welcome new members – we'd love to have you at any stage during a program and a reminder – it's all free!

Congratulations to Farmer of the Year Awardee, Catherine Furzer!

A heartfelt congratulations goes out to Catherine Furzer who has become a recognised leader in Tasmanian dairy farming! Catherine's journey is a remarkable testament to grit, commitment, and family devotion. She studied Arts/Law at University, married an orthopaedic surgeon who took a position at Burnie Hospital in 2003, and ran his practice and had 3 children. The pivotal moment came when her son expressed a firm desire for a future in agriculture, spurring the family to purchase a dairy farm.

Despite having no prior experience—beyond handling horses—Catherine threw herself into the immense challenge, personally sharing the demanding schedule of

milking cows in a 25-year-old herringbone dairy. Her hard work, resilience, and commitment to quality production have paid off spectacularly. Catherine was recently honoured at the 2025 Cadbury Farmer of the Year Awards in Devonport.

This prestigious award recognises her outstanding contribution to milk supply and quality, a significant achievement after the family produced a million dollars' worth of milk in their first year. While aiming to grow her herd to 400 cows to meet financial goals, Catherine's current success is a huge victory and this Award is a well-deserved honour!



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CASEY HISCUTT MLC

INDEPENDENT MEMBER FOR MONTGOMERY

Happy New Year!

OFFICE REOPENING: 9am on Monday 12 January, 2026.

To contact me, please email or call the office to leave me a voice message!

✉: casey.hiscutt@parliament.tas.gov.au ☎: 6425 8300



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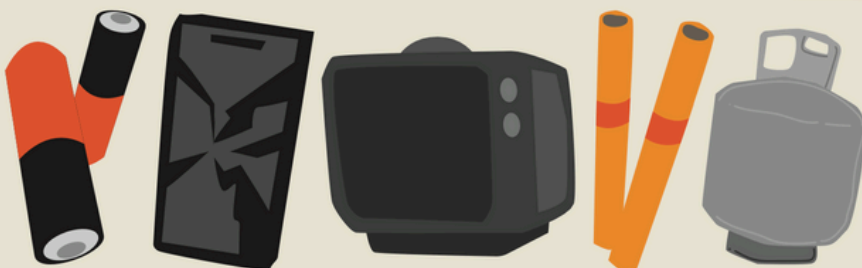


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Help us ALL breathe a little easier in 2026...

IF YOU DON'T put old batteries, electronic waste, flares, gas bottles and vapes in the wheelie bin, WE WON'T START A FIRE!

Instead take them to the Waste Transfer Station or check out Recycle Mate on the web or with the App and dispose of these items safely for all our sakes.



Congratulations Kyle at Riana PS! From early beginnings....



Kyle Woodard started hockey when he was just 6 years old, joining in training sessions when his Mum would coach Burnie Baptist Under 13's.

Through hard work and determination, he progressed through the ranks, where he was given the opportunity to try out for the Tasmanian State Hockey Team, the Tassie Tigers. In early August, he received

the exciting news that he has been successful and was now a part of the team and he would be heading to Bendigo to play in the Under 12's National Hockey Competition.

Not only that, but he would also be co-captaining the team as he was voted by his teammates and coaches for this honour. Even though they team didn't place first, Kyle said 'The experience was good to show me the level of competition around the country.'

Students Visit Sydney for Batyr Workshop

By Kaitlin Mathews, Gr 10

In early December, a group of Penguin District School students travelled to Sydney to take part in a workshop with Batyr and young change agents. Batyr is an organisation that creates awareness around mental health, sharing your story and inspiring young change agents through entrepreneurship. The goal is to help make a positive change in the world.

Across two days we did hands on activities that got us thinking more about how we can help the mental issues that we face as teenagers and that are common in today's society. We were educated on what the processes of mental ill health looked and felt like. There was a guest speaker who came to share their own personal experience of mental ill health and helped us to understand more deeply about how important it is to look after each other and yourself.

The experience to go to Sydney and learn about what Batyr is and what young change makers do, was a selective experience afforded to only 10 teams across the country. These two days were a process on how to support mental health and then how do we take this idea into the real world to have a real impact. The knowledge we gained was unique and highly appreciated. The work that Batyr and young change agents do, is a big part in helping people learn more about mental health and the exposure they gave us was very valuable.

A huge thank you to the Penguin Community Op Shop for their financial donation to help make this experience possible.



A Taste of La Vie Francaise for Leighland Students

By Myf Parry

Many of us had never been out of Australia before, let alone on the other side of the world. The Charles De Gaulle airport itself felt otherworldly. We immediately embarked on a whirlwind tour of Paris, experiencing and learning about the countless historic buildings, including Notre Dame, Sacré Cœur, Eiffel Tower, Arc de Triomphe, Napoleon's Tomb, the Louvre and the many rooms of the Palace of Versailles.

Voyaging north, we visited Monet's gardens and were thoroughly overwhelmed by its natural beauty. In the coastal town of Honfleur, we had some time to explore and, after some fun on a carousel, headed to Rouen. We followed the courageous journey of Joan of Arc, and explored La Gros Horloge (built in 1389), one of Europe's oldest mechanical clocks!

The following days were ones I had been anticipating for months. The Western Front was so breathtaking and sobering. We travelled to many museums and memorials, each portraying devastating WWI history with varying focuses. One of my favourites was the Sir John Monash Centre, where the mixture of original and recreated footage formed a horrifying image of the hardships soldiers faced. In black and white, it's easy to dehumanise the men and women. By including coloured footage and modern representations, we realised how easy it is to forget the devastation was real. Thousands of ordinary Australians died for our freedom, and we should never forget the pain and loss that freedom cost.

The France trip was an eye-opening journey that I hope to never forget.

Natone Primary Melbourne Trip – a Life Changer!

By Brendan Smith

It was with wide eyes that our 6 amazing students from tiny Natone Primary School arrived at Methodist Ladies College.

It was akin to arriving at Hogwarts with its cathedral façade and



incredible facilities. I hope being in an environment like that with peers from around the country proves highly motivating!

Even though the work was all done in the lead-up to the event, the best outcomes still happened on the day.

Our young engineers spoke at length with

specialist coding school students and could see how the next step in programming can improve consistency and speed.

We saw only a couple of teams using the same design as the instructions, as we did, and we have big plans on a heavily-modified robot that focusses on each mission task, instead of being an all-rounder.

Our best score of 260 was 50 better than the Burnie Regional competition and, although not quite what we were targeting, managed to have us in 22nd of 49 with our busy 'bot.

I was fortunate enough to be awarded Coach/Mentor (a volunteer parent) of the event which was a bit overwhelming. Our little community have been incredibly supportive, from families dedicating and sacrificing out-of-school hours at the busy time of year, to beautiful supportive messages and some of course some financial support for our life-changing trip.

Proud would be an understatement. Congratulations Newtonians, we can't wait to see where you go from here and really look forward to developing your new robot!

By Geoffrey Curtis

For those who follow my 'Environmental Corner' and for readers who may be interested, you will recall there have been many global meetings regarding Climate Change and the repercussions if we do not arrest the catastrophic change that is shaping our planet. A reminder that the process of halting the warming planet caused by human activity, together with the natural cycle, and what to do about it, has been ongoing since 1992.

Initiated by the United Nations, a proposal was put forward for an annual summit for governments to agree to work to limit the level of greenhouse gases in the atmosphere and protect the climate. To be able to do that would mean understanding science through research into both causes and effects. In turn, this would have to include what is meant by the term 'best practice of sustainable development'.

These meetings became known as COP, which stands for 'Conference of the Parties'. The last one was in Brazil in November 2025, hence COP30. The next one will be held in Türkiye, Australia, having just missed out on holding the conference. In a nutshell, the 'United Nations Framework Convention on Climate Change', also known as the 'Paris Agreement', on behalf of our Federal

Government, has stated it will agree to limit greenhouse gas emissions to net zero by 2050. What does that actually mean? This jargon has caused a level of uncertainty, particularly among politicians who provide the public with differing views.

Net zero is an effort to achieve a balance between greenhouse gases emitted into the atmosphere and efforts to remove them. This is accomplished, for example, by reducing global emissions, phasing out coal power stations and offsetting renewables, including wind and solar power, and by planting more trees.

This leaves independent nations to do their own thing, lowering pollution. Australia is on track to do this, albeit very slowly compared to other countries such as Denmark and the UK, but better than most others. Still, this is not enough, say many conservation organisations and groups, to keep global warming at 1.5 °C above pre-industrial levels.

Whilst Australia might smile at the possibility of reaching its emission targets, let us not forget that we export much pollution in the form of coal and iron ore to other countries. They, in turn, heat them, causing more atmospheric pollution. To be informed is to possess knowledge based on facts, which hopefully this column has been of benefit. If it has, why not create a conversation with others?

Our Water Future: Why Catchment Forests Must Be Intact

Submitted by a Concerned Cradle Coast Resident

We all appreciate our beautiful rivers and streams. The life that exists around us, all relies upon water. The future of the Leven water management region is projected to be significantly drier, forecasting increasing frequency, duration, and intensity of dry events through to 2100. This vulnerability is shared across the wider Cradle Coast region, which is already grappling with increasing challenges from natural disasters and extreme weather events, including bushfires. Given this outlook, any action involving the removal or burning of forests runs directly counter to fundamental ecological and resource management goals.

Preserving forest cover is paramount for regional climate change adaptation, particularly concerning our vital water assets. Historically, extensive deforestation has been shown to remove shade provided by the tree canopy, leading to greater evaporation and a reduction in the water holding capacity of water bodies. The loss of natural leaf litter and understorey forest plants further reduces the soil's water holding capacity, leaving the exposed soil susceptible to greater evaporation from the sun. When vegetation is cleared, the exposed soil also becomes prone to erosion from heavy rainfall events. Conversely, retaining vegetation alongside waterways significantly enhances water quality by filtering surface runoff, thereby reducing sediment load, nutrient loss,

and contaminants like coliforms from entering the water system. Vegetation around farm dams also helps reduce water loss through evaporation.

Regional strategies, such as the Cradle Coast 2030 NRM Strategy, emphasize improving landscape resilience to climate change across the primary themes of Land, Water, and Biodiversity. Achieving this ecological robustness requires ensuring natural ecosystems are as strong as practically possible as the climate changes.

The health of the entire Leven catchment relies heavily on the healthy condition of its smaller components, or sub-catchments. The condition of individual streams and local forest patches directly influences the overall resilience of the river system. Given the strong scientific projections that future conditions in the Leven catchment will include more frequent dry periods of higher intensity than historical droughts, actions that remove forests would undermine the essential ecological functions that mitigate water stress, soil degradation, and erosion risk, thereby actively contradicting regional goals for environmental robustness.

Conversations, such as 'forestry' can often distract us from the reality of what's at stake, life, resilience, ecological balance. Let's celebrate our regional natural resources and come together to ensure the best possible future for generations that follow, and this place we call home.

Birdlife Flourishes at Don Reserve

Local bird watcher and BirdLife Tasmania Committee member Ramit Signal recently led a birdwatching session at the Don Reserve, treating participants to a rich look at the reserve's wildlife.

In just one hour, the group observed or heard 20 different bird species — all within 300 metres of the SPLASH carpark. Among them were two species endemic to Tasmania: the Tasmanian Scrubwren and the Yellow-throated Honeyeater. Participants also learned some fascinating facts, including that Don Reserve is

considered one of the best places in Tasmania to see the Firetail Finch.

Devonport City Council expresses a big thank you to Ramit for generously sharing his knowledge and passion for local birdlife.



A Former Sydney-Sider Reflects on Bondi Tragedy



**Central Coast
Chamber of
COMMERCE AND INDUSTRY**

By Craig Heppell, President CCCI

Today, I write with heavy heart as an Australian and former Sydney-sider. I was born and raised in the southern coastal suburbs of Sydney in a time where community safety was a given, residents worked and played freely across the city and those who chose to carry out anti-social, or criminal behaviour were quickly dealt with.

I was a suburban uniformed cop, then major crime squad detective during the 1980's and 1990's. I could see that, and experienced first-hand, that the cultural identity of many locations in Sydney was changing rapidly. I knew the unwillingness of the political class and upper echelons of state and federal law enforcement to deal with groups of people who had no intention of embracing the hard working, freedom loving lifestyle enjoyed by Australians,

including post-war new Australians, would lead to a moment that we have just witnessed. This led me to two major decisions. I resigned from a proud Policing career, then, a few years later, moved my family to another State. To this day Karen and I have not looked back, and I'll be forever grateful for the blessed life Queensland, and now Tasmania, have given us.

The events at Bondi cannot be explained in a few short sentences and the devastation wreaked upon the victims and their families will never dissipate or be forgotten. Here on the Central Coast, and wider Northwest Tasmania, we live in a relatively safe community with caring people we know and trust – we must never take that for granted and maintain that status quo with conviction and vigilance.

Although I have signed off for 2025 on a somewhat sombre note, I see great things ahead for our business and wider community in 2026, and myself, the Chamber Committee and our 140+ members wish you all a wonderful Christmas and prosperous New Year.

The Things That Fill Our Time Without Us Noticing,

By Anna Fawkner

Modern life has a way of filling every available space. Everyday tasks that once felt manageable can quietly grow until they consume time and energy, often without being noticed. Laundry is a familiar example. It never feels urgent, yet it is always waiting.

For many people, the challenge is not simply washing clothes but managing the entire cycle. Washing, drying, ironing, stain treatment, repairs and dry cleaning all require time, planning and follow-up. When routines are disrupted by work, health needs, travel or caring responsibilities, that cycle can quickly become overwhelming.

Increasingly, people are reassessing how they spend their limited free time. Rather than doing everything themselves, there is a growing willingness to seek help with tasks that demand time but offer little personal reward.

What people look for is not extravagance, but reliability, clear communication and care.

Local services such as Must Love Ironing have emerged in response to this shift, offering washing, ironing and detailed garment care with pick-up and delivery. For many, this support removes one persistent burden from already busy lives.

Freeing up even a small amount of time each week can have a meaningful impact, allowing space for rest, connection, hobbies, family and community participation. It reminds us that time, once spent, cannot be folded neatly and put away again. Whether through shared chores, neighbourhood support or local services, finding ways to reclaim time can help us live more fully in the moments that matter most.

The 12 Biggest Fears for Sellers – Part 4 of 4

By Craig Heppell, Ulverstone Real Estate

Having spoken to thousands of potential sellers, we have boiled down their doubts and "what ifs" into the 12 Biggest Fears that home sellers have – and how to overcome them.

Here are 'Fears' 10-12...

10. Feeling overwhelmed by the process

This is another common fear. It once again gets back to clear communication between agent, seller and buyer. Setting out a plan of action is what we do best. And when our clients follow it, the overwhelm seems to fade away. There are many moving parts during a sale and lining them all up to smooth it all out is no mean feat. If you have ever seen the character Alan in the movie The Hangover, with numbers and formulas floating around his head at the Blackjack table – that's us. We only know how to win.

11. Emotional Attachment

Some sellers feel this more deeply than others, especially when it comes to people who may have raised a family in that home or the sale of a property that belonged to a departed loved one. When emotion is high, you must be certain that you want to sell. Going in half-baked whilst emotion is high can lead to all sorts of debacles. Be certain and be at peace when it comes time to sell.

12. Being taken advantage of

Probably one of the top three fears. Homeowners with few or no close confidantes to lean on can feel vulnerable and have trust issues with agents, to resolve this, read the reviews that others have left for any agent you are considering. Ask to speak to the agent's past clients. Look on YouTube to see if the agent has been filmed running out a backdoor on A Current affair. Thankfully most agents are trustworthy, and in a small place like Tassie, bad word gets around quick. Just do a little homework.

Karen and I from Ulverstone Real Estate want to wish you all a very Merry Christmas and Prosperous 2026. Thank you for your ongoing support.

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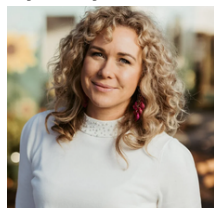
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Karen & Craig Heppell

What we must finally let go of in 2026

By Kelly Dernehl, CEO of New Mornings



As this new year begins, there is a quiet invitation woven into it... a gentle prompting to release the things that were never meant to shape our identity, our worth, or our peace. Letting go isn't weakness. It's obedience to that deeper pull inside you that knows when something is no longer honouring who

you are called to be. So, as you enter 2026, consider this your reminder that freedom often begins with release.

1. Let go of the weight of other people's expectations. You were created with a purpose that is uniquely yours. You are not required to bend your life to fit the opinions, assumptions, or demands of others. When you stop striving to meet everyone's standards, you finally make room to walk the path that was always meant for you.

2. Let go of the pressure to be everything. You were never designed to carry the whole world. You are not meant to hold every burden, fix every problem, or stretch yourself until there's nothing left. Your humanity is not a flaw. It is a reminder that you were made to live from grace, not exhaustion.

3. Let go of the habit of overcommitting. You don't need to earn love or worth by filling your calendar. Not every opportunity is meant to be yours. Not every request requires your yes. Protecting your capacity honours both your wellbeing and the wisdom given to you.

4. Let go of the myth that busyness equals value. Constant motion is not the same as meaningful living. Rest isn't laziness, it's alignment. It's in the quiet, unhurried moments that clarity, strength, and direction often settle into the soul.

5. Let go of the doubt that holds you back. You have been equipped with more courage, ability, and resilience than your inner critic acknowledges. Doubt speaks loudly, but it does not speak truth. There is something within you - placed there intentionally - that is stronger than the fears trying to stop you.

6. Let go of the constant need for control. Control feels safe, but it also keeps you clinging to things you were meant to release. Real freedom comes when you loosen your grip and trust that you are being guided, even when you cannot see the whole picture.

7. And let go of the fear of starting over. New beginnings are not signs of failure. They are signs of grace. They are evidence that endings are never the end of your story. Sometimes being redirected is the most loving thing that could happen to you.

This year, instead of asking what you need to add, ask what you need to surrender. What is heavy. What is draining. What is no longer aligned with the person you were created to become.

Because when you let go of what was never yours to carry, you make space for peace, clarity, and purpose to take root again. And maybe 2026 is the year you finally step into the freedom that has been waiting for you all along.

Showing Up For Older Australians

By Nettie Hulme

The Australian Home Funeral Alliance, in conjunction with Social Health Australia and the Death Literacy Institute, are running a workshop called Showing Up for Older Australians: a community approach to building death literacy in rural/regional Australia. This is funded by the Wicking Trust as part of their Bringing Death Back into Life: Community-led Programs grants. There will be the DLI (Death Literacy Index) questions to complete as part of the application to the workshop and then again at the end to assist with evaluation.

Our approach is unique because it's deeply community-driven and evidence based. We don't just deliver static content—we build capacity through ongoing engagement. The program's flexibility allows us to support volunteer "Activators" who will foster networks and maintain these connections, ensuring the program's impact continues long after its initial delivery.

This hands-on, staged approach ensures long-term growth in death literacy, empowering communities to take control of their end-of-life choices. Our program is designed to raise people's death literacy rates on a grassroots community level which contributes to things such as the alleviation of funeral poverty. While we acknowledge that we cannot reach everyone, we are seeking to create Activators who will engage with the networks that already exist around these people in their own communities.

Success will be demonstrated by a measurable increase in death literacy across the communities involved. Older Australians will have the knowledge and support to experience end-of-life care within their communities. Specifically, we will: have a network of rural "Activators" who are engaging and developing death literacy in their local communities. Have people who care for older Australians and their communities will have access to evidence based death literacy education and training.



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Health & Wellbeing

Building Wellness: Tradies in Sight Supports Mental Health in Construction

By Sam Goelst

Founded in 2018 by carpenter, Bruno Efoti, Tradies in Sight is a support network with the vision to raise awareness for mental health and well-being in the construction industry. Our dream is for every tradie to be equipped and supported with the skills to face their own mental health and well-being.

Based in Dubbo, NSW, over the last 8 years, they have helped so many people. The main ways they support tradies is through local trade breakfasts, talks with 1st year TAFE apprenticeship classes and running their "Inspection Pit" program – aimed to equip apprentices and businesses with the knowledge and skills to manage their mental health, and they also have a drop in for a chat and counselling services at their headquarters.

Our goal is to establish a Tradies in Sight branch based right here in Devonport. To support our tradespeople and continue to raise awareness for mental health, well-being and reducing suicide rates in our industry.

Men in the construction industry are 6 times more likely to commit suicide than any other work force in Australia. We

believe in creating spaces for conversation and connection, for tradies to work through the challenges that they may face.

In November, I had the privilege of meeting and hearing Bruno and Jo share their story at a breakfast held in Devonport. This was a profound reminder of the importance of checking in with each other. How simply asking, "Are you okay?" and then actually listening can save someone's life. This resonated with my own passion for mental health and my personal journey of learning how vital it is to process the deep emotions and battles and to share those struggles with someone trusted.

"No one stands alone" is our slogan, everyone deserves to be supported and heard. We are planning ahead to host our first breakfast in the Devonport area and will be posting information and mental health statistics on our Facebook page.

If you would like to know more, don't hesitate to reach out and get connected on our socials at Tradies in Sight Inc, Tasmania. We also have our website, www.tradiesinsight.support



'Let's Talk Men's Health' - Men and Their Journey

By Geoffrey Curtis

Growing up as a child, we are subject to all kinds of things that social scientists call the subculture of family life. It is here that we learn the basics of how to live from our parents and from those around us. Will Smith's upbringing was somewhat different. To begin with, his family lived in a shed in Tasmania without electricity or tap water. A loving family, they struggled at times to make ends meet, and when it came time to see a doctor, Will's grandfather always reminded the family that 'a visit to a doctor meant there was always something wrong with you.'

So, it is no surprise that, over the years, men like Will saw going to a doctor as a rather weak and unmanly act. No wonder Will never sought medical advice, that is, until he contracted a severe virus overseas. For some men, their life journey may take an unexpected twist, and in Will's particular case, he ended up having several heart attacks in his early thirties. Had he not listened to his Mother and not taken himself to the hospital, then this story would have had a different ending.

This inspirational narrative was given to an audience supported by the Launceston-based 'Clifford Craig Foundation'. Established in 1992, their goal is to improve the health of the community through the provision of innovative medical research, education, medical equipment and patient facilities. Devonport Chamber of Commerce and Industry co-hosted the event.

In support of Will's talk last December at the Devonport Country Club to mark 'International Men's Day', two medical speakers were invited to share their experience regarding key health areas. Dr Monsour spoke about the need for men to broaden their outlook and understanding of prostate cancer. To be better informed, an early diagnosis is far more successful in remission than it was 20 years ago. On a final note, Dr Monsour stated that it was women who pushed for early screening for breast cancer. Why can't men have early screening for prostate cancer? Would men go?

A similar theme was stated by Dr Nwaba, who specialises in gastroenterology and hepatology. A story of men who often find themselves unable to accept their fate had they not possibly sought help much earlier.

It is refreshing to note that when asked by a member of the audience, whether younger men were more likely to seek medical advice and help than in previous generations, it was acknowledged that there is an increasing shift in the right direction.

What, may you ask, were the takeaway key messages from the evening's talk?

- Encourage males within-family to have conversations about health.
- Promote community discussions relating to men's health in general.
- Education for men's health.
- For men to have regular blood tests and check-ups from a doctor.
- Men to take responsibility for their health as opposed to being afraid and outdated ideas.

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Sinusitis

By Alec Azar, Priceline Pharmacy

Sinusitis means infection or inflammation of the sinuses. The sinuses are air-filled spaces within the bones of the face. One function of the sinuses is to warm and moisten inhaled air before it reaches the lungs. The sinuses are also lined with cells that help prevent infection by producing mucus to trap particles of dirt and other pollutants that are breathed in.

Sinusitis is caused by too much mucus, or a swelling of the lining of the sinuses and nose, which can block the narrow channels. This can occur during a cold, or may be due to allergy (for example, hayfever) or irritation of the linings of the sinuses (for example, from chlorine in a swimming pool). Bacteria (germs) then grow inside the sinuses, causing pain, headache and sometimes fever. Mucus from infected sinuses can be yellow or green. Some people get sinusitis with most colds, while others get it rarely.

Common symptoms of sinusitis include blocked nose, feeling of pressure inside the face, facial pain (particularly when leaning forward), headache, aching teeth in the upper jaw, yellow or green-coloured mucus from the nose, swelling of the face, loss of the senses of smell and taste, persistent cough, and generally feeling unwell.

Certain factors increase a person's susceptibility to sinusitis, including frequent colds (especially for young children), cigarette smoking (active or passive), regular use of nasal decongestant sprays (for more than two to three days), untreated hay fever or other allergies, structural abnormalities of the nose, nasal polyps (swellings in the linings of the nose or sinuses), and dental disease, such as untreated tooth abscess.

Some people are troubled by frequent sinus infections, or continuous infection. Chronic sinusitis can linger for weeks or even months at a time. This can sometimes lead to serious complications, including infections in the bones and tissue near to the sinuses. Very rarely this infection can spread to the brain and the fluid around the brain. The person will be very ill and have swelling around the eyes.

People with chronic sinusitis may have other problems which affect the nose, throat and ears at the same time, including: middle ear infection and temporary deafness, post-nasal drip (fluid from the sinuses and nose constantly drips down the back of the throat), which can lead to constant coughing, a sore throat and bad breath.

Antibiotics are often prescribed for sinusitis. Most people will recover fully from sinusitis in a week or so without antibiotics, but they may recover more quickly if effective antibiotics are used. Other options to manage the symptoms of sinusitis include steam inhalation (perhaps including a few drops of eucalyptus oil), comfortably hot compresses held against the face, and pain relief medication (such as paracetamol).

If you suffer from sinusitis, it's important to see if there is any trigger which can be treated. For example, hayfever or dental disease may need to be treated, or you may want to avoid irritants by staying out of swimming pools. Surgery to drain the pus and improve the flow of mucus from the sinus may be an option for persistent cases of sinusitis.

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Jupiter in the Spotlight

Dr Martin George, Hive Principal Astronomer

If you have been wondering about the very bright point of light in the northeastern evening sky lately, it's not a star—it's the planet Jupiter. During January, the distance between Earth and Jupiter reaches a minimum, which happens about every 13 months. The last time Earth and Jupiter reached their closest distance together was in early December 2024, when Jupiter was 612 million kilometres away. This time, the closest approach between the two planets will be on January 9. They will not be quite as close as in 2024, reaching a minimum distance at 633 million kilometres.

Jupiter is sometimes confused with Venus, because they are both brighter than the brightest nighttime stars, and each has a slightly yellowish colour. However, Venus is very much the brighter of the two, as you will see on occasions when the two appear in the same part of the sky together.

The 13-month period between close Earth-Jupiter approaches is called the synodic period of Jupiter. That term comes from the Greek synod, meaning a meeting or assembly. To be more precise, it averages 398.88 days. The reason that this does not happen exactly yearly is that Jupiter, like Earth, is moving

around the Sun. So, after one year, when Earth has completed exactly one orbit, Jupiter has also moved around but not by so much. Jupiter takes just under 12 years to orbit the Sun, so over an Earth year, Jupiter moves only about one-twelfth of the way around its orbit. That is why we must wait another month for the Sun, Earth, and Jupiter to be most closely in line.

Occasionally, we have a year in which there is no 'closest approach'. This happened in 2025 because the 13-month period 'skipped over' the whole year!

If you have a telescope, do take a look at Jupiter. You will see the disc of the planet and its four brightest satellites, known as the Galilean satellites. They are even visible in a good pair of binoculars! These were named after Galileo Galilei, who studied their motions around the planet using a telescope in the early seventeenth century. You will see them in a different configuration each night! Also, the disc of the planet exhibits brownish bands parallel to its equator, which you should also spot. However, for the best telescopic images, wait until late evening when Jupiter is higher in the sky, to avoid the distortions that astronomers call bad seeing, caused by turbulence in our atmosphere.

Get Curious in the Summer Holiday Program at Hive

Hive's January program is filled with workshops, activities and opportunities to experiment and create, including a Scientist in Residence from 21 January and a lively electricity show. It's a dynamic mix designed to keep curious minds busy right through the holiday break.

This year's Scientist in Residence is Samuel Verne, a Hobart-based science communicator, crystal grower and physicist with a lifelong habit of asking big questions. Sam's curiosity began with the explosive side of chemistry and soon expanded into electricity, energy and light. That path led him into physics, where he now studies how light travels across the universe — particularly how massive clusters of matter, including dark matter, can subtly change a light's colour as it passes through space.

Sam brings a talent for making complex science fun, accessible and hands-on for learners of all ages.

Find full summer program details and book your tickets at <https://www.hivetasmania.com.au/whatson/>

Image caption: Hive Summer Holiday Program Scientist in Residence Sam Verne. Image Credit: Ash Russell 2023



This Month in STEM



By Brittany Trubody

Animals

Environmental group Sea Shepherd has achieved a positive outcome through its efforts to educate retailers about the impact of super-trawlers on krill populations in Antarctic waters. Holland & Barrett, a major UK retailer, has agreed to phase out all krill products and krill by-products, helping to reduce demand for this critical food source for whales. Other retailers are expected to follow suit.

Environment

Each year on Christmas Island, residents use dozens of leaf blowers to assist the island's famous crab migration. In an effort to prevent millions of crabs from being crushed by vehicles or harmed in homes, locals keep leaf blowers on standby to gently "push" the crabs out of harm's way and guide them to safety.

Energy

Several Greek islands are using the natural properties of seashells to illuminate laneways at night. Crushed seashells, which are highly resistant to humidity and salt exposure, are

mixed into white paint and applied to walkways. The shells reflect even very low light levels, allowing pedestrians to navigate safely while reducing the need for artificial lighting.

Infrastructure

Engineers in the Netherlands are developing "hidden infrastructure" that blends essential services seamlessly into urban environments. One example is the "Wind Tree"—a structure that looks and moves like a natural tree, but whose artificial leaves function as micro-turbines. These turbines can generate electricity from even the lightest breeze.

History

During the 1940s in occupied France, Citroën was forced to manufacture vehicles for the German military. Unhappy with the arrangement, the company subtly sabotaged production by lowering the oil "fill" marker in its trucks, leading to engine failures caused by insufficient lubrication.

Science

With billions of dollars lost to cybercrime each year, 17-year-old Tejasvi Manoj has created a safe online space for more than 60,000 people to learn how to identify scams. Named TIME Magazine's 2025 "Kid of the Year," Manoj founded Shield Seniors, an educational platform that highlights common scam tactics. Key messages include: "Microsoft will never call you—hang up." "No bank will ever ask you to move money for them—hang up." "The tax office will not call about a debt; they will send written correspondence—hang up."

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Padding Pirates Delighted with Launch Facility

By Bruce Cameron

Recently the Tasmanian Canoe Club hosted Her Excellency the Governor of Tasmania, Barbara Baker, at the site of their new Paddle Launch Facility at Don Heads. Her Excellency was accompanied by Emeritus Professor Don Chalmers and her Aid-de-Camp Captain Thomas Calderwood. The local sea kayaking group, affectionately known as Padding Pirates, welcomed the visitors and celebrated the official opening.

Club member, Bruce Cameron, an enthusiastic supporter of the project, introduced the guests to the local paddling delights created by the site and the history of Don Heads, being the original Port for Devonport to a modern popular recreational destination.

The Governor espoused the beauty of the local area and congratulated all concerned with the teamwork and cooperation demonstrated to achieve the unique facility.

Nic Wilson, enthusiastically declared, "The launch is a big win for the paddling community, giving everyone safe and super easy access to the beautiful Don River and the local coastline around The Bluff, Don Heads and Paradise Cove particularly."

The site has a stepped landing and multi-tiered area, making it perfect for a wide range of aquatic recreational activities, including kayakers, canoeists, stand up paddleboarders and kayak fishing enthusiasts. In addition, the reinforced bank design greatly improves accessibility, particularly for people with mobility difficulties. It also eliminates the risk of falling on a slippery boat ramp and having to contend with sharing a launch site with powered motor craft.

The vital project was a true team effort, made possible by a partnership between some key players:

- Active Tasmania (who provided a community grant)
- Devonport City Council (a great co-funding partner) Parks and Wildlife Service (PWS), who provided the excellent design and will be managing and maintaining the area
- Marine and Safety Tasmania (MAST) for advice and support

The Mayor of Devonport, Allison Sharman, attended along with many councillors who expressed their satisfaction at having such a groundbreaking recreational facility in their municipality. Also attending was the chair of Paddle Tasmania, Geoff Macqueen, who is hoping other councils will follow the lead of Devonport in encouraging a Paddle Pathway for their constituents.

The site is perfect for three hours either side of high tide. The aim of the local sea kayaking group, the Padding Pirates, is to now develop plans to extend the facility and make it a true 24/7 inter-tidal launching platform.

*Photo credit:
Governor of
Tasmania*



You Beauty! Bowling Tasmania Reports

By Lynn McDougall

What an incredible month we have had during November for Bowls in Tasmania, hosting The Nationals, the largest bowling event to ever be held in the state.

Some interesting facts about the event include (source BA):

- Over 18 days of competition there were 6 separate event categories
- Over 700 participants and officials
- 752 individual matches played
- More than 192 000 bowls played

The Tasmanian teams and players participating achieved some of the best results we have ever had and should feel extremely proud of the outcomes and the spirit in which the matches were played.

An event like this cannot occur without a huge level of support from volunteers including umpires, markers, scoreboard attendants, greenkeeping staff, para carers, junior's families, officials, coaches, managers - a big pat on the back for all involved at both the Burnie Bowls Club and Devonport Country Club.

The event also marked a milestone for Mark Strochnetter who played his 346th game for Tasmania in Round 4 of the Open Sides Championships, making him the most capped player in Tasmanian Bowls history. This will be a hard record for others to chase as Mark continues to play at this level, finishing the series with 349 games played. Good bowling, Lynne McDougall

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Tassie Young Bowlers Triumphant

By Connor Munnings, Bowls Australia

More than 500 bowlers and officials descended upon the north west coast of Tasmania, as Devonport Country Club and the Burnie Bowls Club played host to the 2025 Nationals in November. Comprising of six separate competitions, the Nationals is the pinnacle event for lawn bowlers in Australia and sees states and territories compete against each other for ultimate glory.



The picturesque Devonport Country Club was the main venue for the Under-18 Championships, the Champion of Champions, the Senior Sides Championships, the Sides Championships, and the Australian Championships, while Burnie Bowls Club hosted the Para Nationals.

With 84 medals up for grabs, the Tasmanian contingent shone on their home greens, having one of their most prosperous Nationals and walking away with one gold, one silver and five bronze medals. The highlight of the tournament for the Tasmanian team was the gold medal performance by the Under-18 boys' triples team of Fletcher Felmingham, Oliver Morrison and Lachlan Thurley.

The trio were sublime throughout the competition, not dropping a game in their six outings. Thurley, who hails from the Ulverstone Bowls and Community Club, said it was a very special moment to claim the gold medal.

"To do it with my best mate in Ollie was something I will never forget," Thurley said. "The greens are very tricky down here and for the other states to come down and not be used to the slower greens and wind, it really made them struggle."

Thurley has been playing bowls for nine years and has goals to one day represent Australia. "My bowls highlight for me so far would have to be winning the National Boys Overall Title in my first year of Nationals at Broadbeach," Thurley said.

The competition also saw other triumphs, including that of Tracey Little, the CEO of Bowls North West for the past six years. Tracey also competed in the event and achieved a significant personal milestone by winning a bronze medal as part of a Ladies Fours team against Queensland.

"It was unbelievable to win my first ever national medal," Tracey said, an achievement she was thrilled with despite already holding a state pennant medal and being a regional champion. Tracey is a well-known figure in the Tasmanian bowls community and a model of multitasking, simultaneously playing, umpiring, and officiating throughout the competition. When reflecting on her commitment to the sport, she stated simply: "Pretty much my life is bowls."

The 2025 Nationals was a true reflection of one of the world's most inclusive sports, as bowlers across the country campaign for bowls to be included in the Brisbane 2032 Olympic Games.

The SINCS & BILKO Show - a Massive FMX Spectacle for Devonport

Devonport is gearing up for one of the biggest live action sports events Tasmania has seen in years, with The SINCS & BILKO Show set to land at Devonport Oval on Saturday, 24 January 2026. Led by Freestyle motocross icons Cam Sinclair and Blake "Bilko" Williams, the event will bring together Australia's top FMX athletes for a high-energy night of massive jumps, world-class tricks, pyrotechnics, and entertainment for all ages.

The show is expected to attract 5,000–10,000 spectators, delivering a significant boost to the local economy and shining a national spotlight on the North-West Coast. In addition to the main event, the team behind the show is committed to giving

back to the community by donating some proceeds to the Devonport Crisis Accommodation Support Service and offering sponsorship opportunities to emerging Tasmanian riders.

The weekend will also feature The Launch Pad, a family-friendly pre-show activation at Byard Park showcasing local businesses, kids' activities, food vendors, and more. With elite athletes, a strong community focus, and an electric atmosphere, The SINCS & BILKO Show promises to be an unforgettable event for locals and visitors alike.

Tickets are on sale now <https://www.ticketebo.com.au/island-sport-and-performance/the-sincs-and-bilko-show>

Penguin Squash Club Smashing Success

By President - Andrew Woodhouse

The Penguin Squash Club is pleased to share another year of strong growth, renewed energy, and outstanding community spirit both on and off the court. With participation rising across all levels—and especially among our juniors—2025 stands as one of the club's most productive years. The year's highlight was hosting the 2025 NW Masters Tournament in March.

Our Autumn Pennant attracted 56 players, followed by our Spring Pennant, which grew to 64 competitors across two grades. This demonstrates the strength of squash on the North-West Coast and player enthusiasm, from first-timers to long-time members. An inclusive, welcoming environment is prioritised, and it has been encouraging to see junior numbers expand. Their energy and commitment have enhanced Monday night games, supported by families and spectators.

Spring Pennant Results – Grand Finals

A Grade: Xpress Signs 3-10-201 d Cox's Mechanical 1-5-193. Team Xpress Signs: Mitch Guard, Andrew Woodhouse, Bruno Fernandini, Brendan Ivory

B Grade: Dunlop 3-9-169 d Tecnofibre 1-5-131. Team Dunlop: Taylor Batten, Zaniel La Trobe, Maddie Beattie, Harvey Woods



Congratulations to all 2025 Club Champions, and to Grant Creedon, who secured his 5th consecutive and 9th overall Division 1 title. Grant sits just one championship behind Brad Day's long-standing record of ten.

The club is proudly investing in future structured development opportunities: The 2026 Tasmanian Junior Open will be held in Deloraine in February, and our club will cover entry costs for any junior participants.

During the off-season, training sessions will be open to all junior players—not just those intending to compete in the tournament. Clubs thrive because of volunteers like Lyndal Luck, who arrives at the courts every Monday at 5:30pm to open up and get B-Grade underway. This commitment is genuinely appreciated and ensures A-Grade isn't pushed into late-night matches, and it keeps our Monday evenings running smoothly.

Sincere thanks to sponsors: Hungry Goat Property Maintenance, Fielding Logging, Cox's Mechanical, Ironcliffe Road Store, Radcliff Farming, Independent Oils, Vanders Ute Trays, and Sportspower Ulverstone. They allow us to maintain facilities, develop programs, and keep squash accessible for our community. With momentum building, the future is bright and we look forward to welcoming even more people in 2026 and continuing to play our part in the sporting life of the Central Coast.

Some Early Reminders

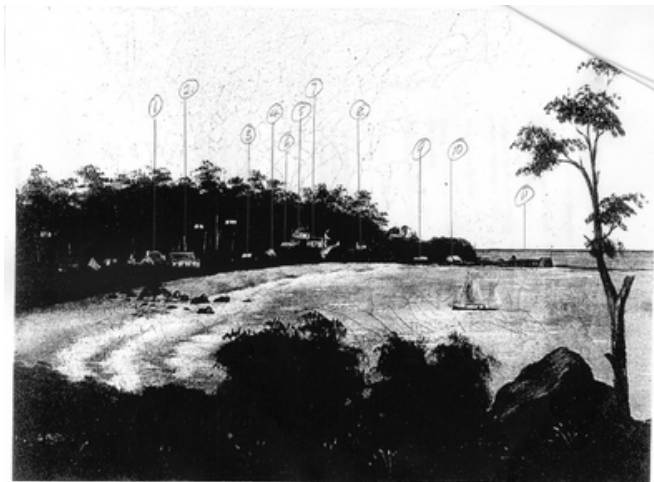
By Craig Dunham



The Penguin History Group has two historic oil paintings (circa 1881) by the itinerant Victorian artist William Adamson, originally hailing from Edinburgh in Scotland. The paintings depict two important Penguin scenes. One is of Main Beach looking west towards the wharf and the other is of Watcombe Beach looking east. The paintings were both in considerable disrepair and significant restoration work was undertaken in Melbourne. The Penguin History Group obtained funding for the restoration to the value of \$3000, thanks to a Council grant.

The paintings provide a valuable historical insight into the early settlement of the town. Penguin was not settled until 1861, quite a bit later than most other coastal towns so Adamson's works depict many of the buildings integral to the early settlement of Penguin.

Both restored paintings are displayed in a prominent position in the History Rooms in the former Railway Station in the Main Street of Penguin. The rooms are open to the public on Monday afternoons, Wednesday mornings and Wednesday evenings and admission is free.



Looking west from the present day Lions' Park:

1. Lewis Grant's General Store built in 1874, destroyed by fire in 1928. (Present day 52 Main Road)
2. Primitive Methodist Church built in 1866, replaced by the present Uniting Church in 1903.
3. Original Police Station.
4. Henry Bennett's home and the site of the first Post Office, destroyed by fire in 1898.
5. A residence belonging to the Primitive Methodist Church.
6. St. Stephen's Church built in 1874 and enlarged in 1895, still in use today.
7. Coroneagh House built for Thomas Clerke in 1871 – the homestead for the extensive 147 acre Coroneagh Estate. This was demolished in 1968 to make way for proposed changes to the Bass Highway which never eventuated.
8. Possibly the home of Jeremiah Johnson.
9. The Customs House, associated with the port.
10. A Produce Store owned by Lewis Grant.
11. The Penguin Port, first constructed in 1873 and extended in 1887 to serve sailing vessels trading along the coast and also the mainland. The coming of the railway at the turn of the century heralded the decline of the port.

Cordial Factories

By Dr Jaydeyn Thomas, Hive Curator

Before soft drinks were ubiquitous and in times when prohibition was popular, cordials were the social drink of choice. Along the North West Coast there were many factories that operated from the late 1800s to the 1980s. You may remember Cooe or Davis Cordials to the west or Te-Up, Devon, and Phillips and Son Cordials to the east.

The Penguin Cordial Factory was owned by Mr A Ballantyne in the early twentieth century. There was a race with other factories to modernise and increase production during its life with the addition of a Pelton wheel. This was a kind of water-driven turbine invented in the 1870s. The turbine was able to generate hydroelectric energy and helped the factory to produce 16 800 bottles of cordial per day.

In Ulverstone the earliest cordial factory was on Gravel Hill on the way to Gawler and was owned by Mr RR Hunter. By 1890 he had sold to Mr WL Webb. Webb Cordials did not do as well as he had hoped, especially after Webb had a stroke. He died a few years later.

While there is archaeological evidence of a Lynch Cordial Factory with a bottle dug up in a back yard as well as a vague memory of a Main Street factory in 1915, there are few written references found. Nearby on the Esplanade, Mr HW Mawer set up his first Cordial Factory where Woolworths is now. He moved it to Jermyn Street in 1927. Mawer was quite accident prone, especially when filling up soda siphons. The end flew off several times, once hitting him on his head. His son, Victor, took over the business after Mawer died from pneumonia.

In West Ulverstone, the Leven Cordial Factory in Helen Street was owned by Ivan James Johnston and Phillip Connell Carew. It operated up until the 1950s.

There are rumours of another cordial factory in Clara Street in West Ulverstone. Do you know anything about this factory? Please let us know in the Archive! Cordial Factories is a featured story in the new exhibition Welcome to the Central Coast, now showing in the Ulverstone Museum at Hive.



[image credit] Mawer Truck at the Neptune Hotel, c. 1920s. History Collection.


CENTRAL COAST COUNCIL

Ulverstone Waterslide

6425 6252
ulwwaterslide@centralcoast.tas.gov.au

Double Slides

on
Australia Day
Monday 26 January
10 am - 5 pm

20 Slides for \$15 on Australia Day.
Ulverstone Waterslide, Beach Road

Events to look out for

Please send your activities to us by the 21st of the month. For more events visit <https://thecoastalvoice.au/whats-on/>



Burnie Lilium Show
Parklands High School, Sat 1-4pm, Sun 10am-3pm
adults \$5, kids free.

Lifesaver Development Camp, Sat 3 to Tues 6 Jan
Ulverstone, Surf Life Saving Tasmania website for more info



Devonport Cup
10 am, marquee sites available, phone 03 6169 2532
or email admin@devonporttracingclub.net.au, to book



The Big Summer Handout
4-8 pm, Ulverstone Rowing Club, stalls, vans, kids' activities, local makers, FREE entry. Summer vibes as sun sets.



TROPHY, morning tea 10am-11:30am
a new dance theatre performance coming to Burnie, with Steamworks Co. hear more about project. Contact Burnie City Council, Free - RSVP



Harp Workshop, Jan 16-18
Sheffield Town Hall, 66 High St, Sheffield. Tutor is Andy Rigby. BYO harp, music stand, stool & pencil. Contact Kate #0412 322 729



Hive Sun Sets, 5.30 – 8.00 pm
Adult ticket \$20 includes drink token, kids are free and must be accompanied by an adult; book via Hive website



Sincs & Bilko Show, FMX spectacle
Devonport, 7-9 pm, tickets can be purchased at ticketbo, www.thesincsandbilkoshow.com.au



Rotary Club of Burnie West music and beach party
Aust Day celebrations 11am- 4pm
Free entry for all. Live bands, Burnie waterfront

Australia Day Breakfast by the Beach Bicentennial Park, Ulv.
8.45 am to 10.30 am. Celebrations will commence with a breakfast by local service clubs, followed by the Australia Day Awards and Citizenship ceremony and presentations.



Ultimate Pop-Up Junkyard Playgroup 28-29th Jan.
Market Pavillion. For 7-16 year old young builders, designers, artists – building a vision of D'port for 2050 – organised by Devonport Regional Gallery



SummerFest I Pataway/Burnie, free family festival
live music, food, entertainment, activities, arts & crafts & more. Embracing cultural diversity, & local talent. Wiseman St Reserve, Shorewell Park

Burnie Regional Gallery, Burnie Arts Centre 5.30 – 8.00 pm,
Troy Ruffels – Stone Tides Weeping Trees exhibition and Patrick Grieve – HOME exhibition

Queen Forever 7.30-9.40 pm
Greatest Hits Tour, 20th Anniversary, Burnie Arts Centre, Tickets \$75. Book by phone #03 6430 5850



IN PENGUIN

the space to pause



Perfect for:

- 1:1 sessions
- Client sessions
- Study + reflection
- Small healing circles

Located in the heart of Penguin, TAS
Hire for 2-4 hours or full-days
Book now via Spacetoco:
www.spacetoco.com/host/sonia-skewes
E: bookingsinpenguin@soniaskewes.com.au
T: 03 6413 6430

SERVICES

ATTENTION ALL CAT OWNERS!!

We offer hands on quality cat care when you board your feline friend in our small home from home facility. Thank you to the new clients who now know about us. Call us and inspections welcome. Limited bookings available located in Central Ulverstone. Tel: 64 257663

CANINE HEALTH AND REHABILITATION

Myofunctional & Rehabilitation services for your dog. Clinic Located at Shop 6/17 Foster St Railton. Specialising in: Helping your dog stay active & happy. Helping your dog recover from orthopaedic, spinal surgery. Helping dogs with muscle injuries. www.caninehealthandrehabilitation.com
info@caninehealthandrehabilitation.com

TASMANIAN AMPUTEE UNITED SUPPORT GROUP

Ph. 0409184877

JP SIGNING CENTRES

Devonport: 24 Edward St - Tue & Thur, 10:30am - 12:30pm
Penguin: 11 Sports Complex Ave - Mon & Fri 10:30am - 12:30pm
www.thecoastalvoice.au - January 2026 - The Coastal Voice

CLASSIFIED

ANGELA GARDENING

Karcher pressure paths etc weeding, lawns mowing, hedge trimming, window cleaning general gardening ph 0423734596

FOR SALE

EVANSARMS

Firearms bought, sold, stored, Transferred. 0419 191 101

AMMOINK ULVERSTONE

All Ammunition & Reloading Products 0419 879 634

ENABLED TECH

"For all your IT problems" Call Josh 0408 387 541

Roberts

REAL ESTATE



Connecting people with property.

As skilled real estate professionals, we provide a thoughtful and collaborative approach to your property sale, centred on our understanding of our clients' priorities and providing straightforward, effective real estate solutions throughout Tasmania's Central Coast and surrounding regions.

Drawing on decades of combined experience, we recognise that asking the right questions and applying deep local market insight allows us to deliver well-

informed guidance for every property we handle. Every recommendation we make is grounded in knowledge and proven expertise.

As committed members of the local community, we combine contemporary marketing techniques with honesty, authenticity, and a genuine dedication to creating value. Working together, we strive to achieve exceptional outcomes while fostering meaningful, long-term relationships along the way.

THE COASTAL VOICE

INDEPENDENT COMMUNITY NEWSPAPER
ESTABLISHED 2015

FREE
What's On
Print and
Share

WHAT'S ON IN PENGUIN & SULPHUR CREEK

To add to, delete, or modify activities, please contact our email: editor@thecoastalvoice.au

ARTS, CRAFT, AND BUILDING - PENGUIN

BUSY HANDS

Knitters and crocheters, 1st and 3rd Mondays monthly 10am BYO lunch - All welcome. Uniting Church hall. Gold coin donation

CRAFT SOCIAL

Starts Friday 21 Feb
10.30 - 2.30 pm
Sewing/patchwork/quilting
Rookery at Penguin Com Op Shop

PENGUIN MEN'S SHED

Woodworking and woodturning
Wed, Frid and Sat 9-12
5 Sports Complex Centre Penguin
\$50 pa Equipment provided
The Secretary #0418 331 198

PENGUIN VILLAGE STITCHERS

Tuesdays, quilting group + anything involving stitches. Penguin Uniting Church Hall, Tues 10-2, \$3
Call Carol: 0400 442 487 or 6406 0823

WEAVING THREADS CRAFT CIRCLE

Fridays 10am - 2pm, RESEED Centre, 30 King Edward St Ph 6436 2339

CHURCH GROUPS - PENGUIN

BAPTIST CHURCH - PENGUIN

130 Ironcliffe Rd. Call 6437 1000
Service 10am Sunday.
Chat'n'Choose, 10am Thursday

ROCK COMMUNITY CHURCH

2 Dooley Street, Penguin
10.30 service
Ph 03 6437 1934

SANCTUARY HILL CHRISTIAN FELLOWSHIP

Main Road, Penguin
(opposite historical cemetery.)
Sunday services 10 a.m.

ST STEPHENS ANGLICAN

Main Road Penguin, near traffic lights.
Sunday 9.30am. Call Mary 6437 2420

UNITING CHURCH - PENGUIN

50 Main Road Penguin Sun 10.00 am.
0447228 747. All welcome to visit this beautiful, historic church.

DANCING - PENGUIN

CRADLE COAST CLOGGERS

Tap style dance \$10/week
Monday evenings
Phone Jan #0415 922 433

GARDENING - PENGUIN

COMMUNITY GARDEN - PENGUIN

Wednesday 10am - 12pm NW
Environment Centre, 207 Ironcliffe Rd

LIBRARY - PENGUIN

Tuesday 2-5 pm, Thurs 10-12.30 pm
and Frid 11am-1pm & 2pm - 6:00pm
81 Main Street. Call us on 6477 7520.

SOCIAL & SUPPORT - PENGUIN

BABY VILLAGE

Mon 10-11.30 Play Centre Creche
46 Main Road, Penguin

BORDER COLLIE PLAY DATE, 10-11am
Johnson's Beach 1st Sat monthly

COMMUNITY DINNER, Tuesday 5.30 pm, free at The Rock Community Church, Dooley Street Penguin

CORONEAGH PARK AUX AGM

Monday 19th August - 1pm
location: Coroneagh Park, 50 Ironcliffe Road. Enquiries: Secretary Wendy Evans 0418 140 160

COUNTRY & VARIETY AFTERNOON

Every 2nd Sunday - lunch at 12
Raffles, door entry, afternoon tea
At Penguin Sen Citizens Centre

FRIENDSHIP CIRCLE - PENGUIN

Last Friday monthly at 2.00pm,
Penguin Sports & Services Club

HISTORY GROUP - PENGUIN

Meets at Old Penguin Railway Station
Wed 10-12 and 7-9 pm. \$20 membership. No cost to visit.
Craig Dunham 0418 559 224

HOSPITAL AUXILIARY - PENGUIN

2nd Monday of the month at 1pm,
Penguin Anglican Church Hall, Call Mary 6437 2420

MAH JONG MONDAYS

Rookery in Penguin Op Shop
10-12 - no cost
Ph: Tony 0458 888 339

MEN'S COFFEE MORNING

Tuesdays 11am, Penguin Bakery

ROOKERY - meals & groceries at Penguin Com Op Shop, Wed 10-1, donation invited - for those doing it tough.

SENIOR CITIZENS CLUB - PENGUIN

Every 2nd Thursday 12.30 pm
Music, raffles & afternoon tea

SPORT AND PHYSICAL - PENGUIN

CLAY TARGET CLUB - PENGUIN

2nd Sunday monthly 9.30 am
Hardy's Road Penguin
\$50 per 100 targets
Firearms Licence required
Phone Matthew #0419 879 634

INDOOR BOWLS

Penguin Senior Citizens Club Social,
Mondays 1pm, 0498 488 589

SHIM JANG TAEKWONDO

Mondays and Wednesdays 6:30pm to 7:30pm Penguin Primary School
Ph 0498 833 858

SMOOTHER MOVERS

PSLSC MON 9.30-10.30, Thurs 11-12
\$15 Bookings essential. #6228 4842

SILVER SALTIES

1.30pm at Penguin Surf Life Saving Club. Ph Debbie 0456038003
8 week program

SOCIAL BOWLS

Every Monday afternoon 1 pm
Penguin Senior Citizens Centre

SQUASH CLUB - PENGUIN

Mon 6 pm
Penguin Sports Complex
Phone Andrew #0456 182 546

SULPHUR CREEK

DANCE FIT - Sulphur Creek, FRIDAYS 9.30 AM, #0420 703 701, \$10/class

WORKING BEE AND GET TOGETHER
Community Garden, Saturdays,
Sulphur Creek Hall Ph 0409 237 018

WHAT'S ON IN THE ULVERSTONE AREA

To add to, delete or modify these activities please contact
editor@thecoastalvoice.au.

ARTS AND CRAFT - ULVERSTONE

ART ADVENTURES

Fridays 9.30am - 12 pm, Amy Unit,
Ulverstone Neighbourhood House,
W.Ulv, Ph 6425 4186

EMBROIDERY GUILD OF TAS

Central Coast, Mondays 10am to
1.30pm. Presbyterian Hall, Main
Street Ulv.
Ph 0408 257 541

HANDWEAVERS, SPINNERS & DYERS GUILD

2nd Saturday of the month at 10am,
Anglican Church, Ulverstone
Ph 6425 2131

LACE GUILD

Aust. Lace Guild, Tas. Branch Inc.
Northwest Group

Meet 10 am 1st Saturday, Feb - Dec
Ulverstone Secondary College
Corner Leven & Walker Streets
Ulverstone. Free lessons provided.
Michele 0418 307 576 or
Janet 0447254161

NW WOODCRAFT GUILD WORKSHOP

Tuesdays, Wednesdays, and Saturdays
10am - 4pm
Ph, 0487 654 711

CLUB MEETINGS - ULVERSTONE

CAMERA CLUB - ULVERSTONE

7.30pm, Paul 0434 080 670
Meeting Every 2nd Wednesday

CENTRAL COAST PROBUS CLUB

Celebrating 40 years in Probus. We
meet on the 3rd Wednesday
of the month at 10.00 a.m. At
the Rotary "SHED" 2 Flora St. W.
Ulverstone Showground. Aileen,
Ph.0448 004 784

LADIES PROBUS CLUB

1st Monday of month at 10am,
Ulverstone Bowls Club, Fulton St
Kerrie 0400 080 344
Barbara 0400 869 538

NW TAS AMATEUR RADIO CLUB

Bi-Monthly Feb, Apr, Jun, Aug, Oct,
Dec, 1st Saturday at 1.30pm,
Scout Hall, 73 Alexandra Road
Ph Eric 0418572183

ROTARY CLUB OF ULVERSTONE

West, Tuesday 6 for 6.30pm,
Ulverstone Bowls & Community Club

TAS FLORAL ART SOCIETY NW

First Wednesday at 10.30am, call
Anne 0448 990 837 for details

ULVERSTONE PROBUS CLUB

1st Monday of each month 10 am
\$30 pa + \$10 each meeting
Phone Jan: 0437 560 136

CHURCH GROUPS - ULVERSTONE

ANGLICAN CHURCH - ULVERSTONE

Kings Pde. Next to Maccas
Sunday 9.30am with kids program
Wednesday Service, 1:30pm
Church office, Tel. 6425 1003

BAPTIST CHURCH - ULVERSTONE

60 Alexandra Road, Ulverstone
Sunday Service 10.00am
www.ub.church Phone 6425 6306

CHRISTIAN REFORMED CHURCH OF ULVERSTONE

36 John Street, Ulverstone
Sunday Service 9.30am

CHURCH OF CHRIST - ULVERSTONE

(non-denominational)

26 Leven Street.

Worship and Lord's Supper
Sunday at 10.30am.

Call Josh Marks 0400 199 164

GOSPEL CHAPEL - ULVERSTONE

1a Amherst St, W Ulverstone.
Worship & Communion Sunday
10.30am.

Ladies Coffee 2nd Thurs of the month
10.00am Call 6425 1809

PRESBYTERIAN - ULVERSTONE

59 Main St, Ulverstone.
Family Sunday Service 10am.

PRESBYTERIAN OF EASTERN AUSTRALIA - ULVERSTONE

13 Leven Street, Ulverstone,
Sunday 10:30 AM
www.ulvpcea.org

REVIVAL CENTRES CHURCH ULVERSTONE

Montgomery Room
Sunday 10.30am
Ph: 0439 105 194

SALVATION ARMY ULVERSTONE

23 Victoria Street, Ulverstone
Sunday Worship 10.30am

SEVENTH DAY ADVENTIST

94 South Rd, West Ulverstone.
Sat, 10am Sabbath School and
11:15am Family Service.
Pastor Afi Tuaoi 0418 220 799

UNITING CHURCH - ULVERSTONE

Reibey Street, Ulverstone
Worship service at 10 am Sunday

DANCING - ULVERSTONE

BOOTSCOOTIN' DEVILS LINE DANCING CLASSES

Tuesdays 6.30pm - 8.30pm and
Thursdays 9.30am - 11.30am,
Ulverstone Rowing Club,
Ph Deb 0447 313 006

DANCING - A SCOTTISH FLAVOUR

Fridays 9.30am-11am,
Ph Trina 6425 2630

ENVIRONMENT - ULVERSTONE

ULVERSTONE COASTCARE

2nd Wednesday of the month at
Buttons Creek,
Ph 0418 142 790

GARDENING - ULVERSTONE

CENTRAL COAST GARDEN CLUB

1st Thursday of month at 1pm, East
Ulverstone Football Clubrooms
Ph Carol on 0439 368 144

ULVERSTONE COMMUNITY GARDEN

Mondays & Thursdays, 9.30-12.30
Third Saturday monthly, 9.30-12.30
2 Westshore Road, West Ulverstone
ulverstonegarden@gmail.com

ULVERSTONE GARDEN FRIENDS

First Thursday of month at 12.30pm,
Uniting Church Hall, Reibey St,
Ulverstone, Ph.Betty 6425 2222.

KIDS ACTIVITIES - ULVERSTONE

LEGO CLUB (9 YRS+)

Tuesdays 3.30pm - 4.30pm,
Ulverstone Library

MINIATURE RAILWAY -ULVERSTONE

1st and 3rd Sunday of the month
Maskells Rd Reserve, 10.30 am -
4.00pm
Ph 0438 255 119

LEVEN REGIONAL ARTS

FOR MORE INFO RE LRA ACTIVITIES:

PENE #0407 135 689

JOY #0400 105 943

LRA membership \$30 pa

ACRYLIC PAINTING WITH LORETTA

LRA - Thursdays 1pm Studio 2 HIVE
Ph 0400 105 943. \$5 per week. All skill
levels welcome.

ALCOHOLIC INK ART - LRA

Tuesdays 10am, HIVE Studio 2
Devone Jones #0402 794 444

FANTASY WEAVERS -LRA

Thursdays 10am – 3pm Studio 2, HIVE.
Ph Margaret 0427 359 834 or
Ph Jenefer 0417 301 161

FELTING, FIBRE AND FABRICS - LRA

Thursdays 10am, Studio 2, HIVE
Ph 0400 105 943. Visit and discuss.

FREE TIME-GUEST FACILITATORS

Tuesdays 1pm, Leven Regional Arts,
Studio 2, HIVE
Ph 0400 105 943

LEATHER WORK WITH MAX - LRA

Tuesdays 1pm Studio 2, HIVE
Ph 0407 135 689

MAHJONG - LRA

Wednesdays 10.00am-12.00pm,
Studio 2 HIVE
Ph 0400 105 943

MOSAICS MOSAIC REVIVAL - LRA

Tuesday 10am, Studio 2, HIVE
Ph 0400 105 943. All skill levels.

PASTEL DRAWING GROUP - LRA

Wednesdays 10am, Studio 2, HIVE
Ph 0400 105 943

PRINT MAKING - LRA

Fridays 10am-
3 pm, Studio 2 HIVE. Visit & discuss.
Ph 0400 105 943

PASTEL DRAWING GROUP - LRA

Wednesdays 10am, Studio 2, HIVE
Ph 0400 105 943

SCALE MODEL ASSEMBLY - LRA

Wednesdays 10am-All day, Studio 2,
HIVE Geoffrey Ph 0400 105 943

TEXTILES WITH JANICE - LRA

Mondays 10am-12pm Studio 2, HIVE
Basic sewing, knitting, crochet,
macrame etc. BYO materials.
Ph 0400 105 943

WHAT'S ON IN THE ULVERSTONE AREA

ZOODLING - LRA

Mondays 1pm, based on Zen tangling.
Studio 2, HIVE Ph 0400 105 943

LIBRARY - ULVERSTONE

Mon to Thurs -5:00pm, Frid 9-6 pm,
Sat 9.30-12.30 pm.
15 King Edward Street #6464 3120.

MUSIC - ULVERSTONE

CHOIR

Ulv. Senior Citizens Club, King Edward St, Mondays 1.30pm

LIVE @ THE WHARF

Fridays 5.30pm - 7.30pm

MAINLY MUSIC (0-5YO)

Tuesdays 9.30am - 11.30am School Terms, Ulverstone Anglican Church

PLAYGROUPS - ULVERSTONE

ROCK & RHYME

Fridays 10:30am-11am, at Library

SETUP FOR SUCCESS

Little Joeys Playgroup Birth- 5 yrs, Mondays 9 - 10:30am, Sacred Heart Catholic School.
Ph 6425 2680

STORYTIME FOR AGES 2-5 YRS

Tuesdays 10am-10.30am,
Ulverstone Library

SOCIAL ACTIVITIES - ULVERSTONE

BINGO MONDAYS 6-10

West Ulv Football Club, Amy Street
Eyes down 7.30. Contact Di McCulloch
0400822371

BOOK CHAT - Ulverstone library
Wednesdays 2-3pm

BOXER DOG PLAY DATE

1st Sun, Monthly at Ulv Dog Park 9 -
9.45 am. No cost. All welcome.

CARDS

Ulv. Senior Citizens Club, King Edward St, Wednesdays and Fridays 1.00pm

CENTRAL COAST FILM SOCIETY

Film nights on Wed mostly
Leven Theatre, Ulverstone
\$20 for 3 films
Phone Patricia #0416 833 080

CONNECT CAFÉ

Tuesdays 10.00am - 12.00pm,
Gnomon Room, Wharf Precinct
Ph. 6429 8900

HATTERS TO GO

Join the Red Hat Sisterhood
Varied locations
\$20 pa
Phone Merveen #0429 946 692

LADIES COFFEE MORNING

2nd Thursday each month.
10AM at the Ulverstone Gospel Hall.
Amherst St, West Ulverstone.

MEN CARE TOO - COFFEE CLUB

Mondays 10am, McCarthy's Bread
Lounge, Greg 0400 604 231

NEW MORNINGS - LOUNGE

Mondays 1.30 - 4.30pm, Fridays
10am-1pm, Presbyterian Church

Community Hall, 59 Main St, Ulv.,
Ph 6411 6212

PRIDE COFFEE

Monthly catch-up for the LGBTIAQ+
community, friends and allies.
4th Friday at Hey Buddy 10:30am.
RSVP to garry@workingitout.org.au

THE MAN WALK

Saturdays 9.00am - All men welcome
McCarthy's Bread Lounge
Ph Greg 0400 604 231

ULV. SENIOR CITIZENS CLUB

King Edward St, Tuesdays, Thursdays,
and Saturdays at 12.45 for 1pm

ULVERSTONE SENIORS FORUM

Ulv. Senior Citizens Club
Tuesdays 9.45am-12 noon

SPORT AND PHYSICAL ACTIVITIES

COMMUNITY YOGA

Tuesdays 4.30pm , Ulv.
Neighbourhood House, 8 Lugana Cres,
earthlywonderswellness@gmail.com

COMPLETE CIRCUIT TRAINING

Fridays 9.30am, Athlete 42
(Ulverstone Showgrounds)
Ph 0418 144 237

COUNTER TEAS - BOWLS

Fridays 5.30pm-7pm, Ulverstone
Bowls & Community Club, All welcome

DANCE FIT - Ulv Uniting Church,
Thurs 9.15 am #0420 703 701, \$10/
class, 45 minutes

JUDO CLUB

Junior Boys & Girls Tuesdays 5pm-
6pm, Senior Boys & Girls Tuesday
6pm-7pm, Sports Centre, Flora St
Ph 0419 002 026

JUDO CLUB

(Adults) Wednesdays and Thursdays
6.30pm-8pm,
Sports Centre, Flora St,
Ph 0419 002 026

LADIES SQUASH TRAINING

Fridays 1pm, Ulverstone Squash Club
Beginners Welcome,
Ph Pam 0428 493 232

LEARN TO PLAY BOWLS

Ulverstone Bowls & Community Club,
Wednesdays 9.30am-11.30am

MUMS & BUBS YOGA

Tuesdays 1pm, Reformed Church
Hall, 36 John St, Ulverstone,
earthlywonderswellness@gmail.com

PICKLEBALL

Saturdays 1pm - 3pm, Ulverstone
Sports Centre, 2 Flora St, West
Ulverstone
Ph: 0414 064 958

PICKLEBALL

For all ages - day and evening
Varies venue including Ulverstone
Equipment provided
hello@pickleballtasmania.org or
Visit website

SEATED TAI CHI

Mondays 2.45pm - 3.45pm,
Ulverstone Rowing Club, Kings
Parade,
Ph 6425 5275

SHIM JANG TAEKWONDO

Ulverstone, Tuesdays and Thursdays
6:30pm to 7:30pm Ulverstone East
Primary School,
Ph 0407 562 898

SLIPSTREAM CIRCUS

Mon-Fri 4pm-8pm, Sat 9am-2pm
during school terms, hours may vary
during school holidays. Classes for
ages 2+ to Adults. Ulverstone Sports
Centre, 2 Flora St, West Ulverstone.
Visit www.slipstreamcircus.org.au

TAI CHI

Mondays 1.30pm, Ulverstone Rowing
Club, Kings Parade,
Ph Barbara 6425 5275 \$8 per class

YIN YOGA & MEDITATION

Tuesdays 9.30am, Masonic
Hall, 10 Patrick St, Ulverstone,
earthlywonderswellness@gmail.com

ZUMBA

Mondays, Wednesday, and Saturday
9.30am, Thursdays 6.30pm,
10 Patrick Street, Ulverstone,
Ph Shannon 0417 257 158

SUPPORT GROUPS - ULVERSTONE

CARE BEYOND CURE

Health & Wellbeing Free Fortnightly
Program, Fortnightly on Mondays at
10am-2.30pm, 3 Gollan St Ulverstone

CARE FOR THE CARER

(Dementia Support), Mondays
10am-12.30pm, Montgomery Room,
Carpark Lane, Ulv.,
Ph. 6235 4688

CRUISIN' THE COAST - TriBikes'

Tuesdays 11-12 Gnomon Pavilion
Chris #0455 522 297

CUP OF KINDNESS HOT MEALS

Tuesdays 5pm-6pm, Ulverstone
Anglican Church, 6-10 Kings Parade
Ulverstone,

Ph: 6425 1003

PARKINSONS TAS NORTHWEST

North West Support Group
2pm Gnomon Pavilion
Ph 0407 314 933
Dates 13th Nov 4th Dec will be the
Christmas Lunch
Learn more about living with the
condition. Open to Families.

FORTH VALLEY

LIONS CLUB OF FORTH VALLEY

1st & 4th Wed monthly
Forth Community Hall
\$50 pa Call Di #0422 876 562

SPRENT COMMUNITY CHURCH

Castra Rd. Sprent.
Sunday worship service 10:00am

TURNERS BEACH SPORT AND PHYSICAL ACTIVITIES

VINYASA FLOW

Wednesdays 6pm, Turners Beach
Football Club, Henry St
earthlywonderswellness@gmail.com

Dance Fit - Scout Hall, Wednesdays,
9.15 am, \$10/class #0420 703 701

WHAT'S ON IN BURNIE & DEVONPORT COMMUNITY

To add to, delete or modify this information, please contact editor@thecoastalvoice.au.

DANCING & MUSIC - BURNIE

CONCERT BAND, Mon for adults; Thurs for Jnrs, \$50 pa, \$35 per term. Robert: 0438 648 606

ENGLISH COUNTRY DANCING -SOMERSET

Mon 2-4, Cam Rise Uniting Church Hall, Wragg Stm \$3/session. Lorraine: 0444 528 486

SCOTTISH COUNTRY DANCING

Tues 7.30 -9.30, \$5 per session Anglican Church Hall, 47 Cattley St, Burnie. Simon: 0428 144 712

GARDENING & OUTDOOR - BURNIE

FIELD NATURALISTS CLUB
Mtgs: Guide Hall, Howe St, Burnie
Field trips: Sun following the mtg
2nd Frid of each month, 2 pm
\$20 single; \$25 family
Nature outings and study.
Geoffrey: 6442 1253

ORCHID SOCIETY - BURNIE, 1st Wed monthly, 7.30pm, Burnie Golf Club, 47-49 Scarfe St, Camdale. \$15 single, \$20 double membership. Carol: 0409 258 268

HISTORY - BURNIE

HISTORICAL SOCIETY - BURNIE
\$10 pa, 3rd Thurs of Jan, Mar, May, July, Sept, Nov at 7.30 pm. Burnie Library. Beverley: 0467 684 755
Beverley: 0467 684 755

HISTORICAL MACHINERY CLUB, Collect, restore & show heritage machinery. \$45 fee initially, \$40 pa. John: 0417 228 247

MISCELLANEOUS - BURNIE

ROSTRUM CLUB 11 - BURNIE
Thurs 6.30- 7.30, Burnie Library, \$60 subscription, Tess: 0428 717 382

SOCIAL ACTIVITIES - BURNIE

BRIDGE CLUB - BURNIE, FREE
Lessons run Thursdays from 11 am to 12 pm, burniebridgeclub@gmail.com
Christine: 0439 118 316
Mon 6.45 and Thurs 12.45 \$10 pa membership, \$5 per session.

HATTERS TO GO, 1st & 3rd Wed monthly, various loctions, \$20 pa, Merveen: 0429 946 692

PROBUS - LADIES - BURNIE, 10 am monthly; 1st Mon, Sth Burnie Bowls Club. \$30 pa. Meetings, morning tea & speaker. Elizabeth: 6431 2203

SOROPTIMIST INTNL - BURNIE

1st or 2nd Mon monthly, \$135 pa, Burnie RSL Club, Transforming lives of women and girls. Diane: 0400 478 862

ZONTA CLUB OF CRADLE COAST

Meet 2nd Tues of the month, from 5.30 pm for a 6 pm start
Meeting Room of the Menai Hotel
Monthly mtg for a social cuppa on Sat mornings – see FB page.

BURNIE SPORTS & PHYSICAL

BOWLS CLUB - BURNIE, summer outdoor, winter indoor bowls. David: 0409 323 565
15 Fidler St, Cooee

BOWLS & COMMUNITY CLUB -Sth Burnie, 2 Hale St, \$5, Ph: Laraine 0417 331 790. Bowls, bingo, line dancing and social events.

CRADLE COAST OUTRIGGER & CANOE CLUB, Sat 7 am, Sth Burnie Beach Yacht Club, Free for 1st 6 paddles. \$200 pa for adults. Competitive & social paddling. #0406 625 583

INDOOR BIAS BOWLS - SOMERSET

Mon - social bowls 12.30 -3
Tues - pennant 7.00 - 8.30
Thurs - pennant - 7.15, Somerset Rec Centre, Beaufort St, \$3 social bowls, \$40 regn. Pauline: 0438 351 496

PENTANQUE CLUB - BURNIE

French Boules - a social game. Tues 1.30 - 3.30, Thurs 5.30 - 7.00 Terrain nex to Burnie Bowls carpark. Les Clark Drive, entry via Fidler Street. Club Boules available \$1 pp
Merlene: 0458 026 282

DEVONPORT ART & CRAFT

EMBROIDERERS' GUILD - DEVONPORT

Tues 10-2, Paranaple Centre
Thurs 7-9, Latrobe
Alison : 0421 803 486

DEVONPORT SPORT & PHYSICAL

DRAGONS ABREAST NW - Sat 8.45 am
Mersey Yacht Club, 6 Anchor Drive, East Dev, Jill: 0419 580 972

DEVONPORT GARDENING

ORCHID SOCIETY - DEVONPORT

Growing & cultivating orchids, Maidstone Hall, Main Rd, Spreyton
\$15 double, \$12 single m/ship.
Every 2nd Thurs, 7.30, Sept to April
Every 2nd Sunday, 1 pm, June to Aug
Denise: 0411 647 110

DEVONPORT INDOOR, FILM & GAMES

NW FILM SOCIETY - DEVONPORT

View interesting, recent movies and meet fellow film enthusiasts.
2nd Wed monthly, 7 pm, Reading Cinemas, \$150 - 10 movies, \$100 - 5 movies. Contact membership desk in the cinema foyer from 6.30 pm

ONLINE GAMES NIGHT DEVONPORT

2nd Sat 1-5 pm, 5.30 - 9.30 pm. \$5 per session, Varied games, Paranaple Convention Centre, 137 Rooke St, Dev #0444 525 434

DEVONPORT LIBRARY

OPENING HOURS

Mon-Thurs 8.45-5.30, Frid 8.45-6, Sat 9.30-12.30. Paranaple Centre
Lego Club - Every Mon 3.30 - 4.30
Rock and Rhyme - Every Mon 9.30-10 and Frid 10-10.30
Storytime - Every Wed 10-10.30

DEVONPORT MISCELLANEOUS

TOASTMASTERS CLUB

Spirit of Devonport Club on the 2nd & 4th Tuesday at 6.15pm, Mersey Yacht Club, Anchor Drive, Devonport Ph 0488 433 149