

THE COASTAL VOICE

INDEPENDENT COMMUNITY NEWSPAPER
ESTABLISHED 2015



FREE

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PACIFIC RYTHM 2026

Celebrating the songs, dancing, and culture of the Pacific Islands and Timor Leste with the PALM Scheme Community



Saturday, 21 February 2026
4.00 pm to 8.00 pm

Ulverstone Sound Shell
2 Victoria Street, Ulverstone

*Free entry! Community BBQ Coffee Van
Face Painting and MORE!*

Proudly supported by:



Can You Help Us Help a Local Business?



By David Robinson

This paper has always been a voice of the community, and this month I'd like to invite you to help us give something back. We're opening up space for readers to submit a short "thank you" message about a business on the North West Coast. It can be anything at all. We'll select a number of messages to share in print and online as a way of recognising the businesses that support our community every day.

We're also continuing to expand the paper into the Burnie and Devonport areas. Recently, while the family and I were at the Port Sorell Caravan Park, I was genuinely pleased to see copies of The Coastal Voice available in the office. If you know of a place where the paper would be well read, and there's someone we can drop copies to, please email us and we'll see what can be done.

My own business thank you this month goes to the team at iPrintPhotos. They've taken on delivering the newspaper across a wide area and continue to go above and beyond. It's one of the biggest tasks behind the scenes, and we're grateful every month.

Happy February! The sun is shining. Let's enjoy it.

Meet Your New Editor - Alicia!



By Alicia van Ek

Hello everyone! I'm Alicia, and I'm delighted to be joining the Coastal Voice as your new Editor.

I was born in Ulverstone and, after spending some time living and working overseas, I'm now back on the coast raising my young family. I feel incredibly lucky to be doing that here — it truly is one of the most beautiful and welcoming places in the world.

One of the things I love most about this region is how active, engaged, and community-minded it is. I'm often out and about at local events, festivals, fundraisers, and community initiatives, and I'm constantly impressed by the passion and participation across our coastal towns. There's always something happening, and so many people doing good things quietly behind the scenes.

I'm really looking forward to continuing to grow the Coastal Voice so it can keep celebrating our community, shining a light on local stories, sharing good news, supporting local groups and businesses, and helping connect people with what's happening across the coast.

If you've got news to share, a project on the go, an event coming up, or something interesting happening in your space, I'd love to hear from you — please reach out!

By Jill Ball

Discovery of Van Life

The Northern NSW coast features long beaches and diverse camping, ideal for a relaxed van life. My introduction to it was to take command of a 7m motorhome on the arena of the Canungra showgrounds. At first, the vehicle represented a long and high silhouette with a blunt nose, seemingly impossible to house an engine strong enough to move the bulky vehicle.

First lesson, driving, was the same operation as my car, so with NO fears I pressed the accelerator, the whole vehicle bounding forward looming over and beyond my visual parameters. I braked, turning left and right to see that I had the boxy vehicle there behind me. Pressing the accelerator again caused the motorhome to kangaroo-hop forward. Fortunately, there were no obstacles, and we crossed the wide-open main arena without issue. Caravan parks were my choice of camping along the coast, expensive but safe, with beautiful spots near water or the sea.

I turned the nose into a camp on the opposite side of the roadway and slowly reversed, hoping to keep the concrete slab to my left. With only one attempt, I ended up with the back left wheel on the edge of the slab. Faced with the choice to try again, I decided not to. I did not want anyone else driving the vehicle I was responsible for, especially with so many other campers watching and offering advice. That night, I slept on a slightly downhill slope.

It took me two days before I felt ready to drive the vehicle again. When I did, with just one try, I successfully parked it beside the slab. After this episode, I emerged as a confident solo female motorhome driver.

THE COASTAL VOICE

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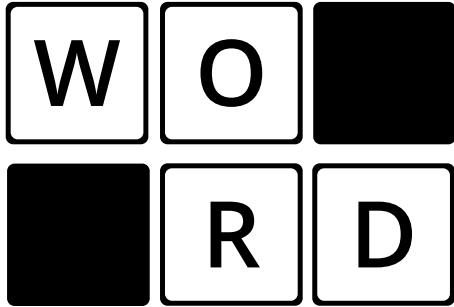
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We acknowledge the Palawa/Pakana peoples of Lutruwita upon whose lands we are on.



Puzzles



Solve the Crozle to be in the draw for:

A Devonport City Council
Arts Voucher

February Crozle Solution
STARTS JA


Winner
Michelle Townie
won 'Whispers in the Forest'
artwork by Devone Jones

- Beau
- Belle
- Boy
- Card
- Celebrate
- Chocolate
- Claudius
- Darling
- Date
- Dinner
- Emperor
- February
- Flower
- Fourteen
- Gifts
- Girl
- Happy
- Hearts
- Joy
- Lad
- Lass
- Legend
- Loves
- Marriage
- Note
- Poem
- Promise
- Proposed
- Pure
- Ring
- Romantic
- Roses
- Saint
- Secret
- Serenade
- Sweetheart
- Valentine
- Verses
- Vow
- Win
- Wish
- Woo


L L L R C N E E T R U O F D
M A R R I A G E T A D R E E
I S D D I N N E R E R O B S
I S T F I G G T N I A S R O
S B E L L E E I M U C E U P
U T R A E H T E E W S S A O
I A C I T N A M O R T R R R
D N E G E L R P P U R E Y P
U S S L Y O B E P P A V O W
A E A W I N E R T Y E E J I
L V O E T A L O C O H C B S
C O E D A N E R E S N I D H
F L O W E R C P R O M I S E

How to enter: Email or message your name and phone number along with the Crozle answer before the 21st of Feb to editor@thecoastalvoice.au
The winner's name will be published in the March issue.

Crozle Instructions: Each word will be straight, not bent, but may go in any direction — up, down, left, right, or diagonal. Most words are joined to another word by at least one letter, so any letter may be used in more than one word. Circle the words in the graph as you find them. When all the words in the list are circled, there will be letters left over. Starting from the top line, travel left to right on each line and write these unused letters on the underscores below to discover the solution.



HIDDEN PICTURE




Find the picture below HIDDEN somewhere in the paper to be in this month's draw to win:

A copy of Local Author Amanda Cox's Book Cookie felt Sad.

January Winner:
Judy Lee
won 'The History of Gunns Plains Through the Newspapers', by Raymond Hyland

How to enter: Email or message your name and phone number along with the page number before the 21st of February to editor@thecoastalvoice.au
The winner's name will be published in March issue.



ASHWOOD DIGGING & GARDEN

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- Landscaping & Garden Design
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- Gravel Driveways
- Retaining Wall Construction
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- Stump Grinding
- Outdoor Paving
- Block/Yard Clean-ups





SUMMER FUN!



Congratulations Daisy and Lyla who both won a summer fun prize pack in our January Summer Fun Competition!

Australia Day Celebrations

Central Coast Council Celebrates Excellence

Central Coast Council has proudly announced the recipients of the 2026 Australia Day Awards, recognising individuals and groups who have made outstanding contributions to community life.

This year's prestigious Citizen of the Year award was presented to Jeanne Koestier, honoured for her long-standing service to the Penguin community. Jeanne has been deeply involved with the Uniting Church of Penguin and the Central Coast Voice for Health, helping to strengthen community connections and support local events that bring people together.

The Young Citizen of the Year award was won by Bree How, recognised for her leadership within Scouting. Bree's dedication to mentoring others and supporting fundraising and community activities has made a big impact across local Scout groups.

In other categories, Michael Wilson received the Champion of Sports Award for his achievements and mentorship in rowing, Penguin 150 was named Community Event of the Year, and Due South won Community Group of the Year for its work supporting veterans and first responders.

Mayor Cheryl Fuller congratulated all winners, saying their efforts truly reflect the strong community spirit of the Central Coast.

Bruce 'Tommy' Edwards Awarded Order of Australia

North West Tasmania is celebrating a moment of great pride following the announcement that Bruce 'Tommy' Edwards has been awarded the prestigious Order of Australia. One of the nation's highest honours, the award recognises Australians who have demonstrated outstanding service and made a lasting contribution to their communities.

Tommy will be formally presented with his Order of Australia Medal at an Investiture Ceremony at Government House in the coming months. While the ceremony will be an important milestone, the recognition itself reflects a lifetime of quiet dedication, generosity and community spirit.

At 86 years young, Tommy has lived a rich and vibrant life, filled with stories, friendships and meaningful connections. He is a familiar and much-loved figure, often seen stopping to chat with passersby, checking in on neighbours, or lending a helping hand wherever it's needed. His warmth and approachability have made him a constant and comforting presence in the community.

More than his individual acts of kindness, Tommy's legacy lies in the way he brings people together. Over many years, he has built strong relationships and earned the respect of those around him, becoming a source of wisdom, encouragement and goodwill. His contribution reminds us that community is shaped not only by big gestures, but by consistency, care and genuine human connection.

Tommy's Order of Australia is a fitting tribute to a life well lived in service of others. It stands as a powerful reminder of the impact one person can have through compassion, friendship and a commitment to community.

Congratulations, Tommy, on this remarkable and well-deserved honour.

A Lifetime of Service: Mr Rhys London Awarded OAM

Wynyard is celebrating the remarkable contribution of Mr Rhys Hollington London, who has been awarded the Medal of the Order of Australia (OAM) for his long-standing service to the community.

Mr London's involvement in local life spans sport, health, youth services and civic leadership. He has been a dedicated contributor to the Wynyard and Districts Cricket Club for decades, serving multiple terms as Club President, achieving life membership and playing 172 First Grade matches, including a premiership season. He also played a hands-on role in the construction of the clubrooms during the 1970s.

His service to sport extends to football, where he was both a player and a state-level umpire, and to youth development as the foundation Secretary and Treasurer of the Wynyard Youth Centre, a role he held for more than 20 years. Beyond sport, Mr London owned and operated London's Pharmacy for over three decades, served as a Justice of the Peace for 53 years, and continues to support aged care through Spencer Park Inc.

This honour reflects a lifetime of dedication, leadership and community spirit.



Australia Day Celebrations

Devonport Celebrates Australia Day Honours

Devonport City Council proudly celebrated Australia Day with a special ceremony at the paranple convention centre, recognising outstanding community contributions and welcoming a record 22 new Australian citizens.

More than 180 people attended the event, which highlighted the values of service, inclusion and community spirit that make Devonport such a special place to live. The ceremony was a meaningful occasion for both long-time residents and those beginning a new chapter as Australian citizens.

The 2026 Australia Day Award recipients reflected the diverse ways people contribute to community life. Peter Viney was named Citizen of the Year in recognition of his dedication and service to Devonport. Young Citizen of the Year was awarded to Maybelle Ralph, acknowledging her positive impact and leadership as a young community member. Community Event of the Year went to Devonport Parkrun, celebrated for bringing people together through health, wellbeing and connection. The Spirit of the City Award was presented to Esther Campion, co-founder of International Café Devonport, recognising her work in fostering inclusion and cultural connection.

Mayor Alison Jarman congratulated all award recipients and warmly welcomed Devonport's newest citizens, acknowledging the selfless contributions that continue to strengthen the city and shape its future.

Dr Jim Berryman Honoured with Order of Australia for Service to Medicine

Our region is celebrating as Dr James "Jim" Berryman, a respected general practitioner based in Wynyard, has been awarded the Medal of the Order of Australia (OAM) in the 2026 Australia Day Honours list for his service to medicine.

Dr Berryman's career in healthcare spans many years and reflects a deep commitment to improving patient care and supporting the medical profession in rural Tasmania. Originally trained as a registered nurse in New Zealand and the United Kingdom, he pursued his medical degree in Dunedin before dedicating his professional life to general practice here in Australia.

In 2009, Dr Berryman founded the Saunders Street Clinic in Wynyard, starting with a small team and growing it into a thriving practice known for its high standards of care and welcoming environment. The clinic's success was recognised nationally in 2020 when it was named General Practice of the Year by the Royal Australian College of General Practitioners (RACGP), and Dr Berryman himself was acknowledged as GP Supervisor of the Year for his mentorship of emerging doctors.

Beyond patient consultations, Dr Berryman has contributed to the broader medical community through his involvement with professional boards and as a clinical senior lecturer at the University of Tasmania's Rural Clinical School. His influence stretches from everyday patient care to the training and support of future rural doctors. The Order of Australia honour recognises not just clinical excellence, but decades of dedication to community health and rural medicine — a testament to Dr Berryman's enduring impact on the wellbeing of countless Tasmanians.

Please join us in congratulating Dr Berryman on this remarkable achievement, which highlights his service, leadership and unwavering commitment to health care in our region.

Latrobe Celebrates Australia Day with Community Honours

Latrobe Council celebrated Australia Day 2026 at the Latrobe Memorial Hall, bringing residents together to recognise service, community spirit and new beginnings. The ceremony featured the presentation of the Australia Day Awards alongside a formal Citizenship Induction, with eleven people proudly becoming Australian citizens and joining the Latrobe community.

This year's awards highlighted the individuals and organisations that contribute to Latrobe's strong sense of connection. Rod Bramich was named Citizen of the Year in recognition of his dedication to the community, while the Latrobe Federal Band received Community Event of the Year for its 150th birthday celebrations — a milestone that celebrated both local history and cultural heritage.

Mayor Peter Freshney congratulated award recipients and welcomed new citizens, acknowledging the many ways community members contribute to making Latrobe an inclusive and welcoming place to live.



Next Council Meeting

February 16

Find out more www.centralcoast.tas.gov.au



Mayor's Message

By Mayor Cheryl Fuller

Each year, we welcome hundreds of workers from the Pacific Islands to the north-west coast through the Pacific Australia Labour Mobility (PALM) Scheme. The scheme supports local businesses and producers by allowing them to hire workers from Pacific Island nations and Timor-Leste to fill workforce gaps. It also gives workers the chance to build skills and send income home to support their families.

In recent years, Council erected an additional flagpole in Civic Park (between the Council offices and the Library) in King Edward Street, Ulverstone. Through the simple gesture of raising different national flags, we acknowledge the many nationalities and cultures that contribute to life on the Central Coast.

On Saturday 21 February, we will host our second Pacific Rhythm Festival at the Ulverstone Sound Shell - a free, family-friendly celebration of music, dance and culture. Last year, more than 1,200 people attended, and we're looking forward to welcoming everyone back. Come along from 4.00pm to celebrate with our Pacific Island friends and recognise the important contribution they make to our region.

As we welcome people to the Central Coast — whether they're here to live, work or visit - it's also important we look after the special places we all enjoy.

This month, Council will introduce a Freedom Camping permit system at Council-managed sites. A modest permit fee of \$15 per night will apply, with information displayed on site and a QR code available to make payment. Revenue raised will be reinvested directly into maintaining and improving facilities, protecting the natural environment, and supporting fair and equitable access for everyone who uses these locations. With plenty more travellers still to come our way, please make them welcome with a Central Coast smile.

Finally, I'd like to invite you to join Councillors and staff at one of our six Community Conversations. With Local Government elections happening later in the year, we've planned a smaller program of Community Conversations for 2026. You're welcome to attend any session, no matter where you live. Whether you have an idea, a question or a concern, we'd love to see you there.

YOU'RE INVITED TO A

COMMUNITY CONVERSATION

Got an idea, question or concern? Drop in for a chat with Councillors and staff.

SPRENT Feb 26 10:00am	TURNERS BEACH Mar 26 7:00pm	RIANA May 28 10:00am
ULVERSTONE Jun 25 7:00pm	PRESTON Jul 30 10:00am	PENGUIN Aug 27 7:00pm

Light refreshments provided. No bookings required.
www.centralcoast.tas.gov.au/conversations

CENTRAL COAST COUNCIL



www.centralcoast.tas.gov.au

admin@centralcoast.tas.gov.au

(03) 6429 8900

Community

Happy 90th Birthday! Celebrating the CWA in Tasmania

By Jenny Rowden

Over 500 members of the Country Women's Association (CWA) in Tasmania have been a formidable force for social reform, advocacy, and community resilience. CWA has created a legacy built on the power of connection and the tireless drive to improve the lives of women, children, and rural communities.

More than a social circle ... The CWA has never been afraid to tackle the "tough" topics. The Glenorchy branch is a modern hub for multi-cultural inclusion, specifically welcoming migrant and refugee women.

Regarding food waste and transparent labelling, members have sought to be informed consumers. This year, that education has extended to the eye-opening reality of why food labelling remains frustratingly small—a practical concern for our older members.

Last year the CWA was a leading voice in lobbying the Tasmanian Government to return the Breast Screen bus to the East Coast due to the state wide impact of mechanical issues.

The "Read Aloud to Your Child Every Day" initiative prioritizes literacy. Through the Tassie Rhymes reading

book—endorsed by the Children's Book Council—members have donated books to the Kinship program (formerly Grandparents Raising Grandchildren) and various individuals and youth organizations.

A beloved fundraising cause involved supporting a young girl through The Smith Family Sponsorship Program. Providing three years of financial support allowed members to follow her milestones and school achievements. Orange Sky also received support, ensuring that those experiencing homelessness have access to mobile shower and laundry services. This isn't just about hygiene; it's about restoring self-esteem, normalcy, and self-worth to our fellow Tasmanians.

In 2026 two vital topics are on the agenda:

- Examining the economic and generational impact of small abattoirs on farm families and the broader community.
- Homelessness among older women is a critical issue that demands our attention, empathy, and advocacy.

"These are two very real and important issues, and we feel being educated and informed leads to understanding and connection." said Lucy Murfet, CWA NW Group President.

Don River Railway Museum: 'Yes I can do it'!

By Geoffrey Curtis

Once upon a time, on the island of Soder lived a steam railway engine. He worked very hard pulling and pushing freight wagons. That was his job, for he was a tank engine shuttling goods to and fro. Sometimes it was quite exhausting for our little engine, and you could often hear him saying, "Yes, I can, I know I can do it, (puff), I can, I can", and off Thomas would go as he climbed the hill and steamed off.

How many times have we heard the story of a railway link from Devonport to Penguin? One minute it is "yes we can", the next "No we cannot".

It is pleasing to announce that the Don River Railway Museum has been awarded a conditional grant of \$13 million to upgrade and connect its railway to the mainline. Sounds good so far? However, the museum has to convince the Federal Government of the infrastructural benefits to the community. You have probably heard something like this before. So, when I asked President Sam Cook why the Don Railway could not submit previous application plans, Sam replied they (Government) had moved the 'goal posts' once more regarding stipulations. Good luck, folks!

On a more positive note, Don Railway, after waiting for over two years, finally received its insurance claim after the devastating workshop shed fire that destroyed much of the interior coachwork. Fortunately, some tools and railcars were salvaged before the fire caught hold.

Maybe like me, you might be thinking you would love to drive one of those diesel and steam locomotives. Sam says he first became a member and worked his way up by buddying with other engine drivers who showed him 'the ropes'.

If you are really interested and keen on railway stuff, from running the ticket office, reconstructing old coaches or engines, to being a rail guard or more, why not visit the Don River Museum website? After all, like many 'not for profit' organisations, they are always looking for volunteers. If you are a retiree or an apprentice trade person willing to upgrade your skills, then why not give it a go?

The Don River Museum is an opportunity not to be missed. They have been operating since the early 1970s and have given countless rides up and down their railway track, reconstructed many trains and given pleasure to many people, from locals to tourists and dignitaries alike.

Images: Leanne J Cowen





emu valley
rhododendron garden inc.

Rhododendron Gardens Come to Life for Gin & Jazz Event

The Emu Valley Rhododendron Garden is holding its a Gin and Jazz event at the Main Gazebo 14th February from 10am to 3pm. We have the fabulous Sync or Swing band playing, great food, fun for the kids and of course great gin and other beverage stalls.

Our café will be open for those amazing Devonshire Teas and other freshly made goodies with barista made coffee.

Plenty of free parking in the show ground with free shuttle buses to take you to the garden.

Entry is \$15 or \$13 concession with members and children under 16 free. Don't forget its Valentines Day so bring your loved ones.

Discover a Language of Life - Compassionate Communication

What if every conversation could bring you closer to others instead of pushing them away? Experience the relief of speaking your truth without fear of damaging relationships. This describes the possibilities for people who learn and practice NonViolent Communication or NVC.

When we learn to communicate with empathy and honesty, something beautiful happens—our relationships deepen, conflicts become opportunities, and we find the courage to speak our truth with both clarity and care. We are very lucky to have three mainland NVC trainers coming to Penguin in March!

Nonviolent Communication (NVC), sometimes referred to as Compassionate Communication, is a transformative approach developed by psychologist Marshall Rosenberg. This powerful process has created breakthroughs in the most challenging environments—from war zones to boardrooms, from classrooms to family dinner tables.

The Heart of NVC: At its core, NVC recognises that beneath every human action lies an attempt to meet fundamental needs. When we understand and honour these needs—both our own and others'—we create bridges of connection that transcend conflict and foster genuine cooperation.

What NVC Offers You: Through deep listening and empathy, NVC provides practical tools to understand your triggers, take responsibility for your responses, and create meaningful connections that honour everyone's needs.

- Feelings Literacy – Recognising and expressing emotions authentically
- Needs Awareness – Understanding what truly drives human behaviour
- Authentic Expression – Speaking your truth without blame or criticism
- Empathic Presence – Listening with your whole heart
- Clear Requests – Asking for what you need in ways that invite cooperation

We will be hosting two NVC Foundation Courses at the RESEED Centre, 30 King Edward St Penguin, at the end of March. There are 2 options available: Sat 21st – Sun 22nd of March, or Sat 28th – Sun 29th of March.

Follow this link to find out more: bit.ly/nvccourses or call Michelle on 0428 834 748.

What if every conversation could bring you closer to others instead of pushing them away

Nonviolent Communication (NVC) Foundation Course - Tasmania - March 2026

Experience the relief of speaking your truth without fear of damaging relationships

You're invited to join

- Trainers: Sharon Rallings (CNVC certified trainer), Melinda Knudsen and Ricky Shipard **for a 2 day NVC Foundation Course**
- When: 2 options available
-Sat 21st - Sun 22nd of March or
-Sat 28th - Sun 29th of March
- Where: RESEED Centre in Penguin, Tasmania
Cost: \$390

If finances are a consideration, please don't hesitate to reach out.

bit.ly/nvccourses

*"Out beyond ideas of wrong-doing and right-doing
There is a field
I'll meet you there"
Rumi*

Limited spots available – click here or scan QR code to reserve your place today!

Grant Support Boosts Tasmanian Men's Sheds

By Tracey Clark



Tasmania's Men's Sheds continue to play a vital role in supporting community connection and wellbeing, and two new State Government grant programs are now open to help local sheds thrive.

Across the region, Men's Sheds in Ulverstone, Penguin, Burnie and surrounding communities provide welcoming spaces where men can come together, share skills and look after their mental and physical health. For many members, the shed is as much about friendship and support as it is about tools and projects.

The Tasmanian Men's Shed Association Grants Program 2025–26 offers up to \$15,000 per shed to fund training, health and wellbeing initiatives, tools and equipment. The Tasmanian Capital Investment Grants Program will also help sheds upgrade or improve their facilities, with a total funding pool of \$476,000 available statewide.

Minister for Community and Multicultural Affairs Madeleine Ogilvie said Men's Sheds are "greatly valued throughout Tasmanian communities as a place to connect and share".

Applications close on 19 February 2026. More information is available via the Department of Premier and Cabinet's Community Grants webpage.

Community

Bring the Family and Feel the Beat at "Pacific Rhythm"

By Leigh Gracie

Get ready to dance, smile, and soak up the colour as Central Coast Council invites everyone to the 2026 Pacific Festival "Pacific Rhythm", a free, family-friendly celebration.

Bursting with infectious rhythms and vibrant performances, Pacific Rhythm will showcase singing and dancing by the Pacific Australia Labour Mobility (PALM) Scheme community. From the first beat to the final bow, the festival promises an afternoon filled with energy, culture, and fun for all ages.

Families are encouraged to come along and enjoy children's face painting, food and coffee vans, and a relaxed community BBQ.

Delivered in partnership with the PALM Scheme, Pacific Rhythm celebrates the rich and diverse cultures of Pacific nations and acknowledges the PALM workers who make such a valuable contribution to industries and the community across the Central Coast and North West Tasmania.

Pacific Rhythm is proudly supported by funding from the Tasmanian Government and Central Coast Council.

"Gotta Love Penguin!" Join Us for the Ultimate Community Dinner

By Jenny Rowden

Get ready to celebrate everything that makes our town spectacular! The Penguin Makeover Community Group is thrilled to invite you to our annual fundraiser dinner. This isn't just a meal; it's a night dedicated to the heart and soul of our community under the theme: "Gotta Love Penguin."

The Details

When: Friday, March 13th | 6:00 PM – 9:00 PM

Where: Lion's Park, Penguin

Tickets: \$75 per person (grazing table with meats, fish, salads, potatoes & desserts)

Your ticket is your all-access pass to a fantastic evening. We're starting things off right with a free drink and cheese platter on arrival, followed by a delicious two-course meal. And because no celebration is complete without a little indulgence, we'll have "chokies" to keep the night sweet!

We are turning up the excitement this year with an unbelievable array of prizes:

- The Mega Raffle: At just \$5 per ticket, your odds are looking good—we have over 1,300 prizes up for grabs!
- The Auction: Be ready to bid for a generous donation by Cocoon.
- Lucky Door Prizes: You might just walk away a winner simply for joining the fun!

The atmosphere will be electric with live music by the talented Shayanna and Scott Mainwairing, providing the perfect soundtrack for a night under the stars.

To secure your spot, due to limited spaces available, please RSVP to Libby at 0438 405 890 or Carmel 0427 032 008. Raffle tickets are also available outside the Penguin Newsagency.

For more updates head over to our Penguin Makeover Community Facebook page. Let's come together, enjoy some great food, and show everyone why we "Gotta Love Penguin!"



PACIFIC Rhythm 2026

FREE ENTRY!

SAT, 21 FEB 2026
4:00-8:00PM

ULVERSTONE SOUND SHELL
Victoria Street Ulverstone

Logos for Central Coast Council, PALM Pacific Australia Labour Mobility, and Tasmanian Government.

Explore Scouting!

By Ms Eunice Horne, District Commissioner for Leven

Scouting is an adventure that grows with you — welcoming, rewarding, and open to everyone. Whether you're 5 or 25 (or well beyond!), you'll find a place to belong, learn, and have a blast.

Just ask Emma, age 8, who joined Scouting six months ago. Since then she's made new friends, tried abseiling, taken part in Games Day, and even headed off to camp at Paton Park. Last year she tackled her first overnight camp and came home buzzing.

"I loved learning how to read a compass, make damper, and build a hut! I can do so many cool things now," Emma says. School-age children can start in a local Group and progress through the Sections over time, supported by Leaders who guide them as they step up when they're ready. First-timers are welcome to join at any point along the way — enthusiasm is all you need!

Adults are an important part of the fun too. Volunteers help make Scouting possible, and no previous experience is required.

Our age Sections:

- Joeys (5–8)
- Cubs (8–11)
- Scouts (11–14)
- Venturers (14–18)
- Rovers (18–25)
- Adult Volunteers (18+)



Ready to join the adventure?
Find your nearest Group
and start Scouting today!



New Eco-Friendly Facilities Open at Mount Montgomery

Visitors to Mount Montgomery can now enjoy improved amenities thanks to the opening of new eco-friendly rest stop facilities at one of the Dial Range's most popular recreation spots. The upgrades include a sustainable toilet system that uses captured rainwater, a rain garden, a bike wash-down and basic repair station, a boot-wash for improved biosecurity, and refreshed picnic shelters for walkers and families to enjoy.

The project was supported by \$431,000 from the Australian Government's Investing in Our Communities Program. Council also expanded the carpark to cater for growing visitation, increasing capacity to 36 spaces (including two accessible bays) and using recycled crushed concrete and mulched trees as part of its environmentally conscious approach.

Mayor Cheryl Fuller said the project responds to increased use of the Dial Range for walking and riding. "These new facilities make it easier to enjoy the area in a way that's better for visitors and the environment," she said.

The Cradle Coast Mountain Bike Club has also welcomed the upgrades, noting the improvements will help lift the Dial Range's profile as a regional recreation destination. The facilities are now open to the public.



International Women's Day 2026, GIVE TO GAIN

This year's International Women's Day theme, GIVE TO GAIN, is a powerful reminder of the time, energy, care and voices women give every day, and the collective strength and progress that comes from that generosity. It reinforces a simple truth, when women support women, women win.

To mark the occasion, Ignite Women Tasmania is proud to host its annual International Women's Day Breakfast, bringing together women from across the region for a meaningful morning of connection, reflection and advocacy.

The event will feature keynote speaker Sophie Hunt from the North West Tasmania Women's Shelter. Sophie will share insights into her role, the day to day realities of her work, and the vital support the shelter provides to women and families experiencing crisis across the region. Her work is deeply impactful and continues to make a tangible difference in the lives of many.

The morning will be relaxed and welcoming, designed to foster genuine connection. Guests will be greeted by live music from a talented local young musician, setting a warm tone that will continue throughout breakfast. Attendees will enjoy a light breakfast prepared by Ignite Women Tasmania, a do it

yourself hot drinks station, and the option of a small glass of champagne and orange juice for those who wish to add a touch of celebration.

A raffle will be held on the morning, with all proceeds donated to the North West Tasmania Women's Shelter. Ignite Women Tasmania is proud to continue its longstanding commitment to supporting the vital work of the shelter and the women and families it assists.

This event is Ignite Women Tasmania's largest and most significant annual gathering. It plays an important role in raising awareness, advocating for change, and standing together for women's rights, safety and lives.

The International Women's Day Breakfast will be held on Friday 6 March 2026 from 6:45 am to 8:30 am at The Gnomon Room, The Pier, 3 Wharf Road, Ulverstone, Tasmania.

Tickets are very limited, and the event sells out every year. Early booking is strongly encouraged. For event details and ticket information, visit ignitewomentasmania.com.au.

The Art of Dreams Exhibition

By Joy Watson

The creative energy of the Coast is on full display at the Art of Dreams exhibition, currently showing at Studio 2 under the umbrella of Leven Regional Arts. The exhibition brings together an inspiring collection of works that explore imagination, memory, landscape, and the whimsical boundary between the real and surreal.

Featuring a variety of mediums produced by talented local artists, visitors can expect pieces that are bold, thoughtful, and beautifully crafted. The exhibition reflects the region's vibrant

creative community and the important role arts spaces play in fostering collaboration, skill building, and cultural enrichment.

Art of Dreams is open every day except Sunday. While Studio 2 is generally closed to the public on Sundays, members often use the space to work — and if the doors happen to be open, visitors are warmly welcomed.

The exhibition runs right through to Wednesday 4 March, offering plenty of time to drop in, explore, and support local arts.

'New Life' by James Bradley

This year's North West Woodcraft Guild Exhibition is about wood: old, discarded wood, sad and lonely wood, forgotten-in-dark-corners-of-sheds-wood, wood that is waiting to be chipped, burnt or buried.

Luckily, we love wood! We don't care if it's old, we don't care if it's been discarded; in fact the older and lonelier the better. We see character beauty and integrity in every plank, offcut, and log. We challenged ourselves to seek out this beautiful material and give it new life with the range of skills that abound within our ranks.

So, with carving chisels, turning gouges, pyrography burning tools, scroll saws, computer aided routers, the delicate cut of the

mitre saw, finely honed planes, etc....we created our exhibits. We've brought new life to old wood, and turned into musical instruments, tables, sculptures, a screen, clocks, pictures, a carved mirror, blanket boxes, and even a river table with running water.

We hope our exhibition encourages the next generation to appreciate wood and where it comes from to understand how precious it is.

New Life is now showing in the Art Gallery at Hive, 50 Main Street, Ulverstone between Saturday 14 February and Sunday 3 May. Come and check it out.

Fluffy Favourites for a Fantastic Cause: Pancake Day in Penguin

By Jenny Rowden

Mark your calendars for a delicious tradition! On Tuesday, February 17th, the Penguin Uniting Church invites you to celebrate Shrove Tuesday—known globally as Pancake Day—with a morning of food and friendship. Flipping pancakes will be guests – The Central Coast Council Mayor, Cheryl Fuller and also Rev Dr Liena Hoffman, the new minister of the Cradle Coast Uniting Church cluster.

Set against the backdrop of our beautiful seafront venue, this is the perfect opportunity to gather your friends, soak in the ocean views, and indulge in a stack of fluffy treats. We are firing up the griddles to raise vital funds for "Grandparents Raising Grandchildren" (the Kinship program), supporting those in our community who provide selfless care and stability for the next generation.

What's on the Menu? For just \$5, you can enjoy a fresh, warm pancake and a cozy "cuppa." We aren't holding back on the toppings, either!

Customize your pancake with: Homemade Berry Jam (sweet, tart, and local!), Classic Maple Syrup, Zesty Lemon and Sugar, Freshly Whipped Cream.

Why Shrove Tuesday?

Historically, Shrove Tuesday was the last chance to use up rich foods like eggs, milk, and sugar before the fasting period of Lent. Today, it has evolved into a wonderful community celebration that brings people together for a good cause.



To stay updated on specific serving times and how to book your spot, please keep a close eye on the "Uniting Church - Penguin" Facebook page.

Come for the pancakes, stay for the company, and give back to our wonderful local families. See you there! 10 – 1 pm.

The Brick Buddies

By Nadine Scrimgeour

After attending a FIRST LEGO League demonstration in early 2025, our coach Anna and her children were very keen to create a team, so they put the call out to a few fellow home school friends who may like to join them.

'The Brick Buddies' team was formed soon after – the goal was just to try our hand at robotics and possibly enter the upcoming Rookie Competition. The team members had little to no robotics experience so we were starting from scratch and learning along the way.

In just 5 short months the team made great progress and have already achieved far more than any of us expected! They did enter the Burnie 'Rookie' Competition and finished with great results. Then it was on to compete in the Burnie Regionals in November where they experienced a surprise Top 8 finish- which qualified them for the 'Nationals South' competition in Melbourne. To our complete amazement, at the end of that event 'The Brick Buddies' were announced as one of only two teams to advance to the upcoming Internationals in Mexico!

What an incredible journey it's been so far and what a privilege to be able to represent Tasmania overseas. We are all very proud of our young team and excited to see what lies ahead for them. We have received such great support & encouragement from other teams, parents, volunteers and coaches and it's so wonderful to see the 'gracious professionalism' on display from the entire FIRST Lego League community.

Influences: The Watercolour Exhibition

By Pauline Clayton

Why not stop for a few quiet, tranquil moments in the foyer of the Ulverstone Library to view an exhibition of watercolour paintings by local artist Pauline Clayton. The exhibition "Influences" offers you a peaceful, meditative experience.



Explore her light-filled landscapes with their influence of Japanese style and the inspiration of the beautiful watercolour medium.

"Influences" can be viewed from Monday 2nd February to Monday 2nd March during Ulverstone Library opening hours.

'The Brick Buddies' Melbourne Trip

Esther, Asher, Poppy, Hugo, Pheobe & Jeremiah

On December 6th, 2025, our robotics team 'The Brick Buddies' set off for an exciting trip to Melbourne for the FIRST Lego League 'Nationals South' Competition. There were 49 teams competing from Vic, Tas, & SA. During the day, we competed in 3x Robot Game matches, where we operated our robot to complete missions and earn points. We also presented our Innovation Project and Robot Design to a panel of judges.

To finish off the day we attended the Closing Ceremony, where the awards were given out. We were very happy to receive 2nd place for the Core Values award, and we thought that would be it for us.

But there was one final announcement to be made at the end of the day and to our AMAZEMENT, 'The Brick Buddies' were read out as the team advancing to the International Open Championships in Mexico!!! We just could not believe it! We were jumping up and down with excitement! It was a moment our team will remember for a very long time, and we still find it hard to believe that we have been selected!

We have been doing all we can to make this experience possible, such as going door-to-door selling chocolates, making & selling flower bouquets and other wares, recycling bottles, mowing lawns and more. There is still a long way to go before we've raised enough money to fund our trip and we would appreciate your support. If you would like to give to our cause, we would be so grateful!

Please visit www.brickbuddies.org/donate

You can also keep up to date with our journey by following 'The Brick Buddies' on Facebook. Thank you!



Community

Lions Club Garage Sale Supports Disaster Relief

By Tracey Clark

The Lions Club of Penguin is set to host its first quality garage sale of the year on Saturday 14 February at Park Street, Penguin, with doors opening at 8am sharp.

A favourite on the local calendar, the Lions garage sales are known for offering clean, quality and reasonably priced items, making it a great opportunity for residents to find a bargain while supporting a good cause. The sale will run until 12pm, giving plenty of time to browse.

Importantly, all funds raised from the event will be directed to the Australian Lions Foundation Disaster Fund. Proceeds will be used to support communities impacted by recent Queensland floods and Victorian bushfires, helping fund practical recovery efforts such as fencing materials through BlazeAid, rainwater tanks and other essential supplies.

The Lions Club encourages the community to come along, support disaster-affected Australians and enjoy a friendly morning out in Penguin.



SteamFest Returns to Sheffield for the March Long Weekend

Steam, heritage and hands-on fun will take centre stage in Sheffield this March long weekend when SteamFest returns to Redwater Creek from Saturday 7 to Monday 9 March 2026.

Hosted by the Redwater Creek Steam and Heritage Society, SteamFest has been a much-loved local tradition for more than 30 years. The event will run daily from 9.30am at the Redwater Creek railway on Spring Street, offering something for all ages.

Visitors can enjoy steam and diesel train rides on the 2-foot gauge Redwater Creek Railway throughout the weekend, along with miniature steam, petrol and electric train rides on the 7.25-inch gauge railway. Dozens of steam traction engines will be operating across the site, demonstrating threshing, chaff cutting, straw pressing, stone crushing and a popular slow engine race. Children can also take part in a tug-of-war.

Additional highlights include vintage machinery displays, model railways of multiple gauges, Tasmanian Lighthorse displays, bullock teams and a woodchopping demonstration on Monday.

With live music, food stalls, interactive activities for kids and dogs welcome on lead, SteamFest promises a lively and inclusive weekend.

Tickets are available at www.steamfesttasmania.org.au. The organisers are also seeking volunteers, with free entry, camping and meals offered. More information is available via SteamFest Tasmania on Facebook.



Weindorfer Day - Sunday, 3 May 2026

Come along to Weindorfer Day on Sunday 3 May in Wilmot, 10:00 am-2:30 pm.

Weindorfer Day is a family community event that celebrates the achievements of Kate and Gustav Weindorfer and their fellow nature enthusiasts who pioneered conservation and protection of Tasmanian wilderness in early 20th century.

Without their efforts we would not have the World Heritage listed Cradle Mountain Wilderness Conservation area of more than 1,584,000 million hectares in our Kentish backyard, and one of the most beautiful places in the world available "for the people for all time," as Gustav proclaimed.

Weindorfer Day in Wilmot has free admission with a donation box request. The day commences promptly at 10:00am with a beautiful Memorial Service in the Wilmot Memorial Hall with sacred readings, music, art and uplifting presentations.

Page 12

In the Back Room you will explore the photographic exhibits of Kate and Gustav and the first accommodation lodge "Waldheim," constructed in 1912. Botanical drawing, indigenous exhibits, art and textiles from nature, geology, birds and animals are on display.

Out in Pioneer Park you can enjoy "Games from Yesteryear" like hopscotch, skipping, marbles, quoits, jacks, dominoes. Creative art from natural materials will feature in several market stalls for sale.

The blacksmith demonstration features smithies from Kentish Men's Shed.

Coffee and Food vans and the Men's Shed Barbecue will keep you fed and refreshed.

Bring the family and visitors to Weindorfer Day on Wilmot on first Sunday in May.

The best care, no matter where

For Barbara, home is more than four walls, it is where Barbara's memories live, where her routines bring comfort and where her independence still matters. Like many older Australians needing care, Barbara's greatest wish is simple: to remain in her own home for as long as possible. Thanks to Respect's Support at Home services, that wish isn't just a dream – it is Barbara's reality.

Barbara has been with Respect for more than a decade. Over the years, her care needs have grown but her determination to stay at home has never wavered. "I've been with Respect for 12-14 years and I couldn't do without them," she says. "You'll find a lot of people don't want to go into care they want to stay in their own home. Without Respect I wouldn't be here."

Barbara's words echo what thousands of Australians feel – that independence matters! Respect's Support at Home program is designed around that principle. It's not about doing everything for you; it's about working with you. The Support at Home care team from Respect partners with their clients to maintain individual daily routines, confidence and dignity. This approach ensures that people like Barbara continue to live safely, comfortably and happily in the places they call home.

Barbara says "I rely on them more than you realise. They've kept me alive. I can't thank them enough." That trust comes from consistent care and strong relationships.

Respect matches its clients with caregivers who know them well and make every visit a personal one. It is personalised care that works with people, not around them or their abilities.

Reliability is another part of Barbara's experience. "Respect will always be there to look after you," she says. The Respect Support at Home team is responsive and ready to adapt as the clients needs change. With team members who live and work in the community, support is close by. It is local care delivered by familiar faces that gives peace of mind to clients and families.

Barbara's story shows that ageing does not mean giving up the life you love. With the right support, independence is possible even with advanced care needs. Respect's Support at Home services make that possible every day for people across regional and rural Australia.

If you or someone you love wants to stay at home, Respect can help. The best care, no matter where. Get in touch with our friendly team and learn more about Support at Home services.



respect.com.au



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CWA Returns to Ulverstone: First Formal Meeting This February

By Jenny Rowden



The Country Women's Association (CWA) is officially returning to Ulverstone, marking an exciting new chapter for local community connection. After significant groundwork, the first formal meeting of this newly established branch is scheduled for Thursday, Feb 5, at 10 am.

The meeting will be held at Montgomery Room, conveniently located in Carpark Lane (directly behind Woolworths).

Planning for the branch's return is already well underway. CWA is so much more than 'Scones and Jam'. It is Australia's largest women's organisation, historically advocating for social reform as needed. Lucy Murfet, who is coordinating the revival, shared her enthusiasm for the project's progress. The initiative has received a significant boost via a generous community grant from the Central Coast Council, which has successfully secured Montgomery Room as a meeting space for the next 11 months.

This inaugural gathering is a vital step in establishing the branch's future. During the session:

- **Membership:** Interested community members can officially sign up and join the CWA.
- **Leadership:** Office bearers and essential roles will be identified and ratified to ensure the smooth running of future meetings and events.
- **Vision:** Attendees will have the chance to discuss the direction of the branch and how it can best support local needs.

Whether you are a long-time supporter of the CWA or someone looking to make new friends and give back to the community, your presence is welcome.

If you would like more information or are interested in stepping into a committee role, please reach out to Lucy Murfet: 0448 438 924 or Email: northernwestgroupprescwaintas@gmail.com

By Alison McArd

Central Coast U3A Update



The capacity to learn is a gift
 The ability to learn is a skill
 The willingness to learn is a choice.
 Now it is up to you!

We are up and running with our offerings for the first semester of 2026. Check out our webpage and choose which sessions you would like to attend.

We are presenting two sessions to which we are also inviting non-members to attend. The first is on 6 March when we will welcome Susan Ackroyd, author of "Rhyme & Reason". Susan will give us some insights into English history from the 13th to 18th centuries and explain how our beloved nursery rhymes were used to represent what was happening at the time e.g. regicide, religious persecution,

taxation & even civil war. What was the meaning behind the farmer's wife cutting off the tails of the three blind mice? Was she just mean & nasty or was there a hidden meaning?

The second open session is to be run on the 12th March by "One Agency" who will give some guidance for those thinking of downsizing. It will cover 'Preparing your home for sale', 'Government incentives & grants to support it' & "Benefits & the responsibilities of Strata Living".

If you would like to attend these sessions please contact us by email: u3acentralcoast@gmail.com or phone: 0457 411 585. Remember, for those of you who would prefer, our face-to-face enrolment day is Thursday 19th February at Apex House between 1.30 & 2.30pm. We'd love to see you there.



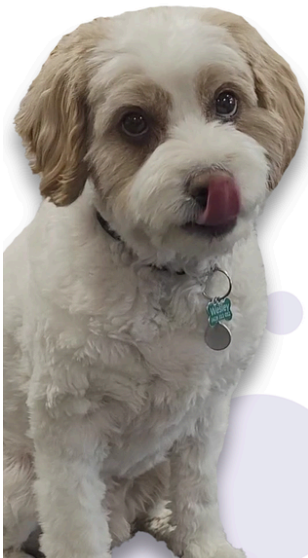
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Community

New Training to Strengthen Primary Care Support for Family and Sexual Violence

Primary care providers across Tasmania are being offered new, fully funded training designed to strengthen how they identify, respond to and refer cases of family and sexual violence and child sexual abuse.

Delivered by Primary Health Tasmania (Tasmania PHN) in partnership with the Safer Families Centre at the University of Melbourne, the program is funded through an Australian Government pilot and aims to build skills and confidence across general practices and other primary care settings.

Research shows that general practitioners are a critical point of contact for victim-survivors. Studies indicate that GPs are the professional group most likely to receive disclosures of current partner violence, and at least one in ten female patients attending general practice has experienced family violence. For a full-time GP, this can equate to around five women a week.

The education program offers a mix of online modules open to all primary care providers, along with face-to-face workshops tailored to general practice staff and Aboriginal health services. Workshops will commence in early 2026, with further masterclasses on addressing child sexual abuse to follow later in the year.

The initiative forms part of the annual 16 Days of Activism Against Gender-Based Violence campaign and has been welcomed by sector leaders, who say strengthening primary care responses can reduce harm and improve long-term wellbeing for victim-survivors. The first online course, Identifying and Responding to Domestic and Family Violence, is now available and attracts professional development hours for participating clinicians.



Tammy TYRRELL
Independent Senator for Tasmania

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Authorised by Senator Tammy Tyrrell,
Shop 2, 111-113 St John St, Launceston TAS 7249

Hazell Bros 357 Swim – Help Me Make Our Beaches Safer

By Evie Collins



I'm Evie Collins and I'm 13. I love the ocean and I've also seen how dangerous it can be. Last year, 357 people drowned in Australia, and surf lifesavers had to perform more than 10,000 rescues.

I don't want to keep seeing those numbers increase, which is why I've taken action. I went to the Ulverstone Surf Life Saving Board with an idea and now I'm leading the Hazell Bros 357 Swim to support Mission Zero, a new initiative working towards zero preventable drowning deaths.

The event goes for 357 minutes — that's 5 hours and 57 minutes, with someone always in the water. One minute for every life lost in our oceans.... Entry is by donation and you can choose how many minutes you want to swim.

It doesn't matter if you take on 5 minutes or 50 — what matters is joining in.

Money raised will help our club deliver more water-safety education, better signage like "Swim Between the Flags", safety gear for patrols, and programs for kids learning to be safer in the ocean.

I really hope you'll support the swim by registering, donating, or both. Together we can save lives and make our beaches safer for everyone.



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Community

Rusty Roof Vineyard

By Evie Walker

The concept of Rusty Roof Vineyard began in 2021 with the set-up of our 1.4ha vineyard and the planting of the 4,600 vines was completed at the end of January 2022. In the midst of completing these works, we also acquired a further vineyard in Kindred. Our first harvest year was a low yielding crop from our Kindred block which produced our 2023 Pinot Gris/Pinot Noir Sparkling wine. From there, it has been onwards and upwards, through hardwork in pruning, maintaining a strict spray regime and getting on top of canopy management, 2025 provided a fantastic yield for us which allowed us to produce 8 different wines. Our current range includes the 2023 Sparkling, 2023 Rose and Pinot Gris, 2025 Rose, Pinot Grigio, Riesling, Gruner Veltliner, Chardonnay, Pinot Noir and Merlot.

We opened our cellar door on Thursday 15th January to a very responsive audience and are looking forward to hosting the community to experience top notch cool-climate Tasmanian wines. We also serve Tasmanian ciders, beers and gin.

It has been a steep learning curve for us in regards to becoming vigneron and hospitality patrons, but we are constantly learning and have a real passion for what we do. We know we produce a great product and our fruit is taken care of and given the best treatment by our winemaker, Andrew Gaman.

The cellar door is open Thursday – Sunday 10am to 8pm serving platters and paninis with the daily feeding of highland cows from 4pm.



The Rotary Club of Ulverstone Raffle

By Kath Downie

The Rotary Club of Ulverstone recently organised and held a raffle in the heart of Ulverstone. We would like to express our sincere thanks to both the Red Grasshopper and Harris Scarfe for their continued support. Their generosity in allowing us to conduct the raffle outside their businesses played a crucial role in the success of this event.



We are pleased to announce the winners of the raffle. The First Prize was awarded to Lynn Norton-Smith, who held ticket number 8068. The Second Prize went to Grant Dunham, with ticket number 8685. Congratulations to both winners!

Thanks to the remarkable generosity of our local community, we successfully raised approximately \$2,400. Every cent of these funds will be directed towards supporting a range of projects at the local, national, and international level. As part of our ongoing commitment to community welfare, two local families currently experiencing personal hardship, received supermarket vouchers. This initiative aims to help ease the pressures of the Christmas season for these families.

The Rotary Club of Ulverstone extends warm wishes to everyone during this festive season. Thank you for your ongoing support and community spirit.

Happy 50th anniversary

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Penguin Palooza, Parades & Performances

By Temperance and Mikayla, Penguin District School



On the 14th of November 2025 Penguin District School held a fun and engaging night for people in the Penguin community to come together and share interests and skills. There were many talents shown throughout the night from groups singing and even bands with all different instruments and capabilities.

We checked in with Secondary Arts teachers about the student involvement at the Palooza. The drama teacher Mrs Burgess stated she is "Proud to work and be part of a

community that values and sees the importance of the arts," the music teacher Mr Minton Connell (MC) shared that it was "Two exciting nights full of courageous performances". He is alluding to the other celebration of Arts, held earlier this month at our school.

The high school music teacher, Mr MC shared his experience working with the groups of students performing. He explained that the importance of practicing is preparation. Preparing the students initially comes from choosing and persevering with an instrument. Also, song choice is critical to suit students' skill level. Finally working with a suitable group of peers to be productive as possible during music class.

What a wonderful display of Arts for our school this term!

Getting to know Burnie: City Kitchen

By Jill Ball

11 years ago, Gail French started managing a moderate size kitchen built onto the side of the Baptist Church Hall in Mount Street Burnie. Since then, the large solid brick Baptist Hall has become City Kitchen run by City Mission serving hot meals to a hall full of large dining tables. With assistance of regular volunteers and staff City Kitchen cooks and prepares almost 10,000 meals each year.

The City Mission advertising brochure describes the place: A warm and safe place for anyone who needs a meal or just a friendly chat. It is about food and friendship for anyone living in Burnie or surrounding areas.

Breakfast and lunch are available 9am-12.45pm Tuesday to Friday at a very reasonable price with free meals available for those in need.

City Kitchen, Burnie Baptist Church Hall, 57 Mount Street, Burnie (03) 6432 2543, office@citymission.org.au

Kids Craft Day & Cubby House Building

By Sally Cotterell

On 17th January the South Riana Memorial Hall became a hive of creativity as all ages enjoyed our Kids Craft Day and Cubby House Building event. It was a wonderful celebration of imagination, teamwork and community spirit.

Inside the hall, the kids' craft activities were buzzing with colour and enthusiasm. Children eagerly created artwork they could proudly take home. It was wonderful to see their creations, along with smiles and laughter as they shared ideas and helped one another.

In one corner of the hall the construction of a shopping complex and cubby houses was entered into enthusiastically. A variety of stores were created selling beautifully presented homemade foods, fruit and vegetables. One particularly popular shop served up play-dough dumplings and paper plate pizzas, which attracted many repeat customers throughout the day. A-framed cubby houses were quickly built — and just as quickly dismantled — as children worked together, experimenting with different designs.

Magic wands and microphones were some of the creations. One child entertained everyone from the stage by singing a song while holding his newly created microphone. Real food, as distinct from the play food, was available throughout the day, with a delicious range of offerings that kept everyone well fed and energised.

Children, families and volunteers came together for a fun-filled event that was enjoyed by all.

We extend a big thank you to all the volunteers, parents and community members who generously donated their time, skills and support to make this day such a success.

International Women's Day Event "Soroptimists Celebrating Women"

Join the Soroptimist International Devonport club for a special International Women's Day celebration on Tuesday 4 March at the Devonport Football Club, James Street. The evening will feature guest speaker Alex Morse, a Music Therapist whose work explores the power of music in wellbeing and connection.

Time: 6.00pm for 6.30pm start
Cost: \$25 per person (includes food and hot drinks). Bar facilities will also be available.

For bookings and further information, visit the Soroptimist International Devonport Facebook page.



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APEX Community Innovation Hub

Do you need a space for your community group or small project to grow? APEX House, located in Ulverstone, offers a welcoming community innovation hub with desks available to rent on a monthly basis. The space includes access to internet, a printer, kitchen facilities, and shared desks, allowing groups or individuals to establish a permanent workspace with a physical address. It's an ideal option for community organisations, start-ups, or anyone needing a professional environment away from home.

All proceeds from desk rentals go directly back into maintaining the APEX House building and supporting its ongoing use by the community. It's an affordable way to work while contributing to something bigger. The Coastal Voice uses APEX House as a base of operations when we need to meet. If you're interested please email editor@thecoastalvoice.au

Tasmania's Produce on Display to the World

Up to 20 international buyers from eight different countries are seeing Tasmania's premium fresh produce at the source.

It's part of the Tasmanian Government's inbound Fresh Produce Buyer Visit.

Minister for Small Business, Trade and Consumer Affairs, Guy Barnett, said the visit is an opportunity to highlight Tasmania's strengths in provenance and innovation.

"By bringing international buyers to fruit and vegetable producers across the state, we're giving them the chance to meet our producers, see where our fruit and vegetables are cultivated, and experience the freshness and quality that defines Tasmanian produce," Minister Barnett said.

Tasmania's merchandise exports continue to build momentum, with goods exports reaching \$4.59 billion in the year to October 2025, an increase of \$151.1 million, on the previous year.

"Our horticulture sector is a strong and integral part of Tasmania's trade success, and we are helping grow this industry by connecting the right markets with the right buyers," Minister Barnett said.



International buyers visited Harvest Moon to engage directly with producers, tour facilities, and see production standards first-hand.

"This program is about building relationships and showcasing some of Tasmania's best produce," Minister Barnett said.

"It strengthens our existing partnerships and opens the door to new opportunities across Asia and beyond."

Harvest Moon is a great Tasmanian success story, with its Harvest Moon's leadership in exporting Tasmanian produce and its role in championing quality, consistency and innovation.

From humble beginnings in Forth in 1981, Harvest Moon has grown into one of Australia's largest privately-owned fresh vegetable producers. Today, the business has expanded across Australia and supplies more than 60,000 tonnes of vegetables annually from its Tasmanian operations alone.

"Harvest Moon's success reflects the quality of Tasmanian produce and the drive and innovation within the industry," Minister Barnett said.

"The inbound trade visitation program is part of our 2030 Strong Plan for Tasmania's future. It creates collaboration between industry and government that can deliver growing export volumes for our producers and increasing regional jobs."

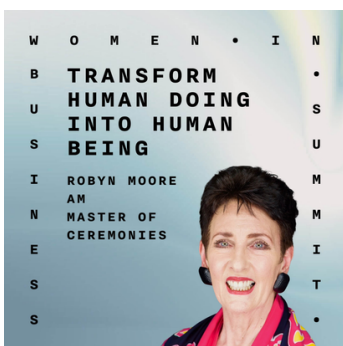
The Tasmanian Government continues to back exporters through targeted trade services, market insights and capability-building programs that help businesses to export.

DCCCI Women in Business Forum Returns for Second Year

DCCI is proud to announce this year's Women in Business Summit is set to take place on the 6 March 2026.

Now in its second year, the Summit will be the centerpiece of our International Women's Day (IWD) celebrations. This is more than an event, it's a movement to empower women, foster leadership, and create meaningful change. Our theme, "Lead the Change: The Power of Women in Leadership," aligns with the global IWD 2026 campaign, "Give to Gain," reminding us that when we give - knowledge, time, resources - we all gain.

Join us to hear from globally renowned keynote speakers, influential leaders, innovative thinkers and local experts. The events will provide a unique platform for networking, knowledge sharing and collaboration, fostering regional business growth and support the Tasmanian business community.



- Keynote Speakers
- Insightful Panels
- Networking

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Find out more and purchase tickets here:

<https://tasbusconf.au/women-in-business-summit/home>

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2026 started with a Bang!

By Craig Heppell, Ulverstone Real Estate

I predicated it on my last show of A Peek Inside on 7AD and 7BU before the Christmas/New Year Break: There may be more homes (stock) come to market in the first quarter, so that price growth will depend on whether more buyers enter the market and soak up the increased stock. A pure supply vs demand scenario.

Yep, more stock has hit the market since the end of December, and it appears that there is the right number of buyers to soak up the extra numbers of properties.

A great example is a property we put to market in West Ulverstone on Boxing Day, nice three bed brick home with a shed. The price estimate was around the \$570,000(ish) mark. So, we put a price guide of 'Buyers From \$550,000' to create some demand – and that it did! Multiple offers and it went for \$595,000.

Stock has increased across all price ranges, and notably the \$1m+ segment led the charge for a couple of weeks, however Mainlanders are being drawn to quality value packed homes in this price bracket.

Property laws and procedures differ from most other States – you only have to see some of the posts on the Facebook Page,

That's It I'm Moving to Tassie. Plenty of questions asked by mainland buyers about how the whole purchasing process works in Tassie.

Luckily for our clients, we speak fluent mainlander as Karen and I have held Real Estate Licences in all States, so we can translate simply and clearly how it all works on both sides of the property transaction fence.

If 2026 is the year you decide to make a move, give us a call on 0400180515.

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Karen & Craig Heppell

Treasure Box: A Hidden Gem in Burnie

My wife, Meg, and I are excited to unveil the newest addition to our already eclectic range of antiques and collectibles at our shop, Treasure Box, in Burnie. Many locals already know us for our resident barbershop, which has created quite the vibe and attracted a loyal following of colourful characters and people who aren't afraid to be themselves.

Now, we're adding something extra. Repeat Street has grown out of Meg's love of fashion and our shared desire to bring more vibrancy and individuality into our town. The new space offers a full range of curated vintage and alternative clothing – band tees, leather jackets, furs, retro denim, and one-off statement pieces you simply won't find anywhere else. It's a hidden gem for people who like to stand out, or for anyone who enjoys rummaging for that perfect, unexpected find.

Our actual address is 34A Marine Terrace, Burnie, but following that might land you around the corner. The easier way to spot us is to head down Spring Street – you really can't miss us. There's always something weird and wonderful out the front.

Whether you're adding to your wardrobe, hunting for collectibles, or just curious, pop in and say hello. There's always something new to discover, and we love sharing it with people who appreciate the unusual.

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Another Christmas and New Year done and dusted

Central Coast Chamber of COMMERCE AND INDUSTRY

By Craig Heppell, President CCCI

Now 2026 begins in earnest. Our first meeting for the new year is at 7pm, Wednesday the 4th of February 2026 at the Montgomery Room (southern end of Woolies Carpark). All members or budding members are welcome to attend, just send an email to Tweak to confirm – admin@centralcoastcci.com

This year we hope to engage with more business owners and host gatherings designed to meet other business owners and share ideas, challenges and triumphs. Our Meetings 'on the move' have been well received and attended; we intend to conduct as least half our meetings 'on the move' at businesses who want to show off their wares and showcase what they do best.

We continue to act as a conduit between business owners and the State Government and Council – sharing updates on legislation changes, Grant offerings, training opportunities and local undertakings at Council level.

The Chamber would really like to hear from Business Owners, past and present, who have run a business for 25 or more years, so they can be recognised for their community contributions via our Business Walls of Fame situated at Ulverstone and Penguin. All you have to do is drop an email to Tweak – admin@centralcoastcci.com

So onward and upward for a BIG 2026. I strongly encourage the local community to support our local businesses, who, in turn, support all manner of service and sporting clubs as well as local charities.

Delivering Real Help for Braddon in 2026

By Anne Urquhart MP Federal Member for Braddon

Last year was a big one. The Albanese Labor Government has been hard at work delivering on the plan Australians voted for—making life fairer and more affordable for families across the country. From the biggest-ever investment in bulk billing to cutting 20% off student debt, we've made real progress.

As 2026 begins, our focus remains the same: delivering real help with the cost of living—right here in Braddon. From 1 January, we launched 1800MEDICARE, a new advice and out-of-hours Medicare telehealth service for every Australian. Day or night, you can speak to a qualified professional when you need it most. This is particularly important for regional communities like ours, where access to health services can be challenging.

We've also made medicines more affordable. The maximum co-payment for PBS medications has dropped to just \$25—the cheapest they've been since 2004. And for mental health support, our free digital Medicare Mental Health Check-In is now live, helping Australians access care

without a GP referral and without worrying about gap fees. This builds on the new Medicare Mental Health Centre coming to Burnie this year and the upgrade of headspace to headspace Plus—both right here in Braddon.

From 5 January, families receiving the Child Care Subsidy (CCS) will benefit from new minimum hours of subsidised care—at least 72 hours per fortnight, with up to 100 hours for families who meet certain criteria, including caring for Aboriginal and Torres Strait Islander children or experiencing exceptional circumstances. This means more flexibility and support for parents juggling work and family life in our region.

You can find full details on the Services Australia website, but the message is clear: we're making childcare more accessible and affordable for families who need it most. These changes are just the beginning. There's more work to do, and I'm committed to continuing that effort throughout the year.

Wishing you a safe and successful year ahead as I continue driving progress for Braddon in 2026.

Urgent Care Clinic to Open at Park Grove

By Tracey Clark

Burnie residents will soon have access to expanded urgent health care services, with the location of the new Burnie Medicare Urgent Care Clinic now confirmed.

The clinic will be based at the Burnie Health Hub at 20 Mooreville Road, Park Grove, and will operate in partnership with the soon-to-be-established Park Grove Medical Centre. Set to open in the coming weeks, the service will operate seven days a week with extended hours, providing care for urgent but non-life-threatening conditions.

The new clinic is expected to play an important role in easing pressure on the North West Regional Hospital emergency department, where a significant number of presentations are for semi-urgent or non-urgent conditions.

Federal Minister for Health and Aged Care, Mark Butler, said the clinic would improve access to timely care for the local community. "The new clinic in Burnie will be open seven days a week, extended hours and most importantly it'll be fully bulk billed," Minister Butler said. "This clinic will take pressure off the local hospitals and fill an important gap in services, particularly after hours and on weekends."

Member for Braddon Anne Urquhart MP said the clinic reflected strong community advocacy. "The Burnie community asked for better access to health care and this clinic will help make sure people can get the care they need, when they need it," she said.

Patients will only need their Medicare card to access the service, making care simple and accessible for the Burnie community and surrounding areas.



Pictured Left to Right: Jerome Muir Wilson, Senator Josh Dolega, Lucy & Anne Urquhart MP

Lapping It Up: Walking Together at Penguin Relay For Life

By Zoë

As Penguin Relay For Life celebrates an incredible 26 years, one team returning for a second time and with plenty of passion is Lapping It Up—a dedicated group of colleagues, friends, and family united by a shared determination to make a difference.

For Team Captains Leonie and Nyree, Relay For Life is personal.

"I Relay for my mum." Leonie says. Participating in Relay For Life is her way of standing beside her mum, who was diagnosed with a rare cancer a couple of years ago. "This is my way of feeling like I'm doing something to help her, and others going through their cancer journey." Every lap she walks is a message of love, resilience, and hope for families navigating the unknown.

"I Relay for a cure." Nyree says. Her motivation comes from a desire to honour the past and support the future. "I relay to help raise money towards a cure—for family members who have been taken because of cancer, for the ones battling now, and for the ones who will battle in the future."

Her commitment and passion, reflects the strength of so many in our community who walk to celebrate, remember and fight back with those who have been impacted by cancer.

Lapping It Up brings together workmates, relatives, and friends from all walks of life, all driven by a shared mission: to stand with Tasmanians impacted by cancer and support the vital work of Cancer Council Tasmania across our state. This year the team is aiming to raise an incredible \$10,000! Their energy and enthusiasm along with 50+ other teams, will shine through once again at this year's event, held over Saturday 21 – Sunday 22 March 2026. Penguin remains proudly home to Tasmania's only 20-hour Relay, promising a vibrant and emotional experience across the day and night.

As Leonie, Nyree and the Lapping It Up team lace up their shoes for another year, they invite people across the North West community to create their own teams of colleagues, friends and loved ones and join in. Head to the website to get involved: www.relayforlife.org.au/event/penguin-2026/home

Impetigo (School Sores)

By Alec Azar, Priceline Pharmacy

Impetigo is a common skin infection caused by Staphylococcus (or, less commonly, Streptococcus) bacteria. It is also known as "school sores" because it most often affects school-aged children. Bacteria that cause impetigo live on various parts of the body, such as the skin and in the nose, and are usually harmless. Infection occurs when the bacteria enter broken skin, such as cuts and scratches or from an underlying skin condition like eczema. Sometimes, infection can occur even in healthy intact skin.

Impetigo causes skin sores. Symptoms usually start 1 to 10 days after being exposed to the bacteria that cause impetigo. The sores usually appear as small blisters which burst and leak fluid and then form honey-coloured crusts or scabs. Sometimes the sores and blisters can be larger and cause a more serious form of impetigo. The sores can occur anywhere on the body but are most common around the mouth, nose, arms and legs. In most people, the skin heals completely after a few days.

Impetigo is highly contagious and can spread from person to person by directly touching the sores, fluid from the sores or objects and surfaces contaminated by the sores. Cases can often occur among family members or people who live closely together. Sometimes outbreaks can occur in schools and children's service centres.

Impetigo is most common in pre-school and school aged children but can affect people of all ages. It is also more common in people with damaged skin, such as cuts, abrasions, burns or insect bites, a pre-existing skin condition, such as eczema or dermatitis, or a weakened immune system. Impetigo can be dangerous and life-threatening in babies and young infants as their immune system may not yet be mature to fight the infection.

Doctors usually diagnose impetigo by looking at the sores. Sometimes, they may swab and test the sores for identify the bacteria. Treatment of impetigo involves taking care of the sores. Wash the sores with an antibacterial soap every 8 to 12 hours, and soak and gently remove any visible crusts.

After each wash, pat the sores dry using a clean towel each time. Completely cover and seal the sores with a waterproof dressing, where possible. Use a crepe bandage to hold the dressing in place or help prevent young children from scratching the sores.

Impetigo can be treated with antibiotic creams which should be reapplied until the sores have completely healed. Oral antibiotics may be recommended for some infections. Speak to your doctor about impetigo and treatment if the sores continue to spread or new sores start to form despite treatment, a fever develops and/or your child becomes unwell.

Prevent the spread of impetigo by avoiding touching of the sores and keep them clean and covered with a waterproof dressing where possible and using a crepe bandage if necessary. Wash your hands with soap and water before and after touching, cleaning or applying treatment on the sores and after handling contaminated objects such as dressings, sheets, towels or utensils. Use a clean cloth each time to wash and dry the sores. Dispose of used dressings as soon as they are removed into a waste bin. Avoid bathing children in the same bathwater as a child with impetigo. Wash clothes, sheets, towels and utensils that have been used by someone with impetigo every day, ideally in hot water.

Keep your child's fingernails short and clean and encourage them not to touch or scratch the sores. Keep children with impetigo at home from school or childcare centres until antibiotic treatment has been started. All sores on exposed skin must be covered with a waterproof dressing when returning.

Information for schools and children's services: Children with impetigo must stay at home from school and children's services, such as childcare centres and kindergarten, until antibiotic treatment has been started. Advise staff and parents who may have had direct contact with impetigo skin lesions to monitor for symptoms and signs of impetigo and seek medical care if they develop. Clean and disinfect any commonly used or shared objects and surfaces, such as equipment, desks and toys. Encourage children not to share personal items such as clothes, towels, bed linen, drink bottles or utensils.

Live Well, Live Long: A Free Program for Healthy Aging

As we age, staying healthy isn't just about adding years to life—it's about adding life to years. That's the heart behind Live Well, Live Long, a free five-week program designed to empower older adults with practical tools, knowledge, and confidence to thrive.

Starting Monday, 16 February 2026, sessions run every Monday (except 9 March) from 10:00 am to 12:00 noon at Central Coast Community Health Centre, 48 Water Street, Ulverstone.

This award-winning initiative began as a partnership between Clarence City Council and the Tasmanian Health Service and is now offered locally with Central Connect Tasmania and health providers.



Together, we're creating a space where information meets inspiration—and where community connection becomes part of the prescription for healthy aging.

Each week features two engaging sessions plus morning tea:

- 16 Feb: Managing Medication & Understanding My Aged Care
- 23 Feb: Financial Information Service & Gadgets for Independence
- 2 Mar: Balance & Strength + COTA Resources
- 16 Mar: Your Health, Your Voice
- 23 Mar: Living Well with Arthritis

It's not just about learning—it's about connecting, laughing, and leaving with a renewed sense of possibility.

To RSVP or learn more:

Ulverstone Community Health Centre

Phone: (03) 6464 3080 | Email: jenelle.wells@ths.tas.gov.au

Spaces are limited—secure your spot today. Your future self will thank you.

Health & Wellbeing

One Hour A Week Can Change a Life

Kelly Dernehl, CEO of New Mornings



There is a quiet but powerful kind of volunteering that doesn't require special skills, a background in education, or the ability to fix anything at all.

It simply asks for consistency, presence, and one hour a week.

Across local primary and secondary schools, there are children carrying far more than their years should require. Some are navigating trauma, instability, or a deep sense of disconnection. Others are simply missing one steady adult who shows up, week after week, without judgement or expectation.

This is where mentoring makes its difference. Through the IMPACT Student Mentoring Program at New Mornings (IMPACT: Inspiring Minds for Positive Action – Cultivating Transformation), volunteer mentors spend one hour a week with a student during school time. The sessions are simple and child-led. They might involve playing a game, drawing, talking, or sitting quietly together. There is no agenda. No pressure to perform. Just relationship.

And yet, over time, something shifts. Children who once avoided school begin to show up more willingly. Trust slowly replaces guardedness. Confidence grows. Teachers and parents notice changes that cannot be taught in a classroom, but can only be formed through safe, consistent connection.

Mentoring is not about doing more. It is about staying. In a world where many children have experienced adults coming and going, the power of someone who returns each week cannot be overstated. One hour becomes a signal of worth. Of reliability. Of being seen.

Right now, New Mornings is seeking additional volunteer mentors to meet growing demand in local schools. Full training and support are provided, along with clear boundaries and professional oversight. Volunteers are carefully matched and never expected to walk alone.

If you can offer one hour a week during school hours, and you feel even a small nudge that this might be for you, we would love to hear from you.

Because sometimes the most meaningful change begins quietly. With one person. One hour. And a willingness to show up.

For more information about becoming a mentor, contact New Mornings directly by emailing admin@newmornings.org.au.

Persistent Pain Self Management Program - Ulverstone

For anyone with ongoing pain, the Persistent Pain Self Management Program is evidence-based and delivered worldwide. It helps people build confidence in self-managing their ongoing pain and other conditions.

Ulverstone Neighbourhood House, Lugana Crescent Ulverstone
Mondays, 16 February - 30 March 2025,
1:00pm - 3:30pm (no session 9 March)
every Monday for 6 weeks

No cost for the program. We welcome a small donation for afternoon tea. The program is suitable for anyone with long term pain who is ready to make some changes. Family members, partners and carers are welcome to join. Register: michelle.towle@ths.tas.gov.au or phone (03) 6477 7347 to register for the program.



Learn ways to manage your health and overcome pain.

Meet other people living with persistent pain.

Join this six-week group program: 2 ½ hours each week.

Learn and practice how to:

- manage pain and fatigue
- get better sleep and eat well to improve your health
- communicate effectively with your health care team
- pace yourself
- set reachable goals
- find out more:



Ulverstone Neighbourhood House,
8 - 10 Lugana Cres, Ulverstone

Mondays 16 February - 30 March 2026
1:00pm - 3:30pm (no session 9 March)
every Monday for 6 weeks

Register or find out more by calling Michelle:
(03) 6477 7347

or email: michelle.towle@ths.tas.gov.au

No cost for the program.
We welcome a small donation towards afternoon tea.

The Persistent Pain Self Management Program is suitable for anyone with long term pain. Supporters and carers are welcome to attend too!





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New Hope Garden
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For more information call 1300 137 008 or visit tasnetworks.com.au



The Return to the Moon

By Dr Martin George, Hive Principal Astronomer

February 2026 is shaping up to be a famous month in space history, with the return of humans to the vicinity of the Moon for the first time since December 1972. At the time of writing (mid January 2026), NASA was planning to launch the Artemis II mission by as early as 5 February, so by the time you read this article, it may have already happened!

At the Ulverstone Planetarium at Hive, we have had many questions from audiences about this mission, especially after the running of one of our favourite planetarium shows, Moonbase, which describes some of the possibilities for permanent human habitation of the Moon in the years or decades to come.

I say 'vicinity of the Moon' because Artemis II is not a lunar landing mission. It is a mission to carry four astronauts all the way to the Moon, loop around the Moon, and return to Earth, all over a period of about 10 days. The mission will be used to test spacecraft hardware, software, and communications systems as a prelude to Artemis III, during which people will walk on the lunar surface sometime in the next few years.

The most famous lunar mission was Apollo 11, carrying astronauts Neil Armstrong and Edwin ('Buzz') Aldrin to

the lunar surface in July 1969 in the first landing there by humans. However, Artemis II is more like Apollo 8 in December 1968, which carried three astronauts to the Moon without landing, but in that mission they made 10 orbits of the Moon before beginning their trip home.

There were a total of six successful NASA lunar landing missions by humans from Apollo 11 to Apollo 17 inclusive—Apollo 13 was the only failure. A question often asked is: why did it all end there? There are a few reasons: expense, the lack of motivation to continue after winning the race to the Moon (against the Soviet Union), and other priorities at home in the USA and overseas, including the US involvement in the Vietnam war.

Now, there is renewed interest, especially after the discovery of ice in the Moon's polar regions, and the possibility of using the Moon as a 'stepping stone' to send humans to Mars. An additional reason is that China wants to send people to the Moon. Indeed, some years ago, I discussed this with Ouyang Ziyuan, a major supporter of the Chinese Lunar Program in Beijing, and he was highly enthusiastic about doing so.

My view is that the USA now wants to beat China, winning another race. Politically, that is understandable, but I think the best way to advance our space technology would be to cooperate rather than compete!

This Month in STEM

By Brittany Trubody, Founder and Director of Tastrofest

Animals

Japan has developed an innovative replacement material designed to protect marine life from plastic bag entanglement. The material dissolves within an hour of exposure to seawater, leaving behind nutrients rather than harmful microplastics. When exposed to soil, it fully breaks down within 10 days, returning only essential minerals to the environment.

Environment

A Czech company is tackling tyre waste by repurposing discarded rubber into highly absorbent highway sound barriers. The company aims to divert up to 300 million tyres from landfill by transforming them into flexible, impact-resistant walls. These barriers outperform traditional wooden structures in noise reduction while also enhancing roadside safety.

Energy

MIT has developed ultra-thin, low-light solar panels capable of generating power from indoor ambient lighting. Simply having household or office lights switched on can provide enough energy to charge phones, wearable devices, and other small electronics. At roughly the thickness of a sheet of paper, these panels can be printed directly onto existing surfaces.

Infrastructure

Researchers at the University of East London have created a new form of concrete using sugarcane by-products. Known as Sugarcrete, the material is made from bagasse—the fibrous residue left after sugar production. It is strong, insulating, and highly durable, while producing up to 95% less carbon than conventional concrete. Early testing suggests it is suitable for use in building construction.

History

An extraordinary discovery at the Umhlatuzana Rock Shelter in KwaZulu-Natal, South Africa, has revealed that 60,000-year-old quartz arrowheads were coated with plant-based toxins. Analysis shows the use of toxins derived from the gifbol plant (*Boophone disticha*), still used by indigenous groups today. This finding pushes back the known use of chemical knowledge and complex hunting techniques by tens of thousands of years.

Science

In a world-first, an aircraft has safely landed in Denver using fully automated emergency landing technology. The "Autoland" system activates if a pilot becomes incapacitated, automatically contacting air traffic control, declaring an emergency, selecting the nearest suitable airport, and completing the landing without pilot input. Although the system had not previously been used in a real-world emergency, the aircraft and occupants were successfully brought down safely and without incident.

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History

By Craig Dunham



PENGUIN HISTORY GROUP INC.

The Penguin History Group is a small group of enthusiastic volunteers devoted to caring for and promoting the heritage of our local district. We have operated for almost 30 years, and our rooms are part of the former Penguin Railway Station. Our group has an active core of 20 members who meet on a weekly basis and our facilities are open to the public on Wednesday mornings and evenings as well as Monday afternoons.

The objects and purposes of the group include –

- To collect & collate historical records and memorabilia relevant to the Penguin district and to make them available for public display.
- To promote items and events of historical interest
- To collect and collate oral histories of the Penguin district
- To record and encourage the preservation of items of significant historical interest in the Penguin district
- To promote and conduct public events, functions and displays which promote Penguin's heritage



The Penguin History Group was formed in August 1997. The group comprised several local citizens from a variety of different backgrounds who shared an extensive knowledge of the Penguin district's past. At the same time moves were afloat to relocate the former Railway Station to its original location. Successful arrangements to re-site the station were made with local entrepreneur Ron Gee who had used the building as a "tea room" at his nearby

The Penguin History Group

factory. With considerable support from the Central Coast Council and government grants, the refurbished building was returned to its former location.

The Penguin History Group played a significant role in the official opening, which was held on April 15, 2001, exactly 100 years from the arrival of the first train in Penguin. The Penguin Rail Centenary was a memorable occasion with a very large crowd supporting the occasion.

In terms of Office bearers over the years, some of the longest serving include -Secretary – Aileen Jones 9 years & Pauline Lancaster 7 years, Treasurer – Doug Hardstaff 12 years & Paul Murray 8 years, and President – Philippa Johnstone 9 years & Craig Dunham 12 years.

In summary, whilst the Penguin History Group continues to operate in a similar manner as it has for the past 30 years, technological advances such as Facebook and digitalisation have enabled the group to widen the potential readership considerably and to generate greater interest in the history of our district.

Please pay us a visit any Monday 1.30 -3.30 pm or Wednesday 10 – noon / or 7.00 -8.30 pm. To contact us email penguinhistory@bigpond.com or Penguin History Facebook page.



The Penguin Rail Centenary 2001

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www.fultonparktasmania.com.au
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Allan Dolbey - 0419 369 116

Community Safety

New Technology, New Risks: Understanding 3D-Printed Firearms

David Daniels OAM, Crime Stoppers Tasmania Chair

Crime Stoppers Tasmania is encouraging the community to stay informed about a growing issue that many people may not realise exists - the use of 3D printers to make illegal firearms and firearm parts.

While often associated with hobbies or home projects, 3D printing technology can be misused to create weapons. In Tasmania, it is illegal to manufacture or possess a 3D-printed firearm. It is also an offence to possess digital blueprints used to make firearms, firearm parts or sound suppressors.

Across the state, a small but increasing number of homemade and imitation weapons - including gel blasters, modified items and 3D-printed firearms - are being detected in the community. Even when these items appear non-functional or harmless, they can still be used to intimidate or cause fear.

What makes 3D-printed firearms particularly concerning is how accessible the technology has become. Tools that were once difficult to obtain are now commonly found in private homes. With the right digital file, a weapon or component can be produced quickly and quietly. This is why awareness and early intervention are so important.

What is a digital blueprint? A digital blueprint is an electronic file used to manufacture an item. It may include a digital design, technical drawing, photograph or computer code that can be used by a 3D printer or electronic milling machine. It is a specific type of file that is used for manufacturing. Not all digital blueprints are unlawful.

When is a digital blueprint illegal? Since 1 July 2024, it has been a criminal offence in Tasmania to possess a digital blueprint if it is intended to be used to manufacture a firearm, firearm part or sound suppressor using a 3D printer or electronic milling machine. Digital files unrelated to firearms do not breach the law.



How Crime Stoppers helps: Crime Stoppers Tasmania provides a safe and anonymous way for community members to share information that may help prevent illegal firearms from being made or circulated. This might include concerns about homemade weapons, suspicious online activity, or the sharing or storage of firearm blueprints.

You don't need proof, and you don't need to give your name. Even small pieces of information can help protect others and prevent harm.

By staying informed and speaking up safely and anonymously, Tasmanians can play an important role in keeping their communities safe.

If you have information:

- Make an anonymous tip to Crime Stoppers Tasmania - crimestopperstas.com.au or 1800 333 000.
- Contact Tasmania Police with concerns about illegal firearms or unsafe storage practices on 131 444, or triple zero (000) in an emergency.

Safeguard Your Valuables From Theft at Home

Crime Stoppers and RACT have joined forces to help make our homes safer from burglary and theft.

Understanding what burglars target most can help you protect your valuables and reduce your home's risk of becoming a target. Below, we look at items thieves may target in home burglaries and some practical ways to safeguard them.

1. Cash and jewellery small, easy to conceal, and have immediate resale value. Burglars often head straight to the main bedroom first, where most people keep these valuables. How to protect them: Avoid storing large sums of money or jewellery in drawers or jewellery boxes. Store items in unexpected places or invest in a small, fireproof safe that's securely bolted to the floor or hidden away.

2. Laptops, tablets, gaming consoles, and even smart home devices are frequent targets because they can be quickly resold. Thieves often look for electronics near windows or visible from outside. How to protect them: Keep electronics out of plain sight and use location or tracking software. Engraving or labelling your devices can also deter resale.

3. Passports, financial and legal documents are incredibly valuable for identity theft. How to protect them: Store sensitive paperwork in a locked safe or filing cabinet and consider keeping hard copies with a trusted friend or digital copies in encrypted cloud storage.

4. Keys are small to carry and can be easy to grab. Keys give access to your other valuables such as sheds and

vehicles. How to protect them: Keep your car and house keys out of sight and away from windows and doors at home.

Leave spare keys with trusted neighbours or friends and not hidden outside your home. Know what all the keys you carry are for and only carry what you need.

5. Wallets, watches, and other portable items often disappear in a matter of seconds. How to protect them: Don't leave wallets, purses, handbags or valuables on entryway tables or countertops. Make a habit of keeping them out of sight and out of reach.

6. Power tools are prime targets due to their high value and resale potential. Often taken from garages, sheds or tradesmen cars. How to protect them: Tools should be stored in a locked cabinet or shed when not in use, or sight. Photograph and record serial numbers. Engrave or label your power tools.

7. Medication theft is rising, especially prescription painkillers that can be resold. How to protect them: Keep medications in a lockable cabinet and out of reach from guests or service workers. Properly dispose of unwanted medicines.

If you see any suspicious behaviour in your area or believe a crime has occurred, it's important to report it - even if it seems minor. In an emergency or if a burglary is in progress, call Triple Zero (000) immediately. For non-urgent situations, such as reporting a break-in after it has happened, contact Tasmania Police on 131 444 or visit your local police station. You can also provide anonymous information through Crime Stoppers Tasmania at crimestopperstas.com.au or 1800 333 000.

Events to look out for

Please send your activities to us by the 21st of the month



Clogging for Beginners

free intro session. Penguin Surf lifesaving club.
6.30pm-7:15pm. Phone: 0415 922 433 or Email:
cradlecoastcloggers@gmail.com



Hazell Bros 357 Mission Zero Big Swim

Ulverstone Surf Club
2pm-8pm
Ph. (03) 6425 2404



Artisan Alley Makers Market

168 Gilbert Street Latrobe
9.30am-1.30pm
Contact aamakersmarket@gmail.com



WIO Pride Coffee

Café Europa, Burnie. 10:30am-11:30am
Please RSVP to garry@workingitout.org.au so we
can ensure enough space for us!



Valentine's Day Market

Ulverstone Rowing Club
4pm-8pm
<https://www.facebook.com/share/1DV5QegEUE/>



ThiccBoi Collectables Trade Day

Apex House, Ulverstone
10am-2pm
Ph. 0423 746 240



Regional Autistic Engagement Network Happy Hour

(18+ event). Elimmata Hotel Front Bar, Devonport
5.30pm-6.30pm.
Email info@raentasma.com.au



Pacific Rhythm Festival

Ulverstone Sound Shell
4pm-8pm
Contact Leigh, Central Coast Council 6429 8900



Fulton Park 75 Year Gala Family Fun Day

Fulton Park, Forth. 10am-2pm
Ph. 0419 369 116 or email
fultonparktasmania7310@gmail.com



Australian Breastfeeding Association – Pram Walk

The Bluff, Devonport
10am-12pm
<https://www.facebook.com/share/1B2ggVSvJA/>



**For more events,
including community
group meeting dates,
please visit the Coastal
Voice What's On page:**

<https://thecoastalvoice.au/whats-on/>

**CANVA FOR
COMMUNITY
GROUPS**

**LEARN HOW TO CREATE A BRAND GUIDE, USE
TEMPLATES AND SCHEDULE SOCIAL MEDIA POSTS
WITH EASE IN THIS HANDS ON 3HR WORKSHOP**

Over 3 hours, you'll learn how to build a brand kit, customise templates, create eye-catching posts, and use Canva's Planner to schedule your content in advance. Follow along as I guide you through each tool on the big screen, with plenty of time for questions and hands-on practice.

By the end, you'll walk away with:

- A better understanding of how to stay consistent and on-brand
- A personalised brand kit for your organisation
- Three to four ready-to-use social media posts
- Confidence to keep creating content independently

This session is designed to be practical, supportive, and beginner-friendly – perfect for anyone who manages social media as part of a volunteer or part-time role.

**\$45
INCLUDES
LUNCH!**

21 FEBRUARY 11-2PM
MONTGOMERY ROOM, WOOLIES CARPARK, ULVERSTONE

<https://events.humanitix.com/canva-for-community-groups>

IN PENGUIN

the space to pause



Perfect for:

- 1:1 sessions
- Client sessions
- Study + reflection
- Small healing circles

Located in the heart of Penguin, TAS

Hire for 2-4 hours or full-days

Book now via Spacetoco:

www.spacetoco.com/host/sonia-skewes

E: bookingsinpenguin@soniaskewes.com.au

T: 03 6413 6430

SERVICES

ATTENTION ALL CAT OWNERS!!

We offer hands on quality cat care when you board your feline friend in our small home from home facility. Thank you to the new clients who now know about us. Call us and inspections welcome. Limited bookings available located in Central Ulverstone. Tel: 64 257663

CANINE HEALTH AND REHABILITATION

Myofunctional & Rehabilitation services for your dog. Clinic Located at Shop 6/17 Foster St Railton. Specialising in: Helping your dog stay active & happy. Helping your dog recover from orthopaedic, spinal surgery. Helping dogs with muscle injuries.
www.caninehealthandrehabilitation.com
info@caninehealthandrehabilitation.com

TASMANIAN AMPUTEE UNITED SUPPORT GROUP

Ph. 0409184877

JP SIGNING CENTRES

Devonport: 24 Edward St - Tue & Thur, 10:30am - 12:30pm
Penguin: 11 Sports Complex Ave - Mon & Fri 10:30am - 12:30pm

www.thecoastalvoice.au - February 2026 - The Coastal Voice

FOR SALE

EVANSARMS

Firearms bought, sold, stored, Transferred. 0419 191 101

AMMOINK ULVERSTONE

All Ammunition & Reloading Products 0419 879 634

ENABLED TECH

"For all your IT problems" Call Josh 0408 387 541



Roberts

REAL ESTATE



Connecting people with property.

As skilled real estate professionals, we provide a thoughtful and collaborative approach to your property sale, centred on our understanding of our clients' priorities and providing straightforward, effective real estate solutions throughout Tasmania's Central Coast and surrounding regions.

Drawing on decades of combined experience, we recognise that asking the right questions and applying deep local market insight allows us to deliver well-

informed guidance for every property we handle. Every recommendation we make is grounded in knowledge and proven expertise.

As committed members of the local community, we combine contemporary marketing techniques with honesty, authenticity, and a genuine dedication to creating value. Working together, we strive to achieve exceptional outcomes while fostering meaningful, long-term relationships along the way.

THE COASTAL VOICE

INDEPENDENT COMMUNITY NEWSPAPER
ESTABLISHED 2015

FREE
What's On
Print and
Share

WHAT'S ON IN PENGUIN & SULPHUR CREEK

To add to, delete, or modify activities, please contact our email: editor@thecoastalvoice.au

ARTS, CRAFT, AND BUILDING - PENGUIN

BUSY HANDS

Knitters and crocheters, 1st and 3rd Mondays monthly 10am BYO lunch - All welcome. Uniting Church hall. Gold coin donation

CRAFT SOCIAL

Starts Friday 21 Feb
10.30 - 2.30 pm
Sewing/patchwork/quilting
Rookery at Penguin Com Op Shop

PENGUIN MEN'S SHED

Woodworking and woodturning
Wed, Frid and Sat 9-12
5 Sports Complex Centre Penguin
\$50 pa Equipment provided
The Secretary #0418 331 198

PENGUIN VILLAGE STITCHERS

Tuesdays, quilting group + anything involving stitches. Penguin Uniting Church Hall, Tues 10-2, \$3
Call Carol: 0400 442 487 or 6406 0823

WEAVING THREADS CRAFT CIRCLE

Fridays 10am - 2pm, RESEED Centre, 30 King Edward St Ph 6436 2339

CHURCH GROUPS - PENGUIN

BAPTIST CHURCH - PENGUIN

130 Ironcliffe Rd. Call 6437 1000
Service 10am Sunday.
Chat'n'Choose, 10am Thursday

ROCK COMMUNITY CHURCH

2 Dooley Street, Penguin
10.30 service
Ph 03 6437 1934

SANCTUARY HILL CHRISTIAN FELLOWSHIP

Main Road, Penguin
(opposite historical cemetery.)
Sunday services 10 a.m.

ST STEPHENS ANGLICAN

Main Road Penguin, near traffic lights.
Sunday 9.30am. Call Mary 6437 2420

UNITING CHURCH - PENGUIN

50 Main Road Penguin Sun 10.00 am.
0447228 747. All welcome to visit
this beautiful, historic church.

DANCING - PENGUIN

CRADLE COAST CLOGGERS

Tap style dance \$10/week
Monday evenings
Phone Jan #0415 922 433

GARDENING - PENGUIN

COMMUNITY GARDEN - PENGUIN

Wednesday 10am - 12pm NW
Environment Centre, 207 Ironcliffe Rd

LIBRARY - PENGUIN

Tuesday 2-5 pm, Thurs 10-12.30 pm
and Frid 11am-1pm & 2pm - 6:00pm
81 Main Street. Call us on 6477 7520.

SOCIAL & SUPPORT - PENGUIN

BABY VILLAGE

Mon 10-11.30 Play Centre Creche
46 Main Road, Penguin

BORDER COLLIE PLAY DATE, 10-11am

Johnson's Beach 1st Sat monthly
COMMUNITY DINNER, Tuesday 5.30 pm, free at The Rock Community Church, Dooley Street Penguin

CORONEAGH PARK AUX AGM

Monday 19th August - 1pm
location: Coroneagh Park, 50 Ironcliffe Road. Enquiries: Secretary Wendy Evans 0418 140 160

COUNTRY & VARIETY AFTERNOON

Every 2nd Sunday - lunch at 12
Raffles, door entry, afternoon tea
At Penguin Sen Citizens Centre

FRIENDSHIP CIRCLE - PENGUIN

Last Friday monthly at 2.00pm,
Penguin Sports & Services Club

HISTORY GROUP - PENGUIN

Meets at Old Penguin Railway Station
Wed 10-12 and 7-9 pm. \$20
membership. No cost to visit.
Craig Dunham 0418 559 224

HOSPITAL AUXILIARY - PENGUIN

2nd Monday of the month at 1pm,
Penguin Anglican Church Hall, Call
Mary 6437 2420

MAH JONG MONDAYS

Rookery in Penguin Op Shop

10-12 - no cost
Ph: Tony 0458 888 339

MEN'S COFFEE MORNING

Tuesdays 11am, Penguin Bakery

PENGUIN PROBUS CLUB

Meets on the 3rd Thursday monthly
at 10 am at Penguin Railway Station.
A mixed group for active retirees.
#0457 071 166

ROOKERY - meals & groceries
at Penguin Com Op Shop, Wed 10-1,
donation invited - for those doing it
tough.

SENIOR CITIZENS CLUB - PENGUIN

Every 2nd Thursday 12.30 pm
Music, raffles & afternoon tea

SPORT AND PHYSICAL - PENGUIN

CLAY TARGET CLUB - PENGUIN

2nd Sunday monthly 9.30 am
Hardy's Road Penguin
\$50 per 100 targets
Firearms Licence required
Phone Matthew #0419 879 634

INDOOR BOWLS

Penguin Senior Citizens Club Social,
Mondays 1pm, 0498 488 589

SHIM JANG TAEKWONDO

Mondays and Wednesdays 6:30pm to
7:30pm Penguin Primary School
Ph 0498 833 858

SMOOTHER MOVERS

PSLSC MON 9.30-10.30, Thurs 11-12
\$15 Bookings essential. #6228 4842

SILVER SALTIES

1.30pm at Penguin Surf Life Saving
Club. Ph Debbie 0456038003
8 week program

SOCIAL BOWLS

Every Monday afternoon 1 pm
Penguin Senior Citizens Centre

SQUASH CLUB - PENGUIN

Mon 6 pm
Penguin Sports Complex
Phone Andrew #0456 182 546

SULPHUR CREEK

DANCE FIT - Sulphur Creek, FRIDAYS
9.30 AM, #0420 703 701, \$10/class

WORKING BEE AND GET TOGETHER

Community Garden, Saturdays,
Sulphur Creek Hall Ph 0409 237 018

WHAT'S ON IN THE ULVERSTONE AREA

To add to, delete or modify these activities please contact
editor@thecoastalvoice.au.

ARTS AND CRAFT - ULVERSTONE

ART ADVENTURES

Fridays 9.30am - 12 pm, Amy Unit,
Ulverstone Neighbourhood House,
W.Ulv, Ph 6425 4186

EMBROIDERY GUILD OF TAS

Central Coast, Mondays 10am to
1.30pm. Presbyterian Hall, Main
Street Ulv.
Ph 0408 257 541

HANDWEAVERS, SPINNERS & DYERS GUILD

2nd Saturday of the month at 10am,
Anglican Church, Ulverstone
Ph 6425 2131

LACE GUILD

Aust. Lace Guild, Tas. Branch Inc.
Northwest Group
Meet 10 am 1st Saturday, Feb - Dec
Ulverstone Secondary College
Corner Leven & Walker Streets
Ulverstone. Free lessons provided.
Michele 0418 307 576 or
Janet 0447254161

NW WOODCRAFT GUILD WORKSHOP

Tuesdays, Wednesdays, and Saturdays
10am - 4pm
Ph, 0487 654 711

CLUB MEETINGS - ULVERSTONE

CAMERA CLUB - ULVERSTONE

7.30pm, Paul 0434 080 670
Meeting Every 2nd Wednesday

CENTRAL COAST PROBUS CLUB

Celebrating 40 years in Probus. We
meet on the 3rd Wednesday
of the month at 10.00 a.m. At
the Rotary "SHED" 2 Flora St. W.
Ulverstone Showground. Aileen,
Ph.0448 004 784

CWA ULVERSTONE BRANCH

Meets on the 1st Thursday monthly
at 10 am at Montgomery Room. All
women welcome. #0457 071 166

LADIES PROBUS CLUB

1st Monday of month at 10am,
Ulverstone Bowls Club, Fulton St
Kerrie 0400 080 344
Barbara 0400 869 538

NW TAS AMATEUR RADIO CLUB

Bi-Monthly Feb, Apr, Jun, Aug, Oct,
Dec, 1st Saturday at 1.30pm,
Scout Hall, 73 Alexandra Road
Ph Eric 0418572183

ROTARY CLUB OF ULVERSTONE

West, Tuesday 6 for 6.30pm,
Ulverstone Bowls & Community Club

TAS FLORAL ART SOCIETY NW

First Wednesday at 10.30am, call
Anne 0448 990 837 for details

ULVERSTONE PROBUS CLUB

1st Monday of each month 10 am
\$30 pa + \$10 each meeting
Phone Jan: 0437 560 136

CHURCH GROUPS - ULVERSTONE

ANGLICAN CHURCH - ULVERSTONE

Kings Pde. Next to Maccas
Sunday 9.30am with kids program
Wednesday Service, 1:30pm
Church office, Tel. 6425 1003

BAPTIST CHURCH - ULVERSTONE

60 Alexandra Road, Ulverstone
Sunday Service 10.00am
www.ub.church Phone 6425 6306

CHRISTIAN REFORMED CHURCH OF ULVERSTONE

36 John Street, Ulverstone
Sunday Service 9.30am

CHURCH OF CHRIST - ULVERSTONE

(non-denominational)
26 Leven Street.
Worship and Lord's Supper
Sunday at 10.30am.

Call Josh Marks 0400 199 164

GOSPEL CHAPEL - ULVERSTONE

1a Amherst St, W Ulverstone.
Worship & Communion Sunday
10.30am.
Ladies Coffee 2nd Thurs of the month
10.00am Call 6425 1809

PRESBYTERIAN - ULVERSTONE

59 Main St, Ulverstone.
Family Sunday Service 10am.

PRESBYTERIAN OF EASTERN AUSTRALIA - ULVERSTONE

13 Leven Street, Ulverstone,
Sunday 10:30 AM
www.ulvpcea.org

REVIVAL CENTRES CHURCH ULVERSTONE

Montgomery Room
Sunday 10.30am
Ph: 0439 105 194

SALVATION ARMY ULVERSTONE

23 Victoria Street, Ulverstone
Sunday Worship 10.30am

SEVENTH DAY ADVENTIST

94 South Rd, West Ulverstone.
Sat, 10am Sabbath School and
11:15am Family Service.
Pastor Afi Tuaoi 0418 220 799

UNITING CHURCH - ULVERSTONE

Reibey Street, Ulverstone
Worship service at 10 am Sunday

DANCING - ULVERSTONE

BOOTSCOOTIN' DEVILS LINE DANCING CLASSES

Tuesdays 6.30pm - 8.30pm and
Thursdays 9.30am - 11.30am,
Ulverstone Rowing Club,
Ph Deb 0447 313 006

DANCING - A SCOTTISH FLAVOUR

Fridays 9.30am-11am,
Ph Trina 6425 2630

ENVIRONMENT - ULVERSTONE

ULVERSTONE COASTCARE

2nd Wednesday of the month at
Buttons Creek,
Ph 0418 142 790

GARDENING - ULVERSTONE

CENTRAL COAST GARDEN CLUB

1st Thursday of month at 1pm, East
Ulverstone Football Clubrooms
Ph Carol on 0439 368 144

ULVERSTONE COMMUNITY GARDEN

Mondays & Thursdays, 9.30-12.30
Third Saturday monthly, 9.30-12.30
2 Westshore Road, West Ulverstone
ulverstonegarden@gmail.com

ULVERSTONE GARDEN FRIENDS

First Thursday of month at 12.30pm,
Uniting Church Hall, Reibey St,
Ulverstone, Ph. Betty 6425 2222.

KIDS ACTIVITIES - ULVERSTONE

LEGO CLUB (9 YRS+)

Tuesdays 3.30pm - 4.30pm,
Ulverstone Library

MINIATURE RAILWAY -ULVERSTONE

1st and 3rd Sunday of the month
Maskells Rd Reserve, 10.30 am -
4.00pm
Ph 0438 255 119

LEVEN REGIONAL ARTS

FOR MORE INFO RE LRA ACTIVITIES:

PENE #0407 135 689

JOY #0400 105 943

LRA membership \$30 pa

ACRYLIC PAINTING WITH LORETTA

LRA - Thursdays 1pm Studio 2 HIVE
Ph 0400 105 943. \$5 per week. All skill
levels welcome.

ALCOHOLIC INK ART - LRA

Tuesdays 10am, HIVE Studio 2
Devone Jones #0402 794 444

FANTASY WEAVERS -LRA

Thursdays 10am – 3pm Studio 2, HIVE.
Ph Margaret 0427 359 834 or
Ph Jenefer 0417 301 161

FELTING, FIBRE AND FABRICS - LRA

Thursdays 10am, Studio 2, HIVE
Ph 0400 105 943. Visit and discuss.

FREE TIME-GUEST FACILITATORS

Tuesdays 1pm, Leven Regional Arts,
Studio 2, HIVE
Ph 0400 105 943

LEATHER WORK WITH MAX - LRA

Tuesdays 1pm Studio 2, HIVE
Ph 0407 135 689

MAHJONG - LRA

Wednesdays 10.00am-12.00pm,
Studio 2 HIVE
Ph 0400 105 943

MOSAICS MOSAIC REVIVAL - LRA

Tuesday 10am, Studio 2, HIVE
Ph 0400 105 943. All skill levels.

PASTEL DRAWING GROUP - LRA

Wednesdays 10am, Studio 2, HIVE
Ph 0400 105 943

PRINT MAKING - LRA Fridays 10am-
3 pm, Studio 2 HIVE. Visit & discuss.
Ph 0400 105 943

PASTEL DRAWING GROUP - LRA

WHAT'S ON IN THE ULVERSTONE AREA

Wednesdays 10am, Studio 2, HIVE
Ph 0400 105 943

SCALE MODEL ASSEMBLY - LRA

Wednesdays 10am-All day, Studio 2,
HIVE Geoffrey Ph 0400 105 943

TEXTILES WITH JANICE - LRA

Mondays 10am-12pm Studio 2, HIVE
Basic sewing, knitting, crochet,
macrame etc. BYO materials.
Ph 0400 105 943

ZOODLING - LRA

Mondays 1pm, based on Zen tangling.
Studio 2, HIVE Ph 0400 105 943

LIBRARY - ULVERSTONE

Mon to Thurs -5:00pm, Frid 9-6 pm,
Sat 9.30-12.30 pm.
15 King Edward Street #6464 3120.

MUSIC - ULVERSTONE

CHOIR

Ulv. Senior Citizens Club, King Edward
St, Mondays 1.30pm

LIVE @ THE WHARF

Fridays 5.30pm - 7.30pm

MAINLY MUSIC (0-5YO)

Tuesdays 9.30am - 11.30am School
Terms, Ulverstone Anglican Church

PLAYGROUPS - ULVERSTONE

ROCK & RHYME

Fridays 10:30am-11am, at Library

SETUP FOR SUCCESS

Little Joeys Playgroup Birth- 5 yrs,
Mondays 9 - 10:30am, Sacred Heart
Catholic School.
Ph 6425 2680

STORYTIME FOR AGES 2-5 YRS

Tuesdays 10am-10.30am,
Ulverstone Library

SOCIAL ACTIVITIES - ULVERSTONE

BINGO MONDAYS 6-10

West Ulv Football Club, Amy Street
Eyes down 7.30. Contact Di McCulloch
0400822371

BOOK CHAT - Ulverstone library
Wednesdays 2-3pm

BOXER DOG PLAY DATE

1st Sun, Monthly at Ulv Dog Park 9 -
9.45 am. No cost. All welcome.

CARDS

Ulv. Senior Citizens Club, King Edward
St, Wednesdays and Fridays 1.00pm

CENTRAL COAST FILM SOCIETY

Film nights on Wed mostly
Leven Theatre, Ulverstone
\$20 for 3 films
Phone Patricia #0416 833 080

CONNECT CAFÉ

Tuesdays 10.00am - 12.00pm,
Gnomon Room, Wharf Precinct
Ph. 6429 8900

HATTERS TO GO

Join the Red Hat Sisterhood
Varied locations
\$20 pa
Phone Merveen #0429 946 692

LADIES COFFEE MORNING

2nd Thursday each month.
10AM at the Ulverstone Gospel Hall.
Amherst St, West Ulverstone.

MEN CARE TOO - COFFEE CLUB

Mondays 10am, McCarthy's Bread
Lounge, Greg 0400 604 231

NEW MORNINGS - LOUNGE

Mondays 1.30 - 4.30pm, Fridays
10am-1pm, Presbyterian Church
Community Hall, 59 Main St, Ulv.,
Ph 6411 6212

PRIDE COFFEE

Monthly catch-up for the LGBTIAQ+
community, friends and allies.
4th Friday at Hey Buddy 10:30am.
RSVP to garry@workingitout.org.au

THE MAN WALK

Saturdays 9.00am - All men welcome
McCarthy's Bread Lounge
Ph Greg 0400 604 231

ULV. SENIOR CITIZENS CLUB

King Edward St, Tuesdays, Thursdays,
and Saturdays at 12.45 for 1pm

ULVERSTONE SENIORS FORUM

Ulv. Senior Citizens Club
Tuesdays 9.45am-12 noon

SPORT AND PHYSICAL ACTIVITIES

COMMUNITY YOGA

Tuesdays 4.30pm , Ulv.
Neighbourhood House, 8 Lugana Cres,
earthlywonderswellness@gmail.com

COMPLETE CIRCUIT TRAINING

Fridays 9.30am, Athlete 42
(Ulverstone Showgrounds)
Ph 0418 144 237

COUNTER TEAS - BOWLS

Fridays 5.30pm-7pm, Ulverstone
Bowls & Community Club, All welcome

DANCE FIT - Ulv Uniting Church,
Thurs 9.15 am #0420 703 701, \$10/
class, 45 minutes

JUDO CLUB

Junior Boys & Girls Tuesdays 5pm-
6pm, Senior Boys & Girls Tuesday
6pm-7pm, Sports Centre, Flora St
Ph 0419 002 026

JUDO CLUB

(Adults) Wednesdays and Thursdays
6.30pm-8pm,
Sports Centre, Flora St,
Ph 0419 002 026

LADIES SQUASH TRAINING

Fridays 1pm, Ulverstone Squash Club
Beginners Welcome,
Ph Pam 0428 493 232

LEARN TO PLAY BOWLS

Ulverstone Bowls & Community Club,
Wednesdays 9.30am-11.30am

MUMS & BUBS YOGA

Tuesdays 1pm, Reformed Church
Hall, 36 John St, Ulverstone,
earthlywonderswellness@gmail.com

PICKLEBALL

Saturdays 1pm - 3pm, Ulverstone
Sports Centre, 2 Flora St, West
Ulverstone
Ph: 0414 064 958

PICKLEBALL

For all ages - day and evening
Varies venue including Ulverstone
Equipment provided
hello@pickleballtasmania.org or
Visit website

SEATED TAI CHI

Mondays 2.45pm - 3.45pm,
Ulverstone Rowing Club, Kings
Parade,
Ph 6425 5275

SHIM JANG TAEKWONDO

Ulverstone, Tuesdays and Thursdays
6:30pm to 7:30pm Ulverstone East
Primary School,
Ph 0407 562 898

SLIPSTREAM CIRCUS

Mon-Fri 4pm-8pm, Sat 9am-2pm
during school terms, hours may vary
during school holidays. Classes for
ages 2+ to Adults. Ulverstone Sports
Centre, 2 Flora St, West Ulverstone.
Visit www.slipstreamcircus.org.au

TAI CHI

Mondays 1.30pm, Ulverstone Rowing
Club, Kings Parade,
Ph Barbara 6425 5275 \$8 per class

YIN YOGA & MEDITATION

Tuesdays 9.30am, Masonic
Hall, 10 Patrick St, Ulverstone,
earthlywonderswellness@gmail.com

ZUMBA

Mondays, Wednesday, and Saturday
9.30am, Thursdays 6.30pm,
10 Patrick Street, Ulverstone,
Ph Shannon 0417 257 158

SUPPORT GROUPS - ULVERSTONE

CARE BEYOND CURE

Health & Wellbeing Free Fortnightly
Program, Fortnightly on Mondays at
10am-2.30pm, 3 Gollan St Ulverstone

CARE FOR THE CARER

(Dementia Support), Mondays
10am-12.30pm, Montgomery Room,
Carpark Lane, Ulv.,
Ph. 6235 4688

CRUISIN' THE COAST - TriBikes'

Tuesdays 11-12 Gnomon Pavilion
Chris #0455 522 297

CUP OF KINDNESS HOT MEALS

Tuesdays 5pm-6pm, Ulverstone
Anglican Church, 6-10 Kings Parade
Ulverstone,

Ph: 6425 1003

PARKINSONS TAS NORTHWEST

North West Support Group
2pm Gnomon Pavilion
Ph 0407 314 933
Dates 13th Nov 4th Dec will be the
Christmas Lunch
Learn more about living with the
condition. Open to Families.

FORTH VALLEY

LIONS CLUB OF FORTH VALLEY

1st & 4th Wed monthly
Forth Community Hall
\$50 pa Call Di #0422 876 562

SPRENT COMMUNITY CHURCH

Castra Rd. Sprent.
Sunday worship service 10:00am

TURNERS BEACH SPORT AND

WHAT'S ON IN BURNIE & DEVONPORT COMMUNITY

To add to, delete or modify this information, please contact editor@thecoastalvoice.au.

DANCING & MUSIC - BURNIE

CONCERT BAND, Mon for adults; Thurs for Jnrs, \$50 pa, \$35 per term. Robert: 0438 648 606

ENGLISH COUNTRY DANCING -SOMERSET

Mon 2-4, Cam Rise Uniting Church Hall, Wragg Stm \$3/session. Lorraine: 0444 528 486

SCOTTISH COUNTRY DANCING

Tues 7.30 -9.30, \$5 per session Anglican Church Hall, 47 Cattley St, Burnie. Simon: 0428 144 712

GARDENING & OUTDOOR - BURNIE

FIELD NATURALISTS CLUB
Mtgs: Guide Hall, Howe St, Burnie
Field trips: Sun following the mtg
2nd Frid of each month, 2 pm
\$20 single; \$25 family
Nature outings and study.
Geoffrey: 6442 1253

ORCHID SOCIETY - BURNIE, 1st Wed monthly, 7.30pm, Burnie Golf Club, 47-49 Scarfe St, Camdale. \$15 single, \$20 double membership. Carol: 0409 258 268

HISTORY - BURNIE

HISTORICAL SOCIETY - BURNIE
\$10 pa, 3rd Thurs of Jan, Mar, May, July, Sept, Nov at 7.30 pm. Burnie Library. Beverley: 0467 684 755
Beverley: 0467 684 755

HISTORICAL MACHINERY CLUB, Collect, restore & show heritage machinery. \$45 fee initially, \$40 pa. John: 0417 228 247

MISCELLANEOUS - BURNIE

ROSTRUM CLUB 11 - BURNIE
Thurs 6.30- 7.30, Burnie Library, \$60 subscription, Tess: 0428 717 382

SOCIAL ACTIVITIES - BURNIE

BRIDGE CLUB - BURNIE, FREE
Lessons run Thursdays from 11 am to 12 pm, burniebridgeclub@gmail.com
Christine: 0439 118 316
Mon 6.45 and Thurs 12.45 \$10 pa membership, \$5 per session.

HATTERS TO GO, 1st & 3rd Wed monthly, various loctions, \$20 pa, Merveen: 0429 946 692

PROBUS - LADIES - BURNIE, 10 am monthly; 1st Mon, Sth Burnie Bowls Club. \$30 pa. Meetings, morning tea & speaker. Elizabeth: 6431 2203

SOROPTIMIST INTNL - BURNIE

1st or 2nd Mon monthly, \$135 pa, Burnie RSL Club, Transforming lives of women and girls. Diane: 0400 478 862

ZONTA CLUB OF CRADLE COAST

Meet 2nd Tues of the month, from 5.30 pm for a 6 pm start
Meeting Room of the Menai Hotel
Monthly mtg for a social cuppa on Sat mornings – see FB page.

BURNIE SPORTS & PHYSICAL

BOWLS CLUB - BURNIE, summer outdoor, winter indoor bowls.
David: 0409 323 565
15 Fidler St, Cooeo

BOWLS & COMMUNITY CLUB -Sth Burnie, 2 Hale St, \$5, Ph: Laraine 0417 331 790. Bowls, bingo, line dancing and social events.

CRADLE COAST OUTRIGGER & CANOE CLUB, Sat 7 am, Sth Burnie Beach Yacht Club, Free for 1st 6 paddles. \$200 pa for adults. Competitive & social paddling. #0406 625 583

INDOOR BIAS BOWLS - SOMERSET

Mon - social bowls 12.30 -3
Tues - pennant 7.00 - 8.30
Thurs - pennant - 7.15, Somerset Rec Centre, Beaufort St, \$3 social bowls, \$40 regn. Pauline: 0438 351 496

PENTANQUE CLUB - BURNIE

French Boules - a social game. Tues 1.30 - 3.30, Thurs 5.30 - 7.00 Terrain nex to Burnie Bowls carpark. Les Clark Drive, entry via Fidler Street. Club Boules available \$1 pp
Merlene: 0458 026 282

DEVONPORT ART & CRAFT

EMBROIDERERS' GUILD - DEVONPORT

Tues 10-2, Paranaple Centre
Thurs 7-9, Latrobe
Alison : 0421 803 486

DEVONPORT SPORT & PHYSICAL

DRAGONS ABREAST NW - Sat 8.45 am
Mersey Yacht Club, 6 Anchor Drive, East Dev, Jill: 0419 580 972

DEVONPORT GARDENING

ORCHID SOCIETY - DEVONPORT

Growing & cultivating orchids, Maidstone Hall, Main Rd, Spreyton
\$15 double, \$12 single m/ship.
Every 2nd Thurs, 7.30, Sept to April
Every 2nd Sunday, 1 pm, June to Aug
Denise: 0411 647 110

DEVONPORT INDOOR, FILM & GAMES

NW FILM SOCIETY - DEVONPORT

View interesting, recent movies and meet fellow film enthusiasts.
2nd Wed monthly, 7 pm, Reading Cinemas, \$150 - 10 movies, \$100 - 5 movies. Contact membership desk in the cinema foyer from 6.30 pm

ONLINE GAMES NIGHT DEVONPORT
2nd Sat 1-5 pm, 5.30 - 9.30 pm. \$5 per session, Varied games, Paranaple Convention Centre, 137 Rooke St, Dev #0444 525 434

DEVONPORT LIBRARY

OPENING HOURS

Mon-Thurs 8.45-5.30, Frid 8.45-6, Sat 9.30-12.30. Paranaple Centre
Lego Club - Every Mon 3.30 - 4.30
Rock and Rhyme - Every Mon 9.30-10 and Frid 10-10.30
Storytime - Every Wed 10-10.30

DEVONPORT MISCELLANEOUS

TOASTMASTERS CLUB

Spirit of Devonport Club on the 2nd & 4th Tuesday at 6.15pm, Mersey Yacht Club, Anchor Drive, Devonport Ph 0488 433 149